

A woman with long, dark, flowing hair and a blue hooded robe is shown in profile, looking down at a glowing crystal ball she holds in her hands. The crystal ball contains a bright, multi-pointed star. The background is a deep blue night sky filled with numerous small, twinkling stars and a few larger, brighter stars. The overall mood is mystical and celestial.

October ASTRO-HEALING CIRCLE

with Sasha & Valanne

ToolsForTransformation.ca

Discover the Language of the Stars

Learn the fundamentals of astrology and
unlock the wisdom written in your stars!.

Online and In-Person Classes (Cobourg)

Part 1 and 2 online classes starting week of OCT 13th

In-Person classes Sundays in November

My Dear Ones,

You are being gifted with a time of deepening connection to your soul's journey that is calling you forward through the lens of your past. It is a sacred journey that allows you to know yourself through inner reflection in a way that opens your future path in alignment with your soul.

The times you are living now may feel uncertain or even unsettled, but we can assure you that these uncertainties are leading you to your own inner certainty, for that is where your truth lies.

Create space in your life at this time to ponder what has been your path up to this moment. Each step you have taken has brought you to this place that is now calling you into a future where being true to your unique self allows you to express the gifts that you have come to offer in this particular lifetime.

Know that your own personal truth, when felt at a soul level, will be your guide. When you trust the wisdom that arises within, your path becomes clear.

You are guided, you are honoured, you are loved.

Authentically Empowered

(Pluto Stations Direct 1° Aquarius)



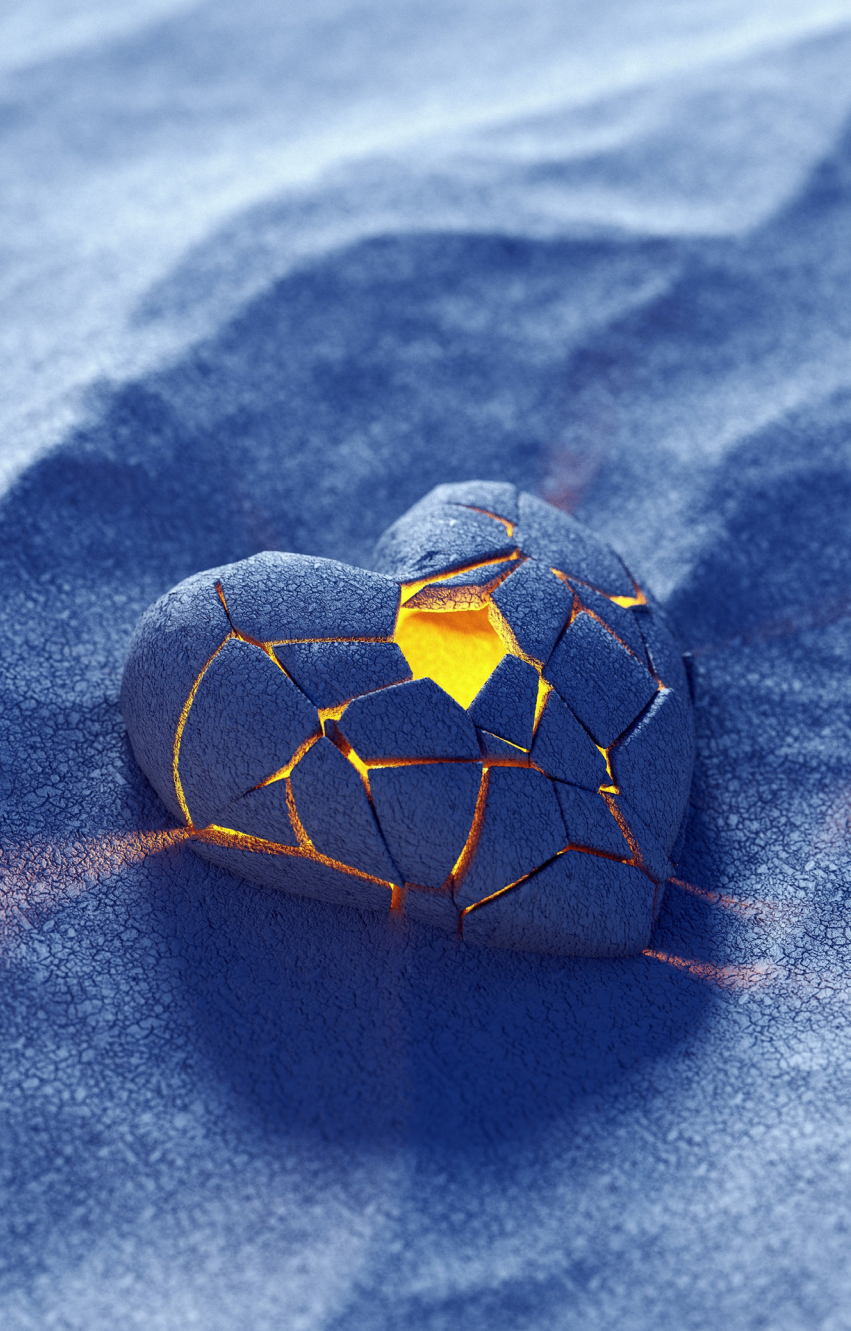
Pluto: Transformation, Deep Healing, Alchemy, Empowerment, Shadow

Aquarius: Visionary, Authenticity, Rebellion, Altruistic Individuality, Community, Higher Frequency

- Embrace personal transformation & evolution, aligned to your future vision
- Find your soul tribe - people who inspire and support your true essence
- Time of profound realizations arising from the shadow and may feel intense
- Acknowledge fears that may hold you back, time to release old patterns
- Know we are birthing something new; past truths may no longer be true for you

Healing The Past Opens Future Path

(Jupiter Square Chiron & Eris)



Chiron: Core wounding, Inner work, Self-acceptance, Insecurity, Healer

Eris: Disruption, Unmasking truth, Justice-seeking, Catalyst for change

Jupiter: Expansion, Truths Revealed, Uplifting , Overly-Optimistic

- Stay open to emotions that have roots in family patterns and stories
- Invite memories to surface that can bring healing to your past
- Honour the wisdom of emotions and truths they reveal
- Time for healing old wounds and vulnerabilities, aligning to who you are becoming
- Courageously embrace deep changes
- Acknowledge lessons learned & wisdom gained are your guide
- Integrate parts of self that have been excluded for soul-growth and healing

Reflect on your dreams

(Neptune in Pisces, Retrograde)



Neptune in Pisces for last time for approx. 150 years

- Endings are sacred: allow space for compassionate closure
- Surrender and trust divine flow, opening to intuitive and emotional guidance
- Examine disillusionment, denial, confusion and illusions with compassion
- Watch for repeating energetic patterns that bring healing opportunities
- Align to higher frequencies of love, gratitude, compassion, creating your new reality
- Flow with what inspires you
- Prepare to step into new spiritual energy with courage
- Stay grounded

Living in a Liminal Space



- We are on the threshold of the new
- Recognize the discomfort being in between the familiar and the unfamiliar
- Potent time to dream-in what we are becoming
- Connecting to our future vision creates reality
- Release what we have outgrown, making space for something new
- Acknowledge feeling of the loss for what no longer serves us
- Time of Anticipation (new) + Reflection (past)
- Patience and trust are part of our inner journey
- Surround yourself with those who share your vision

