

# BISP 194 Integrative Medicine

Dr. Nigel Crawford

Muir Biology 1103 W 2-3:30PM

Spring Quarter 2015

<b>DATE</b>	<b>Meeting</b>	<b>TOPIC</b>	<b>Assignments</b>
April 1	Wed 1	Intro to Integrative Medicine	
April 8	Wed 2	Intro to Biology of Stress	
April 15	Wed 3	The Heart Speaks Intro to Research Studies	Book Report due
April 22	Wed 4	Lifestyle Factors	Research Papers
April 29	Wed 5	Mol. & Phys. Mechanisms	Research Papers
May 6	Wed 6	Meditation	Research Papers Meditation Report due
May 13	Wed 7	Nutrition & Diet	Research Papers
May 20	Wed 8	Placebo	Research Papers
May 27	Wed 9	CAM Therapies	Research Papers
June 3	Wed 10	Synthesis & Solutions	