



The 3 Physios: Philosophy, Psychology & Physiology

Paths of Clarity, Awareness and Healing

with Carlos Gutterres



"If you had to explain it to someone from the heart not just with words, but with feeling how would you describe what they truly are?"

A journey to understand more clearly how Being manifests itself at the philosophical, psychological and physiological levels. How do you bring that into your practice?

Physio-Philosophy

The Consciousness that Allows One to Be.

"Before movement, there is Silence. Before the body, there is Purpose."

Physio-Philosophy invites us to delve into the essence of Life – that which is invisible, but which sustains and moves everything.

Physio-Psychology

The Inner Language of Feeling.

"The body feels what the soul wishes to express."

This is where we access the bridge between the invisible and the visible, where emotions, mental patterns, and internal reactions are organized.

Physio physiology

The Body as a Reflection of Consciousness.

"The body is the map where energy reveals itself."

2 days on-line seminar 2h30 a day

In this class you will:

- ✓ Develop a definition simple and clear to explain to others the meaning of Physio -philosophy, Physio-psychology and Physio-physiology
- ✓ Confirm that when Mary created words, there was a profound meaning.
- ✓ Identify and discuss the foundation of each one of these 3 expressions, deepening the understanding, making the application of the Art more coherent.
- ✓ Identify how to be clear and more confident when explaining what is the Art of Jin Shin.

Investment: CHF 130

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