



Tutorial summary & submission info

Here is detailed information on your online tutorial to make submitting for CMTE/CPD credits easy and straightforward.

Critical thinking in disability & mental health: Where did it come from and what does it mean for music therapy practice? By Professor Katrina Skewes McFerran.

Overview

1. Intro, overview & learning outcomes
2. What is critical thinking? Intersectional theory and acknowledging our privilege
3. Normativity and its impact on trauma
4. Power and empowerment: Beyond the therapy room
5. How does this affect your practice? Expert model, access and advocacy
6. How do we best live? The recovery model in mental health
7. Anti-oppressive practices: How can we help clients negotiate restrictive structures?
8. Things need to change: Watch your language
9. Summary & Bonus content

Learning Objectives

1. Update your understanding of current theory by learning about critical thinking and this new way to practice.
2. Learn how normativity, power and empowerment are enacted in society and their impact on trauma.
3. Increase your awareness of how our clients may be restricted and oppressed and what role we can play.
4. Understand the current language being used in critical thinking in discussion of inclusion, equity and social justice.
5. To design programs that acknowledge our own privilege and focus on the promotion of equity for all persons.

Summary

This tutorial is a look at critical thinking in the field of music therapy. Critical thinking has changed the landscape of many fields in which we practice. The disability sector is no longer a field that focuses on fixing the problems of disabled people, but rather, on promoting the diversity of various types of ability. Music therapists have begun to develop literature that supports this change. In mental health, the failure of treatment to 'fix' mental illness has resulted in recovery models and resource-oriented music therapy has been designed as a congruent approach. Music therapists who trained before these waves of critical thinking surfaced may still be practicing in ways that reinforce disadvantage, without intending to. Being aware of these changes could be beneficial in developing new practice ideas, or explaining why one's practice has intuitively changed. Professor McFerran examines the emergence of critical thinking and the various domains in which it is played out in music therapy clinical practice. Accompanying the tutorial Professor McFerran has included a link to her MOOC (Massive Open Online Course) on how music affects our life and two refereed journal articles for review to maximise your understanding of this topic and provide an opportunity for extra CMTE/CPD credit.

Submission for CMTE/CPD Credit

On completion of your online tutorial you will automatically receive a certificate of completion to verify you have completed your tutorial. You can submit this to your CBMT/CPD organization as a professional development activity. For MT's in the US and Canada you can submit your certificate in the non-approved self-study category.

Bonus Content Activities

ARTICLE REVIEW

If you have completed the article review/s as a bonus content activity then you can submit this directly to your CMTE/CPD organization for 1 CMTE/CPD credit.

MASSIVE OPEN ONLINE COURSE (MOOC)

If you have completed 1-20 hours on the online MOOC then you will receive verification from Coursera for your participation. You can then submit this to your CBMT/CPD organisation. For music therapists in the US & Canada you can submit this as an online tutorial in the non-approved self-study category.

CBMT Domains

For music therapists from the US & Canada this tutorial can be submitted as a non-approved self-study option and covers the following CBMT Board Certified Domains:

I REFERRAL, ASSESSMENT, AND TREATMENT PLANNING

B Assessment 1.2.3e.4a.5.7.8.11.12.13a,c,d.

C Interpret Assessment Information and Communicate Results - 1.2.3.5.

D Treatment Planning - 1.4.6a,b,c,d,e.7.8.9.10.11.

II TREATMENT IMPLEMENTATION AND TERMINATION

A Implementation 2b,h,k,l,af,ah.3e.4g,h.5a,b,d,e,j,o,p,r,x,ac.

III EVALUATION

A. Documentation 1.2.

B. Evaluation 1.2.6.7.

THANK YOU!

Thanks very much for purchasing a music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. X Jacinta