

Girls Rise Up

A STEM + Dance Summer Program

July 10 - 28



Girls Rise Up is a STEM + Dance summer program where girls learn to code, dance, unlock their joy, step into their power, and discover their STEM potential — all through the power of dance.

Application Deadline:
April 30



A program of:



The Experience

Over an unforgettable three weeks, you'll:

- ⇒ Delve into topics like robotics, engineering, and machine learning
- ⇒ Explore dance styles like Hip-Hop, step, and contemporary
- ⇒ Create your own choreography
- ⇒ Perform a tech-infused dance for friends and family
- ⇒ Learn from people dedicated to seeing what's possible in STEM + Dance
- ⇒ Build friendships and community

Jump into summer and expand your creativity, boost your confidence, build up problem-solving skills, and meet girls just like you.

Discover

how to use technology like motion capture and animation to enhance the choreography.

Activate

your imagination and showcase your creativity with like-minded girls.

Connect

with inspiring women who work in the STEM fields today, and learn about possible STEM pathways you can follow.



A Day at Girls Rise Up

Get Inspired

Leap into inspiration. Listen to a guest speaker, participate in a confidence-boosting activity, or watch an inspiring performance.

Learn & Create

Moonwalk through the day's topics. Learn new technology, create choreography, and put the two together to create a performance.

Afternoon Connection

Applaud and cheer your peers. Share what you have learned, give and receive feedback, reflect on your progress, and celebrate each other.



About STEM From Dance

Our communities have traditionally used dance to release, celebrate, draw strength, communicate, and learn. We combine dance with tech to transform STEM careers from unthinkable to within reach and show girls how confidence in STEM subjects can be a way of life just as much as dance.

Girls in our programs work together to choreograph dances, design and build the tech in their performance, and connect with other girls and supportive adults who share their interests. We inspire and encourage our girls to dream big and help them turn their dreams into reality — on stage, in the classroom, and throughout their lives.

Our work has been recognized by:



ESSENCE

Forbes

GLAMOUR

BUSTLE

FAST COMPANY



The Details

Where & When

⇒ Virtual

July 10 - 28 | Monday - Friday | 9am-1pm

⇒ New York City - Manhattan

Barnard College

3009 Broadway New York, NY 10027

1 Train to 116th Street - Columbia University

July 10 - 28 | Monday - Friday | 9am - 3pm

⇒ New York City - Brooklyn

New York University

370 Jay Street Brooklyn, NY 11201

A C F Trains to Jay Street MetroTech

July 10 - 28 | Monday - Friday | 9am - 3pm

How To Apply

Fill out an application form at

stemfromdance.org/programs/girls-rise-up

Open to girls ages 8 - 18

Deadline

Sunday, April 30 - 11:59pm ET

Admission decisions will be made on a rolling basis. The sooner you apply, the sooner you can secure a spot. Space is limited.

Cost

FREE to all students

Includes lunch and materials

Frequently Asked Questions

What is the Daily Schedule?

Virtual days take place between 9:00 AM - 1:00 PM EST. In-person days take place between 9:00 AM - 3:00 PM (in respective time zones). Mondays - Fridays (varies by location).

What is the application process?

Applying to Girls Rise Up is a two-part process. Interested students complete PART 1 using the Apply Here button on our website. PART 1 will be reviewed within 1 week, and eligible students will receive a link to PART 2 via email. Both parts must be submitted in order to confirm your spot in the program.

When do I need to apply?

The application deadline is Sunday, April 30 11:59PM ET.

When will I know if I was accepted into the program?

You will be notified within 1 week of completing PART 1 of the application process.

Are boys able to join?

STEM From Dance programming is only open to female and female-identifying students to foster a safe space and create a female empowered community.

Will lunch be provided?

Yes. STEM From Dance provides healthy lunch and snack options throughout the program.

What is the final Showcase?

The final Showcase is an amazing culmination of all the hard work that students have put into their Dance and STEM projects. The Showcase will take place on the final day of programming. Further details will be provided at the start of the program.

What if my child is sick and has to miss a day?

We understand that illness cannot be avoided and we will work with your child to catch them up. We ask that parents inform their Site Leader if their child is out due to illness.

What are Site Leaders?

Site Leaders are the administrators at each site, similar to a principal at your child's school. They oversee the day-to-day operations and will serve as your point-of-contact once the program begins.

What if I don't have a computer or wi-fi access and I want to participate virtually?

You should still apply. We are looking into providing students without computer/internet access with the resources they need.

Questions?

We would love to hear from you!
GRU2023@stemfromdance.org

Learn More

stemfromdance.org/programs/girls-rise-up