



The Living Art

## 1<sup>ST</sup> LEVEL OF MANIFESTATION

May 20th, 27th,  
June 3rd, 10th, 17th, 2026

This is the first class of the Four Levels of Manifestation and will take a close look on how the Universal Energy builds, dimension after dimension, the uniqueness of a living being, how to identify the disharmony and the procedures to restore balance in the deepest level, the importance of the philosophy in the efficiency of the practice. Experience a new way of studying the Art of Jin Shin, based on modern teaching methodologies and over 25 years of experience teaching the Art.

### The class offers



Several moments  
of practice



Active  
learning



Case  
studies



Cooperative  
learning



Online debates  
with the Teacher

### PROGRAM

1. Introduction of the four levels of manifestation.
2. The Wisdom of the Art.
3. The Tree of Life.
4. The Universal Trinity in the body.
5. Understanding Disharmony.
6. Restoring Harmony in Spirit, Mind, and Body (Methods Correction).
7. Trinity Adjustment Flow.
8. Body Language I.
9. Pulse Listening I.

5 Evenings class	+	Self-Guided Exercises	+	2 Presential Practices	+	Self-Guided Exercises	+	Sharing Results	=	<b>TOTAL</b> 34 hours
12 hours		4 hours		12 hours		4 hours		2 hours		

### In this class you will:

- ✓ Discuss the body's constitution.
- ✓ Identify the importance of the Philosophy to the practice of the Art.
- ✓ Discuss the 3 areas of the Tree of Life and its relationship between cause & effect.
- ✓ Identify how the Universal Trinity is present in the body.
- ✓ Explain how activating the MCV Energy affects the individualized expression we are.
- ✓ Synthesize the different qualities of the two Supervisors.
- ✓ Identify the causes of disharmony of the energy flow (Diagonal Mediator).
- ✓ Propose procedures to restore harmony in the Tree of Life.
- ✓ Discuss the scope of the Trinity Flow and identify how to activate it.
- ✓ Identify body tensions through observation (Body Reading).
- ✓ Identify the tensions in the dimensions of the body through the pulse listening.

**Investment:** until April 20th – CHF 500,00  
from April 21st until the class - CHF 550,00

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**English with German translation**  
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