



TUTORIAL SUMMARY & SUBMISSION INFO

This document outlines your tutorial and bonus credit activities for CMTE/CPD credit. You may submit this document with your certificates to your local CPD/CMTE organisation if you wish.

Overview

1. Introduction, overview and learning outcomes
2. Addressing the dissociative response in young children
3. How does trauma affect a child's developing brain?
4. What does a trauma response look like?
5. Neurosequential model of therapeutics: Intervention components
6. Neurosequential model of therapeutics: Research
7. Methods: Video sample interventions
 - a. Orientation & Connection - Hello song
 - b. Grounding - Everybody do this
 - c. Dance & Movement - Dancing face
 - d. Instrument play - We're in a rock band
 - e. Relaxation and winding down - Chime play
8. Summary, extra resources & bonus content

Learning Objectives

1. Employ your understanding of Dr Bruce Perry's Neurosequential Model of Therapeutics for children impacted by complex trauma.
2. Apply a music therapy trauma-based protocol that increases self-regulatory capacity, calms the stress response, and increases relational ability for children with complex trauma.
3. Demonstrate practical applications of rhythmic play to address the sensory needs of young children impacted by complex trauma.
4. Design and implement your own session plans for use within individual or group sessions for children with complex trauma.

Tutorial Summary

This online tutorial discusses the Neurosequential model of therapeutics, developed by Dr Bruce Perry, and how it can be adapted for music therapy work with children. In the introduction Ms Dunston discusses why this topic is important for early childhood music therapists and has divided the rest of the tutorial into 3 sections: 1. Trauma and brain development. 2. An Exploration of the Neurosequential Model of Therapeutics and its application in music therapy. 3. Video examples of how we can adapt this model into music therapy practice. The music therapy adapted model includes 5 segments which are designed to provide a safe and predictable sensory experience. After this tutorial you will be up to date on current trauma research, aware of the importance of working within a trauma-informed approach that is evidence-based and developmentally appropriate, and equipped to design and implement a music therapy program within this model yourself.

Submission for CMTE/CPD Credit

When you finish watching the online tutorial you will automatically be emailed a certificate of completion to verify that you have successfully completed the tutorial. You will need to watch ALL the video's to receive your certificate. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'.

Bonus Content Activities

ARTICLE REVIEW

If you completed the article review as a bonus content activity, send the completed article review proforma to jacinta@musictherapyonline.org for verification. You will receive a certificate of completion for 2 CMTE/CPD credits.

PROJECT

If you have completed the project as a bonus content activity then you can send your completed project to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for 1 CMTE/CPD credit.

SUPERVISION

If you have completed 1:1 supervision as a bonus content activity then you may ask Ms Dunston to provide you with written confirmation of your session/s. You may then submit this to your local CPD/CMTE organisation according to your local CBMT/CPD guidelines.

CBMT Domains

For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'. This tutorial covers the following CBMT Board Certified Domains:

I SAFETY

2. 10.

II REFERRAL, ASSESSMENT, INTERPRETATION OF ASSESSMENT AND TREATMENT PLANNING

B 4a, b. D 2b.

III TREATMENT IMPLEMENTATION AND DOCUMENTATION

A 1e. 2c, g, h, I, k, l, p, ff, gg, kk, zz, aaa, ddd, ggg. 3f. 4d, i. 5c, j, s, t, y, bb, ee, gg.

IV PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES

A 1. 2. 3.

THANK YOU!

Thanks very much for purchasing this music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta