STANDARDIZED CGM METRICS[1]

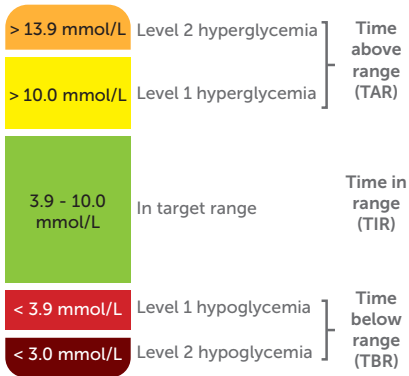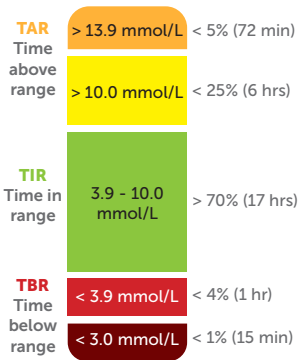|		
> 13.9 mmol/L	Level 2 hyperglycemia	**Time above range (TAR)**
> 10.0 mmol/L	Level 1 hyperglycemia	
3.9 - 10.0 mmol/L	In target range	**Time in range (TIR)**
< 3.9 mmol/L	Level 1 hypoglycemia	**Time below range (TBR)**
< 3.0 mmol/L	Level 2 hypoglycemia	

Other key metrics	Targets
Number of Days CGM is worn	14+
% Time CGM is active	>70%
GMI *Estimate of current A1C level*	
CV *Measure of glycemic variability*	≤ 36%

A1C, hemoglobin A1c; CGM, continuous glucose monitoring; CV, coefficient of variation; GMI, glucose management indicator; SD, standard deviation.

1 Battelino T, Danne T, Bergenstal RM, et al. Clinical targets for continuous glucose monitoring data interpretation: Recommendations from the international consensus on time in range. *Diabetes Care*. 2019;42(8):1593-1603.
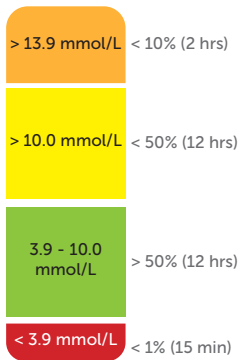
INTERNATIONAL CONSENSUS TARGETS[1]

Type 1 and Type 2 diabetes

TAR
Time above range

> 13.9 mmol/L	< 5% (72 min)
> 10.0 mmol/L	< 25% (6 hrs)

TIR
Time in range

3.9 - 10.0 mmol/L	> 70% (17 hrs)

TBR
Time below range

< 3.9 mmol/L	< 4% (1 hr)
< 3.0 mmol/L	< 1% (15 min)

1 % of the day

15 min

Older or high-risk Type 1 and Type 2 diabetes

> 13.9 mmol/L	< 10% (2 hrs)
> 10.0 mmol/L	< 50% (12 hrs)
3.9 - 10.0 mmol/L	> 50% (12 hrs)
< 3.9 mmol/L	< 1% (15 min)

1 Battelino T, Danne T, Bergenstal RM, et al. Clinical targets for continuous glucose monitoring data interpretation: Recommendations from the international consensus on time in range. *Diabetes Care*. 2019;42(8):1593-1603.