

THE TRAINING HUB



ABOUT OUR COURSES

Offering a flexible, cost-effective way of upskilling teams with a focus on essential soft skills.

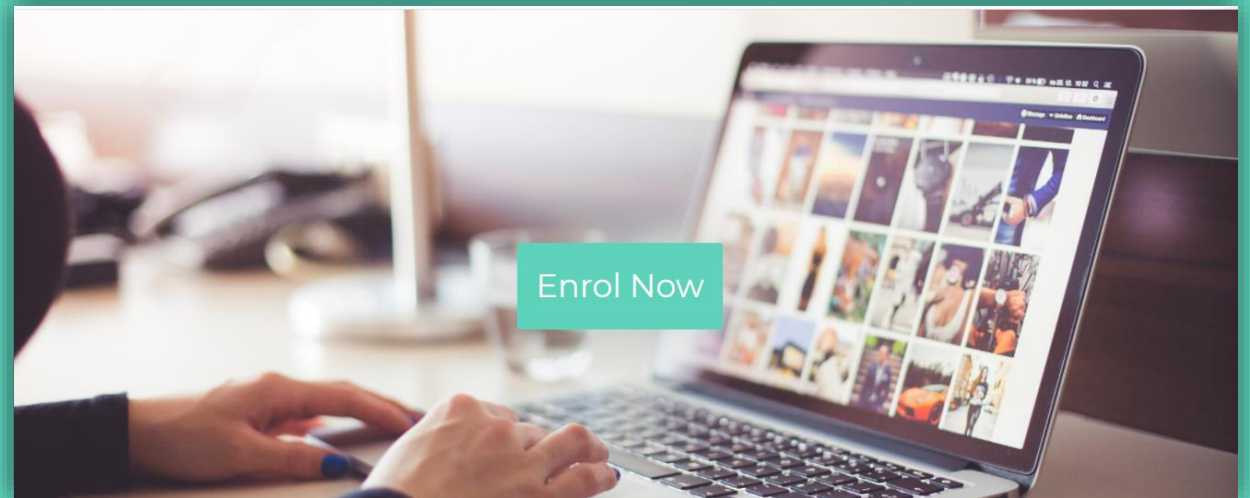
Some of the many benefits of self-paced, online learning are:

- ❑ Flexibility & Convenience – Courses can be taken any place at any time
- ❑ Learning Pace – Participants can learn at a pace that works for them
- ❑ Adaptable to Diverse Learning Style – Engage with videos, reading material, active online personal assessments, worksheets & quizzes
- ❑ Deeper Understanding & Retention – Content can be revisited as often as required. Encourages reflection & application
- ❑ Reduced Stress & Pressure – Participants can engage when they are mentally ready, reducing anxiety & increases retention

- ❑ Weekly reports
- ❑ Assessments included
- ❑ Certificates generated on completion
- ❑ Billing options available
- ❑ Flexible Packages

Our courses focus on soft-skills and development for individuals, teams, supervisors and managers

Various Coaching Programmes are also available



Available Courses

1

Adaptability

2

Account Management

3

Assertiveness & Negotiation Skills

4

Basic Project Management

5

Building an Authentic Personal Brand

6

Business Networking

7

Communication Skills

8

Conflict Management

9

Critical & Diverse Thinking

10

Developing Resilience

11

EmpowerME Coaching Programme

12

Emotional Intelligence

13

Essential Etiquette for Business

14

Impactful Meetings

15

Innovation & Creativity

16

Leader as Coach

17

Management Fundamentals

18

Performance Management

19

Possibility Thinking

20

Presentation Skills

21

Problem Solving

22

Professional Presence

23

Report Writing

24

Sales Coaching

25

Sexual Harassment Awareness

26

Teamwork

27

Time Management

28

Work Ethic

29

Workplace Ethics & Integrity

30

Write Great Emails

For details on each course



Available Packages

No. of Participants	Total Monthly Cost USD via PayPal	Total Monthly Cost ZAR via EFT
5	\$ 28.35	R 500.00
10	\$ 51.00	R 900.00
15	\$ 72.25	R1, 275.00
20	\$ 83.87	R1, 480.00

- ❑ Includes 1 new course every month for 12 months
 - ❑ Participants can be swopped on a monthly basis – you send a list of email addresses of participants, we send the link to the course
 - ❑ Choose between automatic monthly subscriptions via PayPal or payment on invoice
- * \$ prices may fluctuate according to the exchange rate to equal the Rand value
- **If we do not offer a course you require, let us know and we will try to design it or source it