

Amy Brnger Painting Supply List –Summer Blooms Painting Workshop

This is the same supply list I send out for in person and online workshops. I use tried and true materials that have stood well for me over the years.

My demos use a double primary palette. What that means is that each primary (red, yellow, blue) has a "warm" and "cool" paint color. I add white and black, for a total of eight paint colors. I play around with adding and subtracting colors in my personal painting practice, but I do use a limited palette, in one way or another, for most of my painting. You will learn to mix by value (light to dark) and temperature (warm and cool).

BRUSHES

I have a selection of brushes, between 1/4"-1 1/2" wide. I prefer **brights** due to the flat top, but you can use what you are comfortable with. My preferred brand is Trekell, Opal 4000 Flat size 12, Golden Taklon 2510 size 10 and 16 flat, and sometimes a Golden Taklon size 4. I will also buy natural hog bristle, but I like the hardiness of the synthetics as I am a vigorous mark maker.

PAINTS

Suggested Oil Paint Color List

I mostly use Gamblin Artist Grade oil paints. Windsor Newton is also great and very consistent. Holbein, Williamsburg, Rembrandt, and Michael Harding are all good brands. My preference for Gamblin is solely because I have used them for years and I enjoy the predictability of the product.

Unless specified, avoid "hue" or "student grade" paints, as they have much less pigment in them. The price is attractive, but when you mix them with white, you will find you need to use a LOT of paint to get the hue to appear.

When painting a demo, I generally use a **split primary palette**, based on warm and cool primaries. These are the colors that are typically, but not exclusively, on my palette. This is a general guideline, and a great place to start for most purposes.

Do buy fun colors! I use them as well. But a split primary palette will serve you well and

over time you will switch colors in and out of the palette with ease.

Chromatic Black

Titanium White

Quinacridone Magenta (cool red)

Cad Red light (warm red)

Ultramarine Blue (cool blue)

Cobalt Teal OR Phthalo Turquoise (warm blue)

Cad Yellow Light (cool yellow)

India Yellow (warm yellow)

SURFACES

Have a selection of pre-gessoed canvas, gessoed paper, or panels. These are all good sizes: 10 x 10, 12 x 12, 11 x 14, 12 x 16, 14 x 14, 16 x 20. You can work larger if you'd like. I work on a smaller scale because I need the demo to fit on the recording screen.

Plan to have some inexpensive gessoed panels, canvases, paper or cardboard in your studio for painting exercises. When I am playing around with images to practice mark making, to loosen up, or to experiment with color, I often gesso paper and tape it to a hard surface, then I put it on my easel, so I have a solid place to paint. You can also gesso over reject paintings or even cardboard. These are also useful for time limited painting exercises.

My favorite panel for a finished painting brand is the Ampersand Museum grade panel. Smooth surfaces with a touch of tooth are nice for quickly moving paint around. You can also gesso your own if you have access to raw panels.

SOLVENT and OIL

Odor free solvent. Gamblin makes a nice one; Gamsol, but you are in your own home, so it's up to you.

Gamsol Refined Linseed oil or Gamblin no-solvent gel.

My Painting Medium

I mix ½ oil and ½ solvent for a general purpose medium. When I am painting over a wet surface (ie, a one or two session painting, I switch to an all linseed oil medium.

Why? The added thinner can cut through earlier paint layers, creating too much mud in the painting.

PALETTE

Whatever you prefer—I like a large palette, at least 16 x 20 when I am working at home and the palette is glass. I paint on a grey paper palette for my demos so that you can see my paint mixing without glare. Grey palette paper is a great surface and I recommend that as well. Well worn wooden palettes are also terrific.

OTHER THINGS

- **Vine charcoal or graphite for quick drawings**
- **Sketch pad**
- **Paper towels or shop towels.** My favorite brand is Viva multi cloth.
- **2 glass containers with a lid** (or you may have your own containers for solvent and medium already). For your solvent. Old salsa, peanut butter, relish jars are great. 4-12 ounce jars. Please cover your thinner and medium when not in use!
- **Metal Palette knife for mixing paint.** You want one with a metal end that is around 3” long – it looks about the length and width of a finger. not a tiny or oddly shaped knife. I buy the Che Son or Richeson brands whenever I can find them. Very simple with a good but not too stiff snap.
- **Disposable gloves.** I buy medical grade gloves by the box, making sure they fit snugly. **Stretch Tite Plastic Wrap.** I cover my palette with this if I'm continuing to paint over the next several days. It keeps the paint wet for longer and really sticks to the surface.