

BISP 194 Integrative Medicine

Dr. Nigel Crawford

Muir Biology 1103 W 2-3:30PM

Spring Quarter 2014

DATE	Meeting	TOPIC	Assignments
April 2	Wed 1	Intro to Integrative Medicine	
April 9	Wed 2	Intro to Biology of Stress	
April 16	Wed 3	The Heart Speaks Intro to Research Studies	Book Report due
April 23	Wed 4	Lifestyle Factors	Research Papers
April 30	Wed 5	Mol. & Phys. Mechanisms	Research Papers
May 7	Wed 6	Meditation	Research Papers Meditation Report due
May 14	Wed 7	Nutrition & Diet	Research Papers
May 21	Wed 8	Placebo	Research Papers
May 28	Wed 9	CAM Therapies	Research Papers
June 4	Wed 10	Synthesis & Solutions	