## Did you receive a Hello Dexcom sample kit?
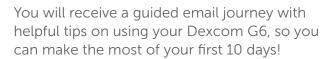
Before you start, activate your Hello Dexcom by scanning the QR code on the right or visit **dexcom.com/hello**.

You will receive a guided email journey with helpful tips on using your Dexcom G6, so you can make the most of your first 10 days!

⚠ Check your smart device† compatibility online at **dexcom.com/compatibility**.

## Getting Started:

**1** **Download and open the** ⬡ **Dexcom G6 app using your compatible smart device†**

Scan for Android app

Scan for iOS app

**2** **A** **Follow on-screen setup instructions**

Sensor code is found on the applicator

Transmitter Serial Number (SN) is found on the box or back of the transmitter

**B** **Insert your sensor and transmitter, then wait 2 hours for sensor warm-up**

⬡ Follow the guided instructions on your Dexcom G6 application

**OR**

**Watch the tutorial on YouTube**

Dexcom Canada - How to insert the sensor and transmitter

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**If you need assistance with your G6 CGM, call 1-844-832-1810 (toll free)**

**Dexcom CARE option 4**
Mon-Fri 9am-5:30pm EST§

Receive personal CGM training and support from certified diabetes educators:
• Getting started on your Dexcom G6
• Sensor insertion steps
• Help using the G6, Follow and CLARITY app features

For complete instructions on how to set up and to use your Dexcom G6, please refer to your Start Here Guide and Using Your G6 Guide

## Overview of your Dexcom G6 and key features:

**11.2** mmol/L
Yellow = High

**5.3** mmol/L
Gray = In Target

**3.7** mmol/L
Red = Low

Glucose reading

10:09
Share

**6.6** mmol/L

⚠ 3.1 mmol/L within 20 minutes

High glucose alert level

Low glucose alert level

8:00    9:00    Now

📖 Events
⚙ Settings

**URGENT LOW SOON ALERT**

Dexcom Share allows up to 5 followers to view your glucose levels

Trend arrow

Trend graph and current glucose reading

Log insulin, carbs, exercise & health related events

Customize your alerts, find help and more

### Trend Arrows

Your trend arrows show you where and how quickly your glucose is changing in the next 30 minutes so you can take action ahead of time.

### Alerts and Alarm

Your alerts and alarm are designed to bring your attention to your glucose levels for when action may be needed.

Change your alert settings from the Dexcom G6 app. Go to **Settings > Alerts**

**For training videos, handy guides, FAQs and more, visit:**

**dexcom.com/en-ca/training-resources**

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**3** **Get the most from your Dexcom G6 by using the following apps**

### Dexcom CLARITY

Receive key glucose metrics, view and download PDF reports, authorize data sharing with your healthcare professional and more.

Scan for Android app          Scan for iOS app

### Dexcom Follow‡ (Friends and Family app)

Up to 5 people can follow your glucose levels, giving you the support you need. Ask your loved ones to download the Dexcom Follow‡ app.

Scan for Android app          Scan for iOS app

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## Have more questions? Call 1-844-832-1810 (toll free)

### Customer Service option 1

Mon-Fri 9am-8pm EST§

Sales and phone order support, phone compatibility help

### Insurance Support option 2

Mon-Fri 10am-8pm EST§

Our dedicated team can easily verify the insurance opportunities available to you

### Technical Support option 3

24/7

Assistance with product questions and troubleshooting

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**dexcom**