



BRAIN CONNEX PRIMITIVE REFLEX SYMPTOM CHECKLIST

- 0 – 100% never or n/a
- 1 - 25% seldom
- 2 - 50% occasionally
- 3 - 75% frequently
- 4 - 100% always

FEAR PARALYSIS REFLEX

Retained Fear Paralysis Reflex may lead to any of the symptoms listed below:

- | | 0 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|---|
| • Anxiety seemingly unrelated to reality. | | | | | |
| • Hypersensitivity to touch, sound, changes in visual field | | | | | |
| • Dislike of change or surprise, Poor adaptability | | | | | |
| • Breath holding | | | | | |
| • Fear of social embarrassment | | | | | |
| • Insecure / Lack of trust in oneself | | | | | |
| • Overly clingy or may be unable to accept or demonstrate affection easily | | | | | |
| • Negativism, defeatist attitude, Won't try new activities, especially where comparison or excellence is expected | | | | | |
| • Temper tantrums | | | | | |
| • Immediate motor paralysis under stress – can't think and move at the same time | | | | | |

_____ **Total Number**

MORO

Symptoms of a retained Moro Reflex include:

0 1 2 3 4

- Excessive blinking
- Hypersensitivity to sudden, noise, Light or movement
- A hyper startle response, followed by rapid heartbeat
- Difficulty with new or stimulating experiences
- Impulsive behavior
- Vestibular problems (Imbalance, dizziness, motion sickness, vertigo)
- Anxiety, Flushing uncontrollably when embarrassed or nervous
- Frequent ear and throat infections
- Depleted energy, fatigue, mood swings
- Dislike of change
- Sensitivity to foods or food additives, Chronic digestive problems from childhood

_____ **Total Number**

TONIC LABYRINTHINE REFLEX (TLR)

0 1 2 3 4

- Poor posture
- Toe walker as a kid or as an adult
- Poor balance and coordination
- Poor eye movement control
- Visual-perceptual difficulties
- Afraid of heights
- Difficulty judging space, distance, depth and speed . .
- Poor concentration
- Fatigue while reading or when working or studying at a desk
- Motion sickness

_____ **Total Number**



SPINAL GALANT

0 1 2 3 4

- Can't sit still; fidgety
- Short term memory problems
- Bedwetting beyond age 5, Chronic bladder control issues
- Sensitive to tight clothing around waist or tags on clothes
- Constant noise making
- Attention and concentration problems
- Difficulty coordinating normal walking gait.
- May affect fluency and mobility in physical activities or sports
- Can contribute to the development of scoliosis (curvature) of the spine.
- Body tends to tilt to one side, can cause chronic back, or neck pain

_____ **Total Number**

ASYMMETRICAL TONIC NECK REFLEX

0 1 2 3 4

- Poor handwriting
- Difficulty reading and tracking
- Left-right confusion (Mixed laterality), Ambidextrous
- Difficulty copying
- ADHD.OCD characteristics
- Missing parts of a line when reading
- Difficulty catching a ball
- Poor at sports, dancing or Bilateral integration
- In adults there can be chronic shoulder and/or neck problems
- Eye hand coordination difficulty
- Judgment of distance may be affected

_____ **Total Number**



SYMMETRICAL TONIC NECK REFLEX

- Poor posture (– when head bends, the arms will bend causing a tendency to slump when sitting – often will end up almost lying on the desk to write)
- Tend to “hook feet” under desk for support
- Clumsy
- Eyes fatigue when reading or focusing near on screen
- As a child you skipped, missed, or shortened crawling or crawled in unusual way
- Difficulty sitting with legs crossed (“W” position when sitting on the floor)
- Poor upper and lower body integration, affecting gross motor skills
- Poor hand-eye coordination
- Messy eater
- Poor organization and planning skills

0 1 2 3 4

_____ **Total Number**

ROOTING AND SUCK REFLEX

Retained Juvenile Suck Reflex may lead to:

- Speech and articulation problems, stuttering
- Difficulty swallowing and chewing
- Difficulty speaking and doing manual tasks at the same time
- Involuntary tongue or mouth movements when writing or drawing
- Poor manual dexterity, especially when chewing or speaking
- Hypersensitivity around lips and mouth

0 1 2 3 4



- Oral fixation, always need to be doing something with mouth, smoking, chewing gum, biting lip, sucking candy, etc.
- Dribbling, and drooling
- Poor manual dexterity when speaking
- Hormonal imbalances or deficiencies

0 1 2 3 4

_____ **Total Number**

PALMER GRASP REFLEX

Palmar reflex retention may lead to:

- Poor fine motor skills and manual dexterity
- Inappropriate pencil grip and poor handwriting
- Weak immune system
- Difficulty processing ideas on to paper
- Poor posture and/or back pain when working at a desk or computer
- Constant need to always touch and hold things in hand
- Difficulty or slow reading
- Poor memory for details
- Not good with math or numbers
- Mixed dominance , Ambidextrous or left handed

0 1 2 3 4

_____ **Total Number**

BABINSKI REFLEX

Plantar reflex retention may lead to:

- Difficulty or delay learning to walk (beyond 14 months)
- Running awkwardly
- Poor balance
- Can't press toes in to the ground

0 1 2 3 4



- Problems with sports requiring balance and coordination while running
- Low back pain while walking and/or standing
- Shin soreness
- Recurrent ankle twisting
- Difficulty walking in the dark (vision is not able to assist balance)
- Calf or Achilles tendonitis, injury or pain

0 1 2 3 4

_____ **Total Number**