PRACTICE EXERCISES

INDUSTRY

WEEK THREE

★ The number of stars represents the degree of difficulty. ★

Mnemonic Memento

One of the biggest bug-a-boos in character improvement is forgetfulness. A mnemonic device is something people use to "jog their memory." But when it comes to being industrious we often need to jog our will, too. Find something that will be an effective reminder and encourager (e.g. a plaque, figurine, wristband, poster) to finish tasks and look for more to do.

WRITE YOUR IDEAS HERE

"That's Good Enough." Who Says?

Industrious people don't just work to get something done. They want to do the job well. But when you tell yourself, **"Ah, that's good enough,"** you might be cutting your effort short just to get done. To protect against that try to develop the habit of monitoring yourself. **YOUR EXERCISE: The next two times you think, "That's good enough," and want to quit, take more time and do it a little more or a little better.**

EXAMPLE #1

EXAMPLE #2

Serve Up Some Love

These days most people have more on their daily "to-do" list than they can get done. There is no better way to say "I love you" to a person than to take on one of their tasks, even when you are not getting your "to-do" list done. But if someone did that for you, you'd feel loved, wouldn't you.

Your goal in this exercise is to read through the list of eight "types" of people and five types of tasks. Draw lines between dots to join three different tasks with at least two different types of people and perform those tasks by the end of this month on industry.

- Clean something that belongs to them
- Help them fix something
- Do something that involves physical labor.
- Do extensive research or something time-intensive to solve a problem for them.
- Run two time-consuming errands for them.

- Your children
- Your parents
- Your spouse
- Your friend
- A neighbor
- An elderly person
- A neglected person
- A stranger

Want all 30 Industry exercises in our full-color 60 page workbooks? **bit.ly/industry-hardcopy** or scan the QR code.

© 2025 Fresh Impact