

# 2024 Developmental Models of Supervision and ACES Best Practices Syllabus



## Program Description

2024 Developmental Models of Supervision and ACES Best Practices is a program designed to help participants review well-established models of counselor development, gain information about these well-established models as they apply to supervising mental health trainees, and successfully demonstrate understanding by passing a quiz. This program includes information about clinical supervision models, practices, and processes for professional counselors. In addition, it will cover ethical decision-making models directly related to counseling practice and supervision.

## Program Learning Objectives

The program content will:

1. Introduce well-established developmental models of supervision including:
  - o Blueprint for Developmental Supervision by Haynes, Corey and Moulton
  - o Discrimination Model by Bernard
  - o Systems Approach (SAS) by Halloway
  - o Integrated Developmental Model by Stoltenberg, McNeill, and Delworth
2. Explore the Association for Counselor Education and Supervision (ACES) Best Practices regarding planning for developmentally appropriate supervision.
3. Describe supervisor roles (teacher, counselor, and consultant) appropriate to trainee development.
4. Offer information so participants can successfully pass a quiz covering the application of well-established models of supervision into a successful supervision plan. over the topics covered in this course.

## Program Goals

Participants successfully completing this three-hour program will:

1. Understand the qualities that define ethical clinical supervision as described by ACES Best Practices.
2. Know how to choose a supervision role, supervision theory, and implement supervision interventions based on knowledge of the trainee's needs and developmental growth.

3. Have tools to mitigate potential ethical issues related to trainees' actions at developmental stages.
4. Complete a quiz demonstrating confident application and understanding of the content of this course.

### **NBCC Program Content Requirements**

Courses offered through Kate Walker Training LLC are rigorously reviewed and held to the highest standards:

1. This program is directly and primarily about a topic related to the practice of professional counseling.
2. Program information includes a clear statement of the program learning objectives requirement.
3. This is an advanced course for licensed mental health providers and licensed mental health supervisors with a master's or doctoral degree in counseling or related field.
4. This program was designed Kate M. Walker, a licensed mental health professional with the necessary experience and knowledge in the topic(s) presented. Dr. Walker holds a Ph.D. in Counselor Education and she is a Licensed Professional Counselor Supervisor and Licensed Marriage and Family Therapist Supervisor.
5. We provide participants with a mechanism for evaluating our programs.
6. We provide participants who successfully complete the program with a certificate displaying the licensee's name, program title, date course was completed, the number of NBCC hours awarded (for applicable programs), the name and signature of the approved continuing education provider along with the NBCC ACEP number and contact information, including mailing address, telephone number, e-mail address and website address.
7. Programs that do not qualify for NBCC credit are clearly identified.
8. We keep all continuing education records of completion on file for six years (or more) and records are available upon written request.

### **Continuing Education Information**

This course provides **three hours** of continuing education in a non-interactive, asynchronous, home study format. Home study course hours are calculated via written text (6000 words = one hour) and video (one hour = one hour).

Kate Walker Training courses fulfill the Texas LPC and LMFT rules requiring that 50% of continuing education courses come from a designated provider type.

**2024 Developmental Models of Supervision and ACES Best Practices** certificate will indicate:

- NBCC Hours: 3

- Supervision CE Hours: 3

Kate Walker Ph.D., LPC/LMFT Supervisor has been approved by NBCC as an Approved Continuing Education Provider, ACEP # 7040. Programs that do not qualify for NBCC credit are clearly identified. Kate Walker Ph.D., LPC-S, LMFT-S is solely responsible for all aspects of the programs.



**Kate Walker Training LLC provides continuing education for mental health providers. Always check with your licensing board before purchasing a course for professional continuing education.**

#### Course notes

- This online training is currently available in English only. It is delivered via audible narration and visual text.
- The terms 'lesson,' 'lecture,' and 'module' may be used interchangeably.
- The terms 'supervisee,' 'associate,' 'trainee,' and 'intern,' may be used interchangeably.

#### STATEMENT REGARDING COURSE RESOURCES

*Kate Walker Training LLC charges a fee for online training. All of the resources used to design the course are listed within the course, along with the resource URL where available. You do NOT need to purchase the Kate Walker Training LLC course to access those resources. Kate Walker Training LLC will not apply legal terms or technological measures that legally restrict others from accessing those resources, nor hinder anything the listed resources' licenses permit.*

The ACES Best Practices in Clinical Supervision Taskforce. (2011, April 22). *Best practices in clinical supervision*. <https://acesonline.net/Wp-Content/Uploads/2018/11/ACES-Best-Practices-in-Clinical-Supervision-2011.Pdf>. <https://acesonline.net/wp-content/uploads/2018/11/ACES-Best-Practices-in-Clinical-Supervision-2011.pdf>

Discrimination Model, September 1979. Counselor Education and Supervision 19(1).  
file:///C:/Users/kwalk/Downloads/Bernard1979.pdf

Supervision Essentials for a Systems Approach to Supervision by E. L. Holloway Copyright © 2016 by the American Psychological Association. <http://dx.doi.org/10.1037/14942-002>

Supervision Essentials for the Integrative Developmental Model, by B. W. McNeill and C. D. Stoltenberg. Copyright © 2016 by the American Psychological Association  
<http://dx.doi.org/10.1037/14858-001>

Texas Behavioral Health Executive Council Consolidated Rulebooks for [Texas State Board of Examiners of Professional Counselors](#) and [Texas State Board of Examiners of Marriage and Family Therapists](#)

## Recommended Text and Resources:

American Counseling Association. (2014). *2014 ACA code of ethics*. <https://www.counseling.org/docs/default-source/default-document-library/2014-code-of-ethics-finaladdress.pdf>

Bernard, J. and Goodyear, R. (2015). *The fundamentals of clinical supervision, 5<sup>th</sup> Edition*. Boston: Allyn and Bacon.

Fall, M. and Sutton, J. (2004). *Clinical supervision. A handbook for practitioners*. Boston: Pearson Education, Inc.

Halbur, D., and Halbur, K. (2015). *Developing Your Theoretical Orientation in Counseling, 3<sup>d</sup> Edition*. North Dakota: North Dakota State University.

Haynes, R., Corey, G., and Mouton, P. (2010). *Clinical supervision in the helping professions, 2<sup>nd</sup> Edition*. Virginia: American Counseling Association.

Kendi, I. X. (2019). *How to be an antiracist*. One World.

Todd, T. and Storm, C. (2014). *The complete systemic supervisor: Context, philosophy, and pragmatics, 2<sup>nd</sup> Edition*. West Sussex: John Wiley and Sons, Ltd.