

2nd LEVEL OF MANIFESTATION

VIDEO ONLINE CLASS

The second class of The Four Levels of Manifestation explore closely the Personal Energy Centers - PECs. Students examine how the PECs manifest on the pattern of Supervisors and the Mediators. Analyze the importance of the PECs to preserve or restore the appropriate movement of the energy throughout the manifested Depths, their function and how to connect with each other to restore harmony. The students can feel in their own bodies the building blocks of our manifestation, discuss their perceptions to better understand and support harmony on the body.

Experience a new way of studying the Art of Jin Shin, based on Active Learning methodology and over 25 years of experience teaching the Art.

The class offers



Several moments
of practice



Active
learning



Case
studies



Cooperative
learning



Online talks with
the Teacher

PROGRAM

1. The connection between Main Central and the Personal Energy Centers
2. The function of the Supervisors and how they build the uniqueness of each one of us.
3. Personal Energy Centers (PECs), functions, qualities and how to activate.
4. Body Language 2.
5. Pulse Listening 2.

6 class
evenings

15 hours

+

Weekday
Practices

2 hours

+

2 Presential
Practices

12 hours

+

Post-class
exercises

6 hours

+

Sharing
Results

3 hours

=

TOTAL
38 hours

In this class you will:

- Explore the connection between the PECs and the individual Trinity.
- Understand the unique connection between the Mediator and the PECs.
- Discover the importance of the PECs to maintain the individual balance.
- Identify possible causes of disharmony of the PECs.
- Practice flows to harmonize the PECs.
- Explore different approaches to activate the PECs
- Recognize the PECs practicing pulse listening.
- Relate the PECs in Body language and Pulse Listening.

Investment: CHF 600,00

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**English with German translation
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