



Welcome to the Parent-Infant and Child Course!

My intention for our time together is to be in a process of learning and discovery; wherever you are in your own work of creating or implementing a program or classes for parents/adults and children to explore and learn together, this is where you will begin.

During this Course I will share tips on how to create a program from the start, business and marketing steps, as well as share ways that I interact with and guide parents and children at Ananda Montessori, and how to prepare a welcoming and practical environment for families.

We are in a learning community, so we will have opportunities to interact through comments on postings, and in our twice-weekly Zoom video meetings.

Interwoven through all six modules will be reflections or exercises on ways to be present, as preparation for being with ourselves and others. There will be readings and experiential work on observation, as this is our ongoing practice in bringing ourselves into seeing the world around us with a fresh and broader perspective. This also includes inner observation of how we are, which creates our perceptions of the world. Both these practices are important in Parent-Infant and Child environments because we are guiding and modeling for the parents as well as for the children.

To assist in these practices, our Course is presented as a living opportunity to enter the present moment; of being in relationship; of bringing ourselves as fully as we desire to each learning. The modules will come one week at a time, so that we don't have the option of looking ahead from where we are. This will add, I am hoping, a spacious quality for reviewing what is available each week, without anticipating (too much) what lies ahead.

Each of the modules will have a brief introduction so that you can see what the week holds, and all the sections/pages will include commenting as well.