PRACTICE EXERCISES

GENEROSITY

WEEK THREE

★ The number of stars represents the degree of difficulty. ★

Prime the Pump

In order to get water flowing in old-fashioned water pumps, you had to pour water down the pipe before it could pump water up the pipe. That was called “priming the pump.” Today that has become a metaphor for what you have to do to get something flowing--like generosity. For example, sometimes you have to do something where you struggle between self-interest and self-sacrifice. So do one of the following three and prime your generosity pump.

- ◯ You say “yes” to someone who asks you for help when they have no clue what it’ll cost you in time and energy.
- ◯ You send an email of appreciation to someone for a little thing, though they never say thank you to you for even bigger things.
- ◯ Your phone rings. It’s that person who always calls and talks so long about their problems. But you go ahead and answer.

Peer Assessment: Step #1 – Recruit Assessors

It’s time to select three people to complete the Peer Assessment survey, so you have a good chance to get an accurate assessment of your character strengths and weaknesses and see where you might consider putting in some extra improvement effort. View and/or print out the guide **“Six Steps in Conducting Your Peer Assessment Survey”** found by clicking the image on the page where you got this **Week Three** practice exercise sheet. This guide takes you through the whole process of recruiting and orienting your peers.

Write the names of your peer assessors in the boxes below.

Peer Assessment: Step #2 – Record and Reflect

Note: You will not be able to complete this exercise until you view the video for WEEK FOUR for the full instructions. We are assuming STEP #1 will take you at least a week to engage your peer assessors and begin to get their results. By that time it will be WEEK FOUR and you will see the instructional video. In that video you will learn how to fill out the “Overall Assessment Scores” form online. Here is the link for that form: **https://bit.ly/Overall-Assessment-Scores**

Once you have done that you will be able to interpret the results and reflect on what to do based on advice you will receive in that video. Once you’ve completed all that, **congratulations!** and give yourself three more stars for a total of six progress points for completing the full Assessment Module (both the self-assessment and the peer assessment surveys.)

Want all 30 generosity exercises in our full-color 60 page workbooks? **bit.ly/generosity-hardcopy** or scan the QR code.

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