



~~WBC~~

COACHING

~~DAZZLE~~

Our coaching programmes are an 8-week journey of self-discovery delving into the intricacies of personal and professional growth.

Coaching is a powerful tool that helps people develop the skills and knowledge they need to succeed

8-Week Programmes

**SHELeads
EmpowerHER**

**Leader as
Coach
Sales Leader as
Coach**

We coach the leader while they learn how to coach others

Outcomes

On completion the Coachee will have a deep understanding of themselves.

Leaders will be able to implement the GROW methodology, Strategic, Tactical, Specific Skills as well as Transformation Coaching

Coaching results in 70% improvement in work performance

SHELeads

Cultivates leadership skills specifically tailored for women, offering a unique blend of mentorship, skill-building and empowerment to navigate the complexities of leadership roles.

The leader receives coaching while learning how to coach.

The ability to coach as a leader has become an essential skill in any organisation. One of the leader's primary responsibilities is to help team members achieve their goals and reach their full potential. An effective way to do this is through coaching

www.twbc.co.za

EmpowerHER

Through tailored coaching sessions, this programme helps navigate challenges, unlock hidden strengths and build a solid foundation for continued success. EmpowerHER goes beyond improving professional skills, and focuses on holistic development, ensuring accountability and tangible results.

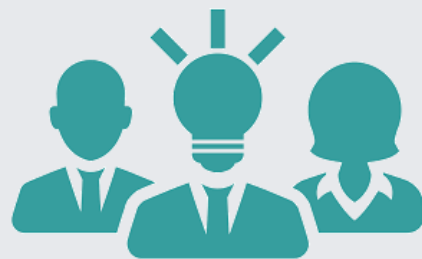
Resources

4 self-paced theory sessions via our platform

85 one-on-one or group sessions

Notes & worksheets

To help the Coachee to understand themselves better, we do a personality, communication style, assertiveness and leadership style assessment



**We also offer
Group
sessions, both
online and in-
person**

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