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or

BILD22 Spring 2012
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BILD 22: INTRODUCTION TO HUMAN NUTRITION

TEXT: Introduction to Human Nutrition McGraw Hill Custom Textbook – Strause
TIME: Mon Wed 5-6:20 PM LOCATION: WLH 2001
OFFICE: 1145A HSS OFFICE HRS: Wed 3-4:30 PM – BY APPT.

DATE	Lec#	LECTURE	READING
Apr 2	#1:	TPN: The Biochemical Banquet/Carbs	Chapter 1
Apr 4	#2:	Structure/Function: Carbs/Lipids	Chapter 2
Apr 9	#3:	Structure/Function: Lipids/Proteins	Chapter 3
Apr 11	#4:	GI tract in Digestion & Absorption	Chapter 5
Apr 16	#5:	Pumps: Cardiovascular/Respiratory	Chapter 6
Apr 18	#6:	Breath of Life: Respiratory/Excretory	Chapter 7
Apr 23	#7:	The Energy Crisis	Chapter 7
Apr 25	#8:	Does Sugar Kill? Carb Metabolism	Chapter 10
<u>(Midterm #1 review: Sunday April 29th 1:00 – 4:00 PM)</u>			
Apr 30		<u>MIDTERM #1 EXAM</u>	Including Lec #7
May 2	#9:	No such thing as a free lunch: Energy Metabolism: Proteins and Fats	Chapter 11
May 7	#10:	Mother's Little Helpers: Vitamins	Chapter 12
May 9	#11:	Every Body needs Milk: Macro-Minerals	Chapter 14
May 14	#12:	"For want of a Nail"; Micro-Minerals	Chapter 13
May 16	#13:	Diabetes: A real life experience	
May 21	#14:	Food & Mood: Eating Disorders	Chapter 15
May 23	#15:	Run-Bike-Swims: Nutrition & Exercise	Chapter 16
May 28		MEMORIAL DAY HOLIDAY	
May 30	#16:	Nutrition & Disease	
<u>(Midterm #2 review: TBD)</u>			
June 4	#18:	Diana's Gift, Tribute to Dr. Saltman, & Personal Story	
JUNE 6		<u>MIDTERM #2 EXAM</u>	