



# NOVEMBER



## The Wise Silence

*Please note that I use feminine pronouns throughout, but I am addressing you, whatever your gender.*

Your PDF for October ended with the words “Within us is the soul of the whole, the wise silence, the universal beauty, the eternal One.”, a quote by Ralph Waldo Emerson. This month we will be working with the themes of rest and silence. We will be taking a break from heavy lifting this month, and engage in some contemplation around input, mind clutter, and tuning out as a form of self-care.

## Too Much Input

One of the things I want most to relay to you as we enter this month is that we are all living in a time when it is stupid easy to experience an overwhelming amount of input. We are all connected, all the time, to so many different sources of information, that it is easy to become over-saturated, overstimulated, overburdened.

It might be an odd stance to take, as witches love to gather wisdom, but there is such a thing as too much knowledge. Especially if the information you gather never gets put into play in any way in your life, or if it is data that you literally can't do anything about. If all we're ever doing is taking in what comes at us from 'out there', we will not be able to fully use what is arising in us from 'in here' in response.

This will throw us out of whack in a way that you might already be familiar with. It can cause a sense of unease that you can't shake, a sense of bone weariness.

## We Are Being Sold To All The Time

This, too, is an overwhelming part of being as connected as we are. We can't escape advertising, much of which is designed to create terrible fears in us - fear of missing out, fear of being unworthy, unattractive, unlovable. The anxiety this induces can ride us constantly without our ever even being consciously aware of it because that is what advertising is designed to do. It is designed to make you want things - things you never needed to begin with. Things to make you 'better', 'brighter', 'more'. Things that promise to fill some deep-seated secret longing in you. Things that inevitably fail to keep that promise.

## Tuning Out As Self-Care

Creatives are encouraged to take regular news fasts, and while that can be extremely difficult in times like these, the suggestion is a good one. Fasting from the things that overwhelm us is a form of self-care that we can engage without explanation at any time. We have the right to have boundaries around what comes in at us through our screens, through our doors, through our eyes, through our hearts. We have the right to set limits around how much we take in. These days, news fasts can (and probably should) extend to include other forms of input. Even classes. Even that group you're a member of that you absolutely love. Yes, even this one.

When we first began in December, one of the suggested activities listed in your introduction was to do a ruthless decluttering of sources of input. You may remember reading this:

“In this clearing process, don't forget your devices. These are spaces our minds occupy, and what's coming in through our screens is important. Portal clearings, as I like to call them, can be simple. Delete old programs or apps that you no longer use. Unsubscribe from anything that no longer inspires or serves you. Archive old work. Make space for new

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work. Leave Facebook groups that you no longer visit. Let go of the things you signed up for that you find you aren't interested in."

As we find ourselves here in November, after a year of intense input, it is time to begin preparing for the kind of work that will allow us to know what truly serves us and what doesn't, so we can make room for the magick that will bring what \*does\* serve us \*in\*. Nature abhors a vacuum. When we make one by moving things \*out\* of our way, and we can become very clear on our wants, and we will find that space soon occupied by something better than what was there before.

We need silence for that.

### Silence Is Medicine

Our brains need it. This is science. Our brains require periods of rest from input in order to integrate what it has already taken in. It also needs silence from a spiritual perspective, because if we are constantly stuffing our brains with input, there is no space for our own internal voices to arise. It is only in the presence of silence that we can build our intuition. It is only in silence that we can allow our own wisdom to percolate within us and bubble up when needed.

If we are constantly consuming other people's information, there will be little progress in the development of our own understanding. In silence, we will naturally begin to engage critical thinking - a kind of thinking that allows us to more deeply understand what it is we've taken in. When we give ourselves time to contemplate, to turn ideas over and over in our minds, we can better answer the question "Is this for me?" If it is, we can keep it, like a treasure we found on the beach, and we can add it to our personal 'pile' of wisdom. If it isn't, we can discard it, knowing that we aren't knee-jerk reacting out of a wound or a trigger, but out of a mature responsiveness that informs our choices.

Silence can also be less active - less about critical thinking, and more about simply being present in the moment in your body. While this kind of silence isn't necessarily a huge feature of witchery (at least, not the traditions I'm familiar with) there is enough research on the benefits of silent meditation to know that adding it to our practice can only enhance it.

### Rest Is Also Medicine.

Thankfully, our bodies have a built in shut off switch that forces rest upon us regularly. We \*must\* sleep, or we \*will\* die. But there are other kinds of rest that are needful, but rarely undertaken. The idle day of doing nothing. The hour of reverie. The time when you are \*not pressed for time\*.

Spirituality thrives in all of these occasions. Inspiration strikes. Concepts come into sharp focus. The next step is revealed. Your desires knock on the door of your consciousness - desires that have nothing to do with what was advertised to you on the Internet last week.

And then? If you listen, if you heed the call of your own internal nudges, magic happens.

### Silence And Rest Foster Being.

Throughout our days, we are present to what is going on everywhere but within us. We are constantly on, constantly taking everything in. This can drive us to too much doing, or a kind of paralysis wherein we can't do \*anything\*. Silence and rest create an opportunity to tune\*inward\* instead of outward. If we don't take this need for silence and rest seriously, burn out is inevitable. We are pretty much signing on for it every time we neglect to put "do nothing" as a line item in our lists of things to do. We will be so full of input that we don't even take time to consider or contemplate, that there will be no room for anything else. We will be so full of doing (or thinking obsessively about doing) that we will forget to simply \*be\*.

Silence and rest, these days, are taken as dessert, if at all, when they should, in fact, be the main course. I know that feels impossible these days, because we have all these distractions, these ways of entertaining ourselves, these delicious bits of \*candy\* to gorge on, but you know I am speaking the truth when I say this: we are starving to death for substance. We too easily forget what really matters. We need to put down the distractions and get on with the main event.

### Your Inner Life Is The Main Event.

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It is the wellspring from whence all of your creations come. Making time for it, making space for it with periods of rest and silence will nourish it and help it grow. That emptiness you feel at the end of a day? That ennui you experience despite having gotten that thing you wanted so badly (that you never really wanted until advertising said so)? That sense of unease, of unrest, of dissatisfaction or emptiness that happens for you even after you've slayed your list? That's a good indicator that your inner life is withering and needs some attention.

So, How Do We Do This?

There is a reason that every spiritual tradition includes a day of rest. Some of them are so strictly regimented that \*nothing at all except contemplation\* can be engaged in on that day. We don't have to be quite so strictly regimented, but we would be well served by setting aside one day a week during which we turn off our phone, close the laptop, and be with ourselves. Bonus points earned if you spend at least part of that day in silence and solitude. You might also consider doing this for an hour a day. An hour alone, with no screen, no distraction, no input, no striving, no doing of anything you don't really want to do. I would probably spend this time in my art journal, because that's my idea of a good time, but you might spend it journaling or knitting or soaking in a scented tub of hot water.

Silence And Rest Shouldn't Be Hard Work

But it will be, at first. We are wired to be wired from the moment we rise to the moment we collapse at the end of each day. We are scheduled to our outer limit, and even if we don't keep a schedule, we are aware at any given moment of a million things we're supposed to do, a million ways we're supposed to be. So it will be hard. Maybe the hardest thing you've ever done, but in a world where we are constantly distracted by what everyone else wants us to want, know, do, and be, it is incredibly powerful and empowering to take some time to figure out what's going on underneath the chatter that we inflict upon ourselves daily, and let our own knowing arise.

November As The Late Evening Of The Year.

The harvest ends in October. If we are gardeners or planners, we have a good sense of what we're doing next year. We have the holiday season to look forward to (or dread), and that will eat our hours like crazy before too long. But there is this energy in the month of November that wants to be acknowledged - an \*idle\* energy. A need to slow down will come over us unbidden, and if we don't heed that, we will go into the season of 'love and light and peace to all mankind' with a desire to stick forks in people's faces as they gather around the table.

We Need Silence. We Need Rest.

Let's take some time for that this month.

There Are No Exercises This Month Except This:

Find some time (or make some) and do nothing much for a while. See how it feels. Check out of your usual social obligations. Skip checking your email for a day or ten. Don't seek out input quite so often. Float a little. Rest.

I also want you to practice pausing between activities whenever possible. When you finish a thing, pause. Make a cup of tea. Revel in what you have just completed for a moment before moving on to the next thing on your list. Give yourself a gold star. Breathe.

Pause Right Here, Right Now. Hand On Heart. Inhaling, Exhaling. Be Here Now.

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# Art Witch Primer

This is a collection of lore, practices, books, quotes, dates, ideas, prompts, and correspondences that you may use as you see fit. Remember that while we have specific group practices on New Moon and Full Moon (to be discovered as we go), you are encouraged to do whatever you want on your own in the 'between times'. Suggested activities and art prompts are meant to be enjoyed 'buffet style'. Remember the power in picking at least one thing that really resonates, and another that makes you feel rebellious or resistant. Resistance and resonance are equally fertile. There is an 'art witch primer' worksheet below this document in your classroom meant to be engaged on your own. For best results, combine your own resonances with any of mine that feel 'right' for you.

## The Names Of The Moon

Snow Moon, Fog Moon, Dark Moon, Beaver Moon, Mourning Moon.

**Suggested Activity:** As we do with every moon, sit with these names and contemplate what they might mean for you. Compare and contrast these names with what's happening in your environment. Use your powers of seeking (GoogleFu!) to research the names and lore associated with this month of the year. Note anything that resonates with you.

**Journal Prompt:** What name would you give a full moon in November? Why? What does November 'feel like' to you? What does it remind you of? What memories or traditions do you associate with this month? Which of these would you like to discard? Which would you like to keep? What spiritual significance do they or could they have?

**Art Prompt:** Create a spread or painting that incorporates the feelings or images that arise for you when you sit with any of the traditional moon names. Alternatively, create something inspired by what you would name the full moon in November.

## Tree Calendar

Check the listings for new moon and full moon (found in the INTRODUCTION or in your own moon phases app or planner) to see where they fall in the tree calendar this month and next month. Note that there will always be overlapping signs in each calendar month.

Workings can include art journal spreads that explore the energies associated with these trees, finding these trees (if you can) in your neighborhood and sketching them, looking up what they look like in all their life phases, working with the symbols associated with these trees in your art journal or in meditation, searching for quotes about them, or poems or stories that include them, etc.

## Reed

October 28 - November 24

Good for workings associated the underworld, our ancestors, divination, and working with spirit guides.

**Journal prompt:** Whose shoulders are you standing upon? What is your blood lineage? What is your spiritual lineage? Your artistic lineage? Who wants to work with you from that realm? What is your favorite method of divination?

**Art prompt:** Create art that honours your lineages, be they blood, soul, or artistic.

## Elder

November 25 - December 23

Good for workings associated with creativity and renewal, as well as death and endings.

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**Journal prompt:** What's up with you, creatively? Do you need to reassess your creative practice? What would you like to let go of in terms of practices? What would you like to take up?

**Art prompt:** Create art that invites a sense of renewal or release.

## Correspondences

Sourced from a variety of references, this list is a great jumping off point for your own explorations.

Colours: White, deep purple, gray, sea-green

Herbs/Plants: Verbena, betony, cinquefoil, blessed thistle.

Flowers: Chrysanthemum, peonies, lilies, orchids.

Scent: Nutmeg, rosemary

Stones: Topaz, lapis lazuli

Animals: Scorpion, crocodile, jackal, unicorn, sow, wolf, rooks, magpies

Nature spirits: Banshees

Season: Autumn. (Spring in the Southern Hemisphere)

Tree: Reed, Elder, Yew, Blackthorn

Element: Water

Astrology: Scorpio - October 21 - November 20, Sagittarius - November 21 - December 20

Workings: Gratitude, endings, silence and silent retreats, creativity and renewal

Celebrations: Thanksgiving (U.S.)

Symbols: Anything relating to element of water, autumnal imagery, crows, bones, skulls, wolves, symbols relating to the goddess as crone, images of the waning year.

As usual, if a correspondence feels particularly resonant for you (example: 'skulls'), make sure and research it as well so you can deepen your understanding and insight. As always, remember to gut check all of these associations, and add your own. November may come with a particular scent, sound, colour, or taste for you. Include those correspondences in your personal lists.

Other references may include lists of deities to work with. If you are compelled to work with specific deities, lore, or stories, do that, but please avoid 'plugging in' to deities you have no prior relationship with. It is polite to develop a connection with a particular archetype or being before you ask them to assist you in your work or lend energy to your desired outcome.

## This Month's Altar

Adorn your November altar with images of your ancestors, symbols of your creative process, things you've crafted by your own hand, death/life/rebirth imagery, a black mirror (for scrying), offerings for blessings you've received, seasonal vegetables, especially those that winter over well, items and imagery that suggest secrets, mysteries, and silence. A completely blank altar with one black candle is also appropriate at this time as a way to honour a pause in your striving in favour of rest and silence.

## Silence and Rest

In keeping with this month's theme, please explore silence and rest and get as much of each as possible.

## Activities And Ponderings For November

Look into meditation practices that might work for you in helping you get more silence in your life.

Investigate the possibility of including a day of rest in your weekly routine, or an hour of silence in your daily routine.

Be ruthless about what you allow in to your consciousness.

Get out into the world with your camera or sketchbook to collect journal fodder. (Do this all the time if you are able!)

Moon bathe, even if only through an open window. Sit in silence and bask in moonlight, whatever phase the moon is in. See how it feels. Make notes. Art it out after if you feel so inspired.

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What holidays have observances in November? Do you feel a resonance with them? Which ones would you like to adopt?

## November Recommended Reading

[A Witch's Book Of Silence](#) by Karina Blackheart  
[The Inner Temple of Witchcraft](#) by Christopher Penczak  
[The Enchanted Life](#) by Sharon Blackie  
[To Bless The Space Between Us](#) by John O'Donohue

## Quotes & Wisdom Sayings

When you rise in the morning,  
give thanks for the light, for your life, for your strength. Give  
thanks for your food and for the joy of living.  
If you see no reason to give thanks, the fault lies in yourself.

- Tecumseh

There are two ways of spreading light:  
to be the candle or the mirror that reflects it. - Edith Wharton  
The artist vocation is to send light into the human heart.

- George Sand

To light a candle is to cast a shadow.

- Ursula K. Le Guin

There is a crack in everything, that's how the light gets in.

- Leonard Cohen



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# November Art Witchery

With Effy Wild

Happy New Year!

Confused? Okay, let me explain.

[The Wheel of the Year](#) (click for a lovely write up) while not something we touch on much in this e-course is a big part of many pagan/witchcraft traditions, and for most celebrants, it ends and begins on October 31st with Samhain celebrations. Samhain is also known in some circles as "The Witches New Year".

This makes sense if you look at what was happening agriculturally (and these celebrations are all earth based and agricultural in nature) at this time of year. This holy day marks the last harvest of the year - the blood harvest - a time when the herds were assessed and culled so only those animals who were likely to make it through the winter were kept, and those who were likely not to make it, or those who had been purposefully fattened up were slaughtered and preserved. It heralded a time when, with the changing weather, communities would be looking forward to getting some downtime from the intense work of subsistence farming, hunting, and gathering. If the harvest went well, it would be a time of plenty until spring, which is why there are so many "foodcentric" holidays upcoming. While different kinds of work would now be engaged, the heavy lifting of bringing in the fields was done and over with.

For me, Samhain brings an opportunity for a similar kind of assessment and culling. I tend to examine what I want to let go of (cull) and what I want to keep or add to my life in preparation for the long winter. It also includes ancestor reverence and introspection around life, death, and rebirth, but it also brings me to "year end" which is a season that creates a bit of push pull for me because my body craves rest after "bringing in the fields" of all my programs while I am also in a frenzied push to get programs opened for 2022. The Wheel Of The Year actually helps me with this push pull because it reminds me to make the time for what my body is really craving.

While our calendar year is still winding down and will be until December 31st, this season can provide us with a quieter, more personal, less capitalism driven opportunity for attunement with the energies and powers that are present at this time of year. Because The Wheel Of The Year ends and begins on October 31st, we can spend the next two months making space for a gentle waning so that year end is less of a jarring bang and more of a denouement - at least, this is how it works for me.

This month, we engage The Wise Silence. You can engage this by carving out time for yourself to do exactly what your body might be craving in terms of solitude & rest in between the holiday celebrations and whatever year end stuff is coming up for you.

One of the ways we can "art witch" with The Wheel of The Year is to honour the seasons we are in in our art journals/art practices, with painted shrines that celebrate and acknowledge what's happening outside our window, regardless of what or how the overculture tells us to celebrate. You can do paintings in which you release the year that's been to make room for the year to come. You can make painted shrines to your dreams. You can work with imagery that "looks forward" to and imagines what the new year might bring. You can also paint intuitively with the intention of welcoming messages from your holy helpers and ancestors, since this time of year is known for featuring great accessibility to them with the "thinning of the veil" between worlds. And! You can also take a break and opt to have some time in the blanketfort where you produce \*absolutely nothing\*.

Those of you who are in the Southern Hemisphere may also be experiencing a weird "both/and" or "push/pull" energy because most of the world is celebrating Halloween and spooky season, with the year waning toward Winter Solstice, but you have Beltaine taking place on October 31st and Summer Solstice on the horizon! If you engage The Wheel of The Year, you might find the energetic push pull easing a bit for you, like it does for me.

However you engage this season from now 'till Winter or Summer Solstice, I hope you prioritize pleasing yourself (and all your parts) as best you can and making time for your own spiritual and creative practices.

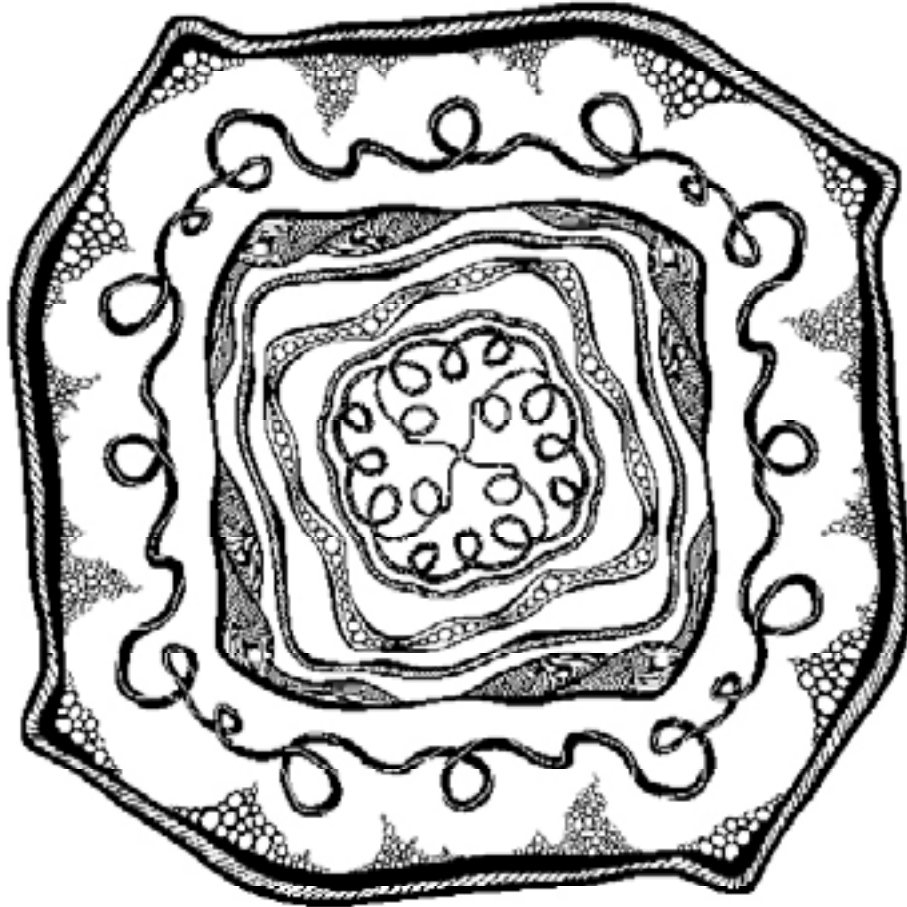
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# Mandala By Tina Stanley

November 2024

New this year, we have printable mandalas designed by our very own Tina Stanley! Print and colour as a form of contemplation, meditation, or just for fun! This month, she's offered us TWO mandalas!



[DOWNLOAD TO PRINT & COLOUR](#)

## More About Tina:

I am an Artist, Graphic Designer, and Photographer, and creative tinkerer. After 4 years at Oregon State University I am ready to step out into the world and make my mark - through the lens of my camera, the brush/pencil in my hand, and the keyboard at my fingertips. I have big dreams, high hopes, and a lot of ambition, and look forward to all the adventures the world has to offer. These mandalas are a labor of love and a glimpse into a small part of my creative practice.

You can find me at: [tinadstanleydesign.com](http://tinadstanleydesign.com) AND on [ETSY](#).

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# Essential Oil Of The Month

With Kimi Bois



Earthy and pungent with a warmth that digs in deep. Mossy, musty, earthy and exotic, Patchouli is a powerful scent. I love Patchouli. Patchouli helps diminish depression and helps recover from nervous exhaustion and other stress related conditions. It has the ability to reduce mental fatigue and lethargy. In low doses, it acts as a mild sedative, in high doses it can be quite stimulating. Patchouli has been shown to sharpen intelligence, improve concentration and provide insight. It cools and calms during physically and emotionally hot situations. Patchouli is a stabilizing and balancing oil and has aphrodisiac qualities that can heighten libido. Patchouli is good for the skin too, reducing inflammation, fighting infections, stimulating cell growth as well as in tightening and toning tissues. It has been used for a long time as a healer of wounds and sores and helps reduce both body odor and cool fevers. In India patchouli

sachets were used to protect against insects. Patchouli and camphor is what gives India ink its distinctive smell. Patchouli curbs the appetite and helps to tighten and tone the skin and is useful during menopause for reducing hot flashes. Patchouli essential oil improves with age, meaning it doesn't "go bad", and makes a great masking agent for unpleasant smells.

## Recipes

New Moon in Scorpio: Unguarded

1 drop patchouli (more if you adore the scent)  
2 drops ginger  
1 drop myrrh  
4 drops jasmine

This blend is both powerful and protective. Giving you a sense of security as you grapple with scorpio's desire to dig deep.

Other oils (or scents) you can use: geranium, lime, pine, galangal, allspice, violet, basil, frankincense

Full Moon in Taurus: Steady

4 drops patchouli  
2 drops jasmine  
1 drop thyme ( I recommend white thyme as its sweeter, red thyme is strong and bitter)  
1 drop cardamom

This blend is soothing to frazzled nerves, with an earthy and steady stability that really invokes strength.

Other oils you can use: fennel, benzoin, vanilla, lavender, eucalyptus, rose, ylang ylang, oakmoss, magnolia, gardenia, honeysuckle.

More about Kimi:

My name is Kimi Bois. I am a practicing aromatherapist. I studied at the West Coast Institute of Aromatherapy and have been researching and experimenting with essential oils, herbs and other ingredients for 20 years. I am a practicing pagan, making magic everywhere I go. I am fascinated by symbols, associations and magical connections and where scent can really help us focus on what our intentions are.

[Facebook](#)

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# Herb Of The Month

with Airmid Wylde

## Mugwort

Did you know that mugwort is a member of the aster family? Much like the starry-shaped flowers, mugwort spreads underground through a rhizome system and can take over a garden quick-like. A lot of herbalists grow mugwort in a dedicated container or smol garden of its own.

Mugwort has strong roots in Celtic herbalism and goes as far back as the work of Marcellus Empericus - a writer from the 3rd and 4th centuries. He listed mugwort as one of 12 Celtic plants used in herbal medicine and magic. Marcellus' work is fascinating, if you ever get a chance to check it out.

Now, for magical properties, mugwort is considered a 'women's herb', and has a great relationship with all body systems ruled by Venus - mainly the menstrual cycle and reproductive system. I personally no longer call it this as it's not inclusive, but knowing this can aid in your research. It can help stimulate blood flow, alleviate cramps, and aid in child birth. It can be used as a nervine and helps ease depression and anxiety - I actually love it for this purpose - and to soothe digestion and support the liver. It's most common known use is as a tea or incense to bring about vivid dreams and, sometimes, astral projection.



[Download, Print & Colour](#)

## Ways To Use Mugwort

- make a soup with mugwort + salmon + cream + garlic + onion
- coat mugwort greens in rice flour + salt + sugar and then steam them for a yummy snack
- A lot of humans love mugwort tea with honey on its own, but it's also great with lemon balm and a smidge of cinnamon. Mugwort and lavender makes an excellent sleepy time tea, and I often use it during the day as an iced tea when my anxiety is high but I also wouldn't mind an accidental nap.

Let me know in the group how you use mugwort this month!

Love you humans!

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## Sweater Weather Tea

3p Tulsi  
2p Lemongrass  
1p Turmeric  
1p Ginger  
1p Lemon  
1p Orange peel

This tea is a delicious, supportive, anti-inflammatory tea that's tasty and great for cold weather.

### More About Airmid

Airmid is part hippie, part geek, part rocker chick with some serious Dolly Parton sass. She blends self-love + herbalism + art + spiritual musings with kickass empowerment + a hell-yeah attitude. She has a fierce passion for helping womxn discover their unique beauty + strength + truth...especially through plants and creativity. Find her on [Instagram](#), and in her Facebook Group, [Wildness Unleashed](#).



[Download and Colour](#)

## Stone Of The Month with Rachael Caringella

### Ruby

Promotes nurturing, loving and compassionate energy. Activates the heart chakra and the root chakra. Encourages joy and enthusiasm in our hearts. Ruby is a warming stone that can get energy flowing in various areas of your life. It can also heat things up in the bedroom. Ruby encourages vitality and sensuality, while also increasing the chi in the body to get energy moving. Brings good fortune to the mind, body and spirit



### More About Rachael

Rachael is a multi media artist, creatrix and mystic explorer. Currently located in the magical valley of Taos, she spends her days in her plant covered art studio painting portals to new dimensions, opening gateways to hidden realms and crafting mystic creatures from the ethers. Having been a tarot reader for 10 years and an artist for as long as she can remember, it is her goal to bridge the gap between the mystic and the mundane.

[website](#) | [facebook](#) | [instagram](#)

11

# NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 <a href="#">Samhain Day With The Art Witch Network Wide Event 1 p.m. EDT</a>	2 <a href="#">Live Activation Gathering 1 p.m. EDT</a>
3	4	5	6	7	8	9
10	11	12	13	14	15 <a href="#">Full Moon in Taurus Painty Party</a>	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

TO DO

NOTE

# WEEKLY PLAN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

NOTES

MON TUE WED THU FRI SAT SUN  
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TODAY'S FOCUS

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TOP PRIORITIES

1. 

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2. 

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3. 

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SELF-CARE

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TO-DO LIST

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NOTES, IDEAS & INSPIRATION

# MONTHLY RESEARCH WORKSHEET

for the month of \_\_\_\_\_

## THE NAMES OF THE FULL MOON

\_\_\_\_\_

Full Moon is on: \_\_\_\_\_ in the tree sign of \_\_\_\_\_  
in the zodiac sign of \_\_\_\_\_.

Good for workings related to: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

New Moon in on: \_\_\_\_\_ in the tree sign of \_\_\_\_\_  
\_\_\_\_\_ in the zodiac sign of \_\_\_\_\_.

Good for workings related to: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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Other Dates Of Significance (eclipses, blue moons, celebrations, holy days, etc.): \_\_\_\_\_  
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Intentions, goals, wishes, and dreams: \_\_\_\_\_  
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\_\_\_\_\_

Oracle Cards for this month: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# TREE CALENDAR

Check the listings for new moon and full moon (found in the INTRODUCTION or in your own moon phases app or planner) to see where they fall in the tree calendar this month and next month. Note that there will always be overlapping signs in each month.

Tree Name: \_\_\_\_\_ Active from: \_\_\_\_\_ to: \_\_\_\_\_

Good for workings related to: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Tree Name: \_\_\_\_\_ Active from: \_\_\_\_\_ to: \_\_\_\_\_

Good for workings related to: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## MONTHLY CORRESPONDENCES

Colors: \_\_\_\_\_  
Herbs/Plants: \_\_\_\_\_  
Flowers: \_\_\_\_\_  
Scents: \_\_\_\_\_  
Stones: \_\_\_\_\_  
Animals: \_\_\_\_\_  
Nature spirits: \_\_\_\_\_  
Season(s): \_\_\_\_\_  
Element(s): \_\_\_\_\_  
Celebrations: \_\_\_\_\_  
Symbols: \_\_\_\_\_  
Birthdays/Anniversaries: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Personal Associations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



New Moon: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Results: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Paste an image of your working here.  
(journal spread, altar layout, oracle reading, etc.)

# WISDOM SAYINGS

# NOTES