

# dexcomG6

## Using Your G6

- Welcome
- Home Screen Overview
- Alarm and Alerts
- Treatment Decisions
- Starting a New Sensor or Transmitter
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# Chapter 1: Welcome!

Congratulations on making the Dexcom G6 Continuous Glucose Monitoring (CGM) System (G6) part of your life!

## 1.1 Get Started

To set up your G6, use the instructions in your Start Here guide or follow the steps in the tutorial (available at [dexcom.com/downloadsandguides](https://dexcom.com/downloadsandguides)).



Both the tutorial and this guide, *Using Your G6*, introduce you to the home screen, guide you through making treatment decisions, and show you how to end your sensor session. In addition, this guide shows you how to customize your alert sounds, use Dexcom Share (Share) and Dexcom Follow (Follow), and make an alert schedule on your app.

Images in this guide are representational. Your materials may look different.

## 1.2 What is New for G6

### Dexcom's G6 features include:

- No fingerstick calibrations!
- Wear sensor for 10 days
- Urgent Low Soon Alert
- Paracetamol/acetaminophen blocking
- New App features
- New sensor applicator
- Streamlined transmitter and transmitter holder
- See your G6 information on your smart watch and the new optional receiver

### No Fingerstick Calibrations

With the G6, there is no need to calibrate! After entering the sensor code, you will not receive any calibration prompts.

### 10 Day Sensor Session

Your sensor session lasts 10 days! Settings show when your session will be over so you can plan ahead.

### Urgent Low Soon Alert

The Urgent Low Soon Alert lets you know when your glucose is falling so fast it will drop to 3.1 mmol/L in less than 20 minutes. This gives you time to prevent yourself from going too low.

### Paracetamol/Acetaminophen Blocking

Previously, paracetamol/acetaminophen could affect your readings, making them look higher than they really were. With the G6, you can take paracetamol/acetaminophen and still use the G6 readings. Taking higher than the maximum dose of paracetamol/acetaminophen (> 1 gram every 6 hours in adults) may affect sensor readings and make them look higher than they really are.

## New App Features

Use your app to create a night-time schedule, so you only hear your G6 alarm/alerts, not every email or text notification your phone gets.

## Sensor Applicator

Inserting a sensor has never been easier! The redesigned sensor applicator lets you insert a sensor quickly and easily.

## Streamlined Transmitter Holder and Transmitter

The redesigned transmitter and its holder have a lower profile. In addition, after your sensor session is over, you can easily break open the transmitter holder to remove the transmitter.

## Support for Smart Watches and New Optional Receiver

You have options for how you view your information. You can use the app, the new receiver with a touchscreen, Apple Watch, and Android Wear.

# Chapter 2: Safety Statements

## Dexcom G6 Safety Statements

### Indications for Use

The Dexcom G6 Continuous Glucose Monitoring System (Dexcom G6 System or G6) is a glucose monitoring system indicated for persons age 2 years and older, including pregnant women. The Dexcom G6 System is designed to replace fingerstick blood glucose (BG) testing for treatment decisions.

Interpretation of the Dexcom G6 System results should be based on the glucose trends and several sequential readings over time. The Dexcom G6 System also aids in the detection of episodes of hyperglycemia and hypoglycemia, facilitating both acute and long-term therapy adjustments.

The Dexcom G6 System is intended for use by patients at home and in healthcare facilities.

### Important User Information

Please review the product instructions before using the G6. Indications, contraindications, warnings, precautions, risks and benefits, and other important user information can be found in the product instructions that are included with the G6. You and your healthcare professional must discuss how you should use the information displayed on the G6 to help manage your diabetes. Getting familiar with the system could take days, weeks, or even months. The product instructions contain important information on troubleshooting the G6 and on the performance characteristics of the system.

We do not recommend continuous glucose monitoring for people who cannot or will not:

- Use their BG meter to test their blood glucose if prompted by the CGM or if their symptoms do not match G6 readings
- Keep in touch with their healthcare professional about diabetes management

## Contraindication

- **No MRI/CT/Diathermy – MR Unsafe** 

Do not wear your CGM (sensor, transmitter, receiver, or smart device) for magnetic resonance imaging (MRI), computed tomography (CT) scan, or high-frequency electrical heat (diathermy) treatment.

The G6 has not been tested in those situations. The magnetic fields and heat could damage the components of the G6, which may cause it to display inaccurate G6 sensor glucose readings (G6 readings) or may prevent alerts. Without G6 readings or alarm/alert notifications, you might miss a severe low or high glucose event.

## Warnings

- **Read User Materials**

Before you use your G6, carefully read the materials included with it. If you do not, you might:

- Not use the G6 correctly
- Not understand G6 information
- Affect how well it works

- **Do Not Ignore Low/High Symptoms**

Do not ignore how you feel. If your glucose alerts and G6 readings do not match what you are feeling, use your blood glucose meter (meter) to make diabetes treatment decisions or, if needed, seek immediate medical attention.

When in doubt, get your meter out.

- **No Number, No Arrow, No CGM Treatment Decision**

If your G6 does not show a number or arrow, or your G6 readings do not match your symptoms, use your meter to make diabetes treatment decisions.

No number, no arrow, no treatment decision. When in doubt, get your meter out.

- **Do Not Use If...**

Do not use the G6 if you are on dialysis or critically ill. It is not known how different conditions or medications common to these populations may affect performance of the system. G6 readings may be inaccurate in these populations.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.



## Precaution

- **Hydroxyurea Precaution**

If you are taking hydroxyurea, your G6 readings may be falsely elevated and result in missed hypoglycemia alerts or errors in diabetes management decisions. The level of inaccuracy depends on the amount of hydroxyurea in your body. Use your meter.

- **Avoid Sunscreen and Insect Repellent**

Some skin care products, such as sunscreens and insect repellents, can make the plastic used in your G6 crack. Before using your G6, make sure there are no cracks in your receiver, transmitter, and transmitter holder. If you find a crack, please contact your local Dexcom representative. Do not allow these skin care products to contact your G6. After using skin care products, wash your hands before touching your G6. If any skin care products get on your G6, immediately wipe with a clean cloth.

## Start Up Safety Statements

### Warnings

- **Use Meter During Startup**

When you start a new sensor, you will not get any G6 readings or alarm/alerts until you enter your sensor code or two calibrations. Use your meter to make treatment decisions during the 2-hour sensor warmup period.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

### Precautions

- **Use Correct Sensor Code**

When you start a new sensor, you must enter a code into your display device to use the G6 without fingerstick calibrations. Each sensor has its own code printed on the back of the adhesive patch. Do not use a code from a different sensor or make up a code. If you do not enter the correct code, your sensor will not work as well and could be inaccurate. If you lost the sensor code, you may calibrate the G6 using fingersticks.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Calibration Safety Statements

Calibration is not required if users enter a sensor code. If users do not enter a sensor code, the following warnings and precautions apply.

### Warnings

- **Do Not Wait – Calibrate!**

If you have not used the calibration code, you must manually calibrate your G6 daily, using values obtained from a blood glucose meter and fingersticks. You must calibrate immediately when the G6 notifies you. If you have not calibrated when notified, your G6 may not be accurate, so use your glucose meter to make treatment decisions until you calibrate your G6.

- **Use Fingertips**

Use fingertips to calibrate from your BG meter. Blood from other places may be less accurate and not as timely.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

### Precautions

- **Be Accurate, Be Quick.**

Enter the exact BG value displayed on your meter within five minutes of using your meter. Do not enter the G6 reading as a calibration.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## System/Hardware/Software Safety Statements

### Warnings

- **Sensor Wire Breaks Off**

Do not ignore broken or detached sensor wires. A sensor wire could remain under your skin. If this happens, please contact your local Dexcom representative.

If a sensor wire breaks off under your skin and you cannot see it, do not try to remove it. Contact your healthcare professional as soon as possible. Also seek professional medical help right away if you have symptoms of infection or inflammation – redness, swelling, or pain – at the insertion site.

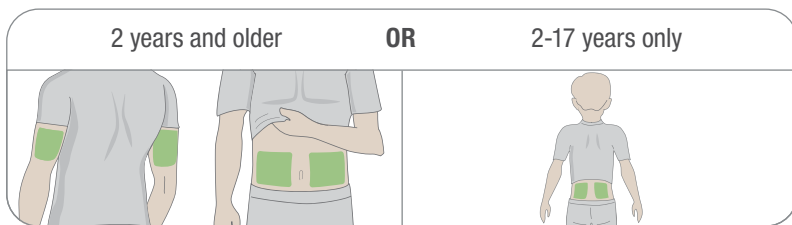
- **Where to Insert: Belly, Back of Arms, or Buttocks?**

All patients can use their bellies or back of upper arms. Patients 2 to 17 years old can also choose their upper buttocks. Look for a place on your belly, back of upper arms, or upper buttocks where you have some padding.

The sensor is not tested or approved for other sites. Talk to your Healthcare Professional about the best site for you.

Ages 2-17 years: Insert in your belly, back of upper arms, or upper buttocks

Ages 18 and older: Insert in your belly or back of upper arms



- **Where to Store**

You can store your sensors at room temperature or in your refrigerator – as long as it is between 2°C and 30°C. Do not store sensors in the freezer.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Precautions

- **Do Not Start Sensor Past Use By Date**

Do not start a sensor past its Use By date because it may give incorrect results.

The Use By date is in YYYY-MM-DD (Year-Month-Day) format on the sensor package label beside the hourglass symbol.

- **Check Package**

Do not use sensor if its sterile package has been damaged or opened, because it might cause an infection.

- **Clean and Dry Skin**

Clean and dry your hands and your insertion site before inserting your sensor.

Wash your hands with soap and water, not gel cleaners, and then dry them before opening the sensor package. If your hands are dirty when you insert the sensor, you may get germs on the insertion site and get an infection.

Clean your insertion site with alcohol wipes to prevent infections. Do not insert the sensor until your skin is dry. If your insertion site is not clean and completely dry, you run the risk of infection or the transmitter holder not sticking well.

Make sure you do not have insect repellent, sunscreen, perfume, or lotion on your skin.

- **Where to Insert: Things to Check**

Keep the safety guard on until you put the G6 applicator against your skin. If you remove the safety guard first, you may hurt yourself by accidentally pushing the button that inserts the sensor before you mean to.

Change your insertion site with each sensor. Using the same site too often might not allow the skin to heal, causing scarring or skin irritation.

Sensor placement is important. Choose a site:

- At least 8 cm from insulin pump infusion set or injection site
- Away from waistband, scarring, tattoos, irritation, and bones
- Unlikely to be bumped, pushed, or laid on while sleeping

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Transmitter Safety Statements

### Warnings

- **Inspect**

Do not use a damaged or cracked transmitter. A damaged transmitter could cause injuries from electrical shocks and may make the G6 not work correctly.

- **Use as Directed**

The transmitter is small and may pose a choking hazard. Do not put it in your mouth or let children hold it without adult supervision.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Precautions

- **Reuse – Do Not Throw Away**

When ending a session, do not throw away the transmitter. The transmitter is reusable until the G6 notifies you that the transmitter battery is about to expire.

For Healthcare Professionals: Please see cleaning and disinfection instructions in Professional Use Instructions.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## System Safety Statements

### Precautions

- **Treatment Decisions**

Use your G6 reading and trend arrow to make treatment decisions.

- **Use Correct Transmitter, Receiver, and Sensor**

G6 components are not compatible with any previous Dexcom products. Do not mix transmitters, receivers, and sensors from different generations.

- **Going Through Security Check Point**

When wearing your G6, ask for hand-wanding or full-body pat-down and visual inspection instead of going through the Advanced Imaging Technology (AIT) body scanner (also called a millimeter wave scanner) or putting any part of the G6 in the baggage x-ray machine.

You can wear the G6 for the walk-through metal detector. If you do, use your meter for treatment decisions until you leave the security area.

Because we have not tested every x-ray and scanner, we do not know if they damage the G6.

Not sure what kind of machine it is? Be safe – request either hand-wanding or full-body pat-down.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

# Display Device Safety Statements

## Precautions

- **Keep Transmitter Close to Display Device**

Keep your transmitter and display device within 6 meters with no obstacles (like walls or metal) between them. Otherwise, they might not be able to communicate. If water is between your transmitter and the display device – for example, if you are showering or swimming – keep them closer to each other. The range is reduced because *Bluetooth*<sup>®</sup> does not work as well through water.

- **Get Alarm/Alerts on Display Device You Use**

To get your alarm/alerts, set them on the display device you use. Your receiver will not get the alarm/alerts you set on your app. Likewise, your app will not get the alarm/alerts you set on your receiver.

- **Is It On?**

If the receiver or smart device is turned off (shut down), it will not show G6 readings or alarm/alerts. Make sure your display device is turned on.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

# Smart Device Safety Statements

## Warnings

- **Check Settings**

If your smart device is on mute and you have the Always Sound setting turned on (the default setting) only these notifications make a sound (when Sound setting isn't Vibrate Only):

- Glucose Alarm/Alerts:
  - Urgent Low
  - Urgent Low Soon
  - Low Glucose
  - High Glucose
  - Rise Rate
  - Fall Rate
  - No Readings Alert

- System Alerts:
  - Calibration Required (after 2-hour sensor warmup, only appears when a sensor code is not used)
  - Calibration Error (only appears when a user enters a calibration; calibration is not required)
  - Sensor Expired
  - Sensor Failed (This issue may happen any time during a sensor session.)
  - Transmitter Failed
  - No Storage Error
  - App Stopped
- Exceptions:
  - Repeats: Some notifications are silent during the first visual and vibrate notification and then make a sound on the second notification. If you do not clear the alert, it repeats at half volume after 5 minutes and at full volume after 10 minutes.
  - *Bluetooth*: When using *Bluetooth* headphones, speakers, etc., your alarm/alerts may sound on your primary smart device or on the accessory. Each accessory is different. Test yours so you know where you will hear your alarm/alerts.
- Notifications:
  - Make sure your smart device settings allow Dexcom app notifications to show on your lock screen. This will allow you to see notifications without unlocking your phone.
  - During G6 setup, enable Dexcom app notifications or you will not get alarm/alerts.
  - Battery: The app must always be running in the background and may drain your smart device battery. Keep the battery charged.

- **Compatibility:** Before upgrading your smart device or its operating system, check [dexcom.com/compatibility](https://www.dexcom.com/compatibility). Automatic updates of the app or your device operating system can change settings or shut down the app. Always update manually and verify correct device settings afterward.

While connected to the internet, the app checks periodically and will display a message if it's not compatible (or no longer compatible) with your phone or your phone's operating system (OS). The message may include a timeframe for updates.

- **Time:** Let the date and time on your smart device automatically update when you travel across time zones or switch between standard and daylight-saving times. Do not manually change your smart device time, because it can make the time on the trend screen wrong and the app may stop displaying data.
- **Android users must allow Do Not Disturb Permission to use the app.**

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Precautions

- **Secure internet:**

Only use a cellular internet connection, a trusted Wi-Fi network (like your home or office), or use a secure internet connection such as a VPN service when using your Dexcom G6 system.

Don't use unsecured public Wi-Fi such as guest networks in others' homes, restaurants, schools, libraries, hotels, airports, airplanes, etc. Those could expose your Dexcom G6 system to viruses or hacking.

- **Check Accessory Devices**

Do you use headphones with your smart device? What about *Bluetooth* speakers or a smart watch? When using accessories, keep in mind you may get your alarm/alerts on only one device or accessory, not all. After connecting any accessory devices, make sure that your smart device settings allow you to continue receiving alarms or alerts.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.



## Receiver Safety Statements

### Warnings

- **Do Not Use if Damaged**

Do not use a receiver that is damaged or cracked. A damaged receiver could cause injuries from electrical shocks and may make the G6 not work correctly.

- **Use Cable as Directed**

Use USB cable only as directed, and store safely. Misuse of the USB cable can be a strangulation risk.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

### Precautions

- **Test Speaker and Vibrations**

You have to hear or feel alarm/alerts to react to them, so test your receiver speaker and vibrations regularly.

To make sure the speaker and vibrations work, plug in the receiver to charge. The Speaker Test screen appears for a few seconds. Follow the directions on the screen to test the speaker and vibrations. If you hear and feel them, great! But if it does not beep and vibrate – perhaps it got wet or was dropped – contact your local Dexcom representative.

- **Keep Clean and Dry**

Do not submerge your receiver in water and do not get dirt or water in the USB port. That could damage it.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Dexcom Share Safety Statements

### Important User Information

Dexcom Share (Share) lets you send your sensor information from your app to your Followers' smart devices! Read the indications, warnings, and precautions below to find out how you can safely use this app feature.

# Share and Managing Your Diabetes Safety Statements

## Indications for Use

- **Keep Followers Informed**

Use Share to send your sensor information from your smart device to your Followers' smart devices.

- **Use as Secondary Notice**

The information on your smart device is sent directly from your G6 transmitter. After it is on your device, Share sends it to your Followers. So your Followers' information is always older than yours. Use your current information to manage your diabetes, not your Followers' possibly outdated information.

Your Followers can use the information they get to reach out to you and support you in managing your diabetes. The information they get is not meant to be used for treatment decisions, analysis, or teaching. Followers cannot change your information.

## Warnings

- **Use Your G6 to Make Treatment Decisions**

Do not use Share information for treatment decisions, like treating for a low or dosing for a high. Use the sensor information on your G6 instead.

- **Take Healthcare Professional Advice**

Has your healthcare professional given you self-monitoring tasks? You should keep doing them. Having Followers does not replace medical advice.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

# Share Setup and Settings Safety Statements

## Warning

- **Followers Must Follow and You Must Share**

You have to turn Share on to make it send your sensor information to your Followers. Followers have to download the Dexcom Follow app to see what you send.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

## Precautions

- **Followers Do Not Manage Your Diabetes, You Do**

Do not rely on your Followers to let you know you need to make a treatment decision. Stay on top of your diabetes management. Look at your G6 often. Respond to alarm/alerts. Do not wait for a Follower to reach out – they may not be getting your sensor information because of a technical issue.

- **Check Your Smart Device and Your Followers' Smart Devices**

- Internet access required: Both smart devices need to be connected to the Internet to use Share. Try sending your Follower an email from your device. If your Follower gets it on their device, both smart devices are connected.
- Batteries charged: Make sure the smart device batteries are charged. If either your or your Followers' smart device batteries are not charged, Share will not work.

- **Check Your Smart Device**

App on: Whenever you power on your smart device, tap the G6 app to open it. If the app is not open, Share will not work.

- **Check Followers' Smart Devices**

- Sounds on: Followers must keep their smart device volume on, or at least keep the vibration on, so they can hear and/or feel alarm/alerts. Smart device settings trump Follow app settings.
- Sharing gaps: Followers will not get your sensor information when their smart device is off, not connected to the Internet, or in Do Not Disturb or Airplane mode. When the Followers fix those issues, missing information will backfill and they will resume getting information.

- Cell carrier supports simultaneous voice and data: Most cell service carriers support using voice and data at the same time. Check yours and have Followers check theirs. If it is not supported, Share will not work during phone calls. Share will restart when the call is over and send any waiting notifications.
- **Customize Share So Followers Can Support You**
  - Customize Share to make sure your Followers have the information they need to help you manage your diabetes.
  - Delay feature: Your Follower will not get notified until after the delay time you set.
  - Not Share feature: You can stop sharing with a Follower any time by choosing Not Share. That Follower will stop getting any of your sensor information until you choose to share again.

Follow G6 instructions. If you do not, you could have a severe low or high glucose event.

# Chapter 3: Home Screen Overview

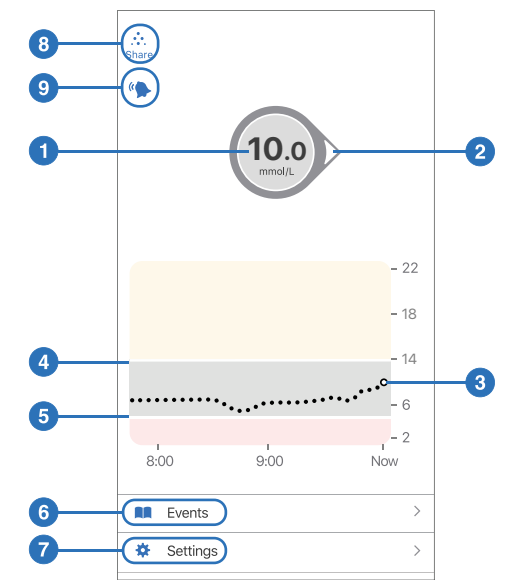
You will spend most of your time on the home screen. It gives you your G6 sensor glucose readings (G6 readings) and trend information and gets you to other G6 functions.

The next section describes the home screen features. Later we review how to interpret your G6 readings, trend arrows, and graph, followed by how to navigate to other functions.

## 3.1 Home Screen Features

Below are home screens from the Apple app, Android app, and receiver. While the sensor glucose information is the same, navigation is slightly different.

For a list of current compatible smart devices and operating systems, go to: [dexcom.com/compatibility](http://dexcom.com/compatibility).

Key	Apple
<p><b>Number and Arrow</b></p> <ol style="list-style-type: none"><li>1. G6 Reading</li><li>2. Trend Arrow</li></ol> <p><b>Graph</b></p> <ol style="list-style-type: none"><li>3. Current G6 Reading</li><li>4. High Alert Level</li><li>5. Low Alert Level</li></ol> <p><b>Navigation and Status</b></p> <ol style="list-style-type: none"><li>6. Events</li><li>7. Settings</li><li>8. Share</li><li>9. Always Sound status</li></ol>	 <p>The screenshot shows the Apple app home screen. At the top, there are two icons: a 'Share' icon (8) and an 'Always Sound' icon (9). The main display features a large circular glucose reading of 10.0 mmol/L (1) with a right-pointing trend arrow (2). Below this is a graph showing glucose levels over time, with a yellow shaded area for the high alert level (4) and a pink shaded area for the low alert level (5). The x-axis is labeled with 8:00, 9:00, and Now. At the bottom, there are two menu items: 'Events' (6) and 'Settings' (7).</p>

## Key

## Android

### Number and Arrow

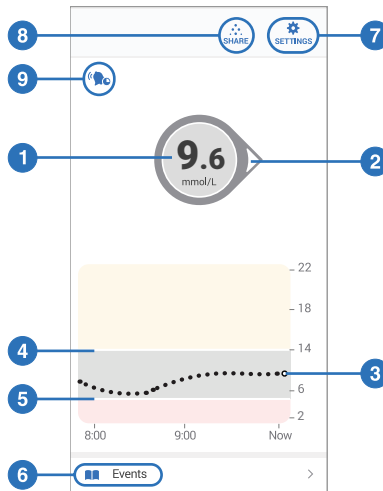
1. G6 Reading
2. Trend Arrow

### Graph

3. Current G6 Reading
4. High Alert Level
5. Low Alert Level

### Navigation and Status

6. Events
7. Settings
8. Share
9. Always Sound status



## Key

## Receiver

### Number and Arrow

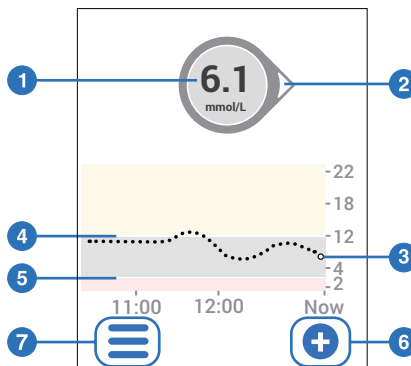
1. G6 Reading
2. Trend Arrow

### Graph

3. Current G6 Reading
4. High Alert Level
5. Low Alert Level

### Navigation

6. Add Event
7. Menu



Be sure your fingers are dry when you touch the receiver screen.

## 3.2 G6 Reading, Trend Arrow, and Graph

### Where You Are Now

On the home screen, numbers and color tell you where you are now. The number is your G6 reading. It updates every 5 minutes. The number background color shows whether your G6 reading is low, high, or in your target range.



Red = Low



Yellow = High



Gray = In Target

The number background color is also red when your glucose is falling so fast you will be at or below 3.1 mmol/L within 20 minutes (see Urgent Low Soon Alert).

### Where You Are Going

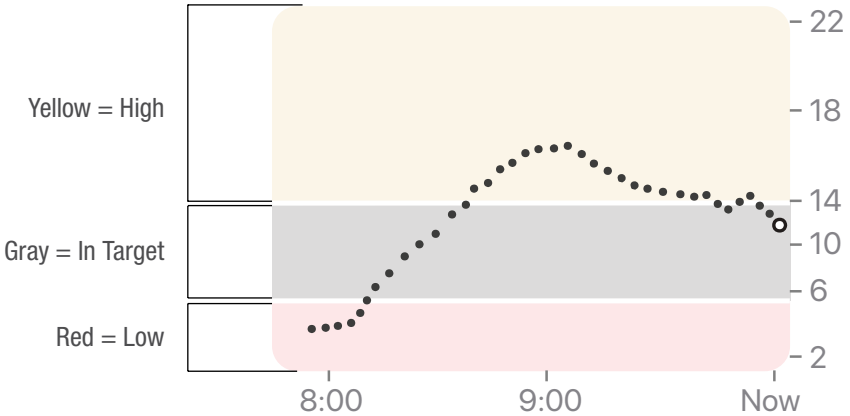
To know where you are going, look at your trend arrows.

Trend Arrows	Where Your Glucose Is Going	
	<b>Steady</b>	Changing up to: <ul style="list-style-type: none"> <li>• 0.06 mmol/L each minute</li> <li>• 1.8 mmol/L in 30 minutes</li> </ul>
	<b>Slowly rising or falling</b>	Changing: <ul style="list-style-type: none"> <li>• Between 0.06–0.1 mmol/L each minute</li> <li>• Up to 3.4 mmol/L in 30 minutes</li> </ul>
	<b>Rising or falling</b>	Changing: <ul style="list-style-type: none"> <li>• Between 0.1–0.2 mmol/L each minute</li> <li>• Up to 5 mmol/L in 30 minutes</li> </ul>
	<b>Rapidly rising or falling</b>	Changing more than: <ul style="list-style-type: none"> <li>• 0.2 mmol/L each minute</li> <li>• 5 mmol/L in 30 minutes</li> </ul>
	<b>No arrow</b>	Cannot determine trend

## Where You Have Been



The dot on the right is the current G6 reading. The dots to the left are G6 readings taken earlier.

The graph background colors show where your G6 readings are:

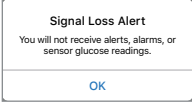
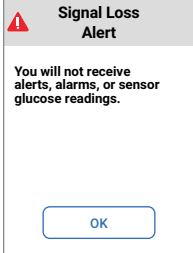


## Home Screen Issues

Sometimes you do not get G6 readings or you do not see a number, just a message.

What You See	What It Means
	Your G6 reading is below 2.2 mmol/L
	Your G6 reading is above 22.2 mmol/L









What You See		What It Means
<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p>An error message means your G6 is not working and you will not get alarm/alerts or G6 readings. (See Appendix A Troubleshooting.)</p>

### 3.3 Home Screen Navigation and Status Icons

You can access other G6 features using the navigation icons.

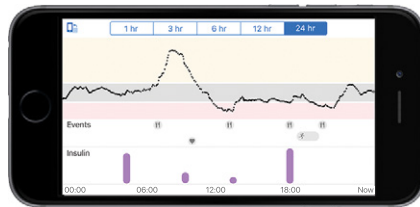
The app and receiver home screen navigation icons are almost the same. The app has extra features.

Icon	Description
	<p><b>Share icon (app only):</b> Lets you send your glucose information to your Followers. See Chapter 7 Advanced App Features for more information.</p>
	<p><b>Always Sound icon (app only):</b> Lets you control whether your alarm/alerts will sound even when your phone is on mute/Do Not Disturb. To change it, go to Settings. See Chapter 7 Advanced App Features for more information.</p>

Icon		Description
<p>App</p>  <p>Events</p>	<p>Receiver</p> 	<p><b>Events/Add Event:</b> Lets you record insulin, carbs, exercise, and health-related events.</p>
<p>App</p>  <p>SETTINGS</p>	<p>Receiver</p> 	<p><b>Settings/Menu:</b> Lets you edit alerts, find help, change settings, customize sounds, and more.</p>

### 3.4 See Past G6 Readings

On the app, to see your graph over 1, 3, 6, 12, and 24 hours (with events), turn your smart device on its side (for landscape view) and tap the tabs at the top of the screen.



On the receiver, tap the graph to switch between 1-, 3-, 6-, 12-, and 24-hour views.

# Chapter 4: Alarm and Alerts

Your alarm and alerts help you stay in your target range. They sound and/or vibrate when you:

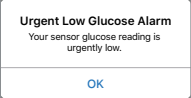
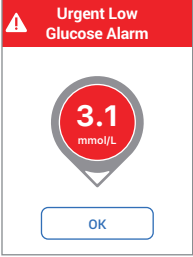
- Are out of your target range
- Are at or below 3.1 mmol/L
- Will be at 3.1 mmol/L in less than 20 minutes

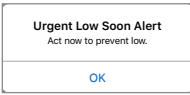
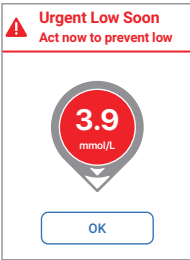
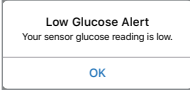
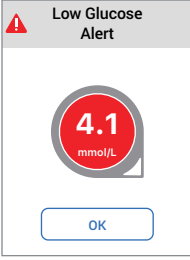
The alarm/alert vibrations feel the same as notifications you get from other apps on your smart device. The only way to know if it is from your G6 is to look at your smart device.

Keep your alerts on: They are an important part of making G6 treatment decisions. You should talk to your healthcare professional about the best Low and High Alert settings for you.

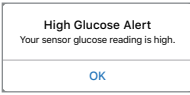
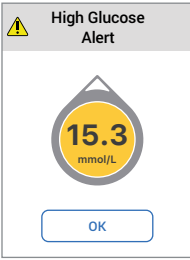
When using both the app and the receiver at the same time, change alert settings and confirm alarm/alerts on each device.

## 4.1 Low Alarm and Low Alerts

What You See		What It Means
<b>App</b> 	<b>Receiver</b> 	<b>Urgent Low Alarm</b> Lets you know when your sensor glucose is at or below 3.1 mmol/L. You cannot change or turn off your Urgent Low Alarm.

What You See		What It Means
<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p><b>Urgent Low Soon Alert</b></p> <p>Lets you know you are falling <b>fast</b>. You will be at or below 3.1 mmol/L within 20 minutes regardless of where you are now.</p> <p>You can change your Urgent Low Soon alert:</p> <ul style="list-style-type: none"> <li>• On by default; can be turned off</li> <li>• Choose sound</li> </ul>
<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p><b>Low Glucose Alert (Low Alert)</b></p> <p>Lets you know your G6 reading is below your target range, but you are not falling fast enough to get an Urgent Low Soon Alert.</p> <p>You can change your Low Alert:</p> <ul style="list-style-type: none"> <li>• On by default; can be turned off</li> <li>• Choose the alert level and sound</li> </ul>

## 4.2 High Alert

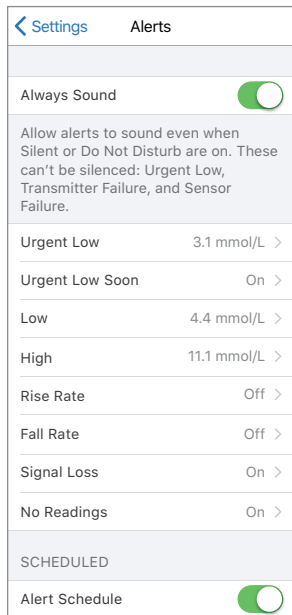
What You See		What It Means
<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p><b>High Glucose Alert (High Alert)</b></p> <p>Lets you know when your G6 sensor reading is above your target range.</p> <p>You can change your High Alert:</p> <ul style="list-style-type: none"> <li>• On by default; can be turned off</li> <li>• Choose the alert level and sound</li> </ul>

## 4.3 Changing Alerts

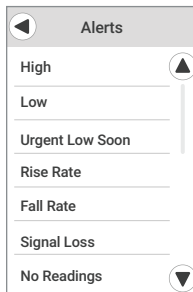
You should talk to your healthcare professional before changing your alert settings. They can help you find the best settings to manage your diabetes without getting too many alerts.

Go to **Settings > Alerts** (Receiver: **Menu > Alerts**) and tap an alert to change it.

### App

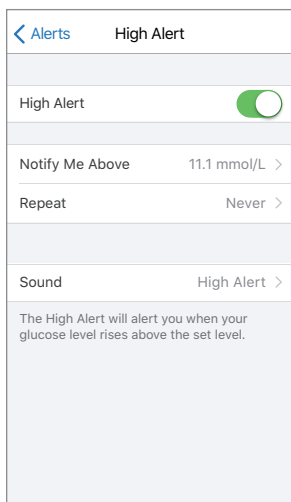


### Receiver








## Customizing Alert Sounds

You can pick alert sounds that work best for you. In the app, tap Sound from the alert to pick a different sound for that alert.



Unlike the app, you choose one sound for all of your alarm/alerts in the receiver's Sound menu. This list shows the different alarm/alert sounds available on the receiver, starting with the quietest.

Icon	Receiver Sound
	Vibrate only Exceptions: Urgent Low Glucose Alarm, Urgent Low Soon Alert, Sensor Failure, and Transmitter Failure always beep and vibrate.
	Quiet
	Medium

Icon	Receiver Sound
	<p>Attentive</p> <ul style="list-style-type: none"> <li>• Rising tune for High and Rising Alerts</li> <li>• Falling tune for Low and Falling Alerts</li> </ul>
	<p>Hypo Repeat</p> <ul style="list-style-type: none"> <li>• Medium sound</li> <li>• Repeats Urgent Low Alarm and Urgent Low Soon Alert every 5 seconds</li> </ul>



Tap Test Sound to sample the sound you picked. This does not select a sound; it just lets you hear it.

## Use Alerts to Achieve Goals

You should talk with your healthcare professional to customize your alerts to help you achieve your goals. For example, are you worried about insulin stacking – taking doses too close together?

To use your G6 as a tool for watching and waiting – and avoiding insulin stacking – your healthcare professional should advise you to turn on the Repeat feature in your High Alert setting. That way, when you get a High Alert and confirm it, you will be re-alerted after the time you set in Repeat until your G6 readings go back in your target range. That reminds you to check your G6 readings later to make sure you come down.

The screens below show a High Alert Repeat at 2 hours. After you get your High Alert, 2 hours later, if you never get back into your target zone, your High Alert repeats to let you know you are still high and might want to take more insulin. On the other hand, if the 2 hours pass and you are back in your target range, your High Alert will not repeat.

## App

Repeat Every	2 hr, 0 min
0	
1	
<b>2</b>	<b>00</b>
3	05
4	10
	15

## Receiver

High Repeat

120  
minutes

Save

Changes you make to alerts in your app are not reflected in your receiver and vice versa. If you want the alerts to be the same, you need to make changes to both devices.



# Chapter 5: Treatment Decisions



With Dexcom, you can make treatment decisions without using your blood glucose (BG) meter (meter).

Whether you are new to Dexcom or experienced, you should keep using your meter to make treatment decisions until you know how Dexcom works for you. Do not rush! It may take days, weeks, or months for you to gain confidence in using your CGM to make treatment decisions.

Sometimes you must use your meter instead of the G6. And other times it is best not to treat, just watch and wait.

Work with your healthcare professional to put together a plan for making treatment decisions. Always use your healthcare professional's instructions to treat.

You can keep using your BG meter until you are familiar with your CGM.

Both your BG meter and your CGM give you a number. They measure glucose from different sources (blood and interstitial fluid), so those numbers may be different. And, if you took a lab test at the same time, the lab result may give you a third number. The lab result is considered the most accurate number.

## 5.1 When to Use Meter Instead of G6

If you choose to calibrate or compare your blood glucose value to CGM readings, and you do not prepare properly, your CGM reading may be inaccurate or appear to be inaccurate.

If you are comparing your CGM reading to a blood glucose value, make sure your fingerstick is obtained within 5 minutes of your CGM reading.

Calibration Tips:

- **Clean:** Thoroughly wash and dry your hands before fingersticks. Use soap and water, not gel cleaners. Poorly washed hands are the cause of many meter errors.
- **Finger:** Use fingerstick meter values only. Other sites may be less accurate.

## Meter:



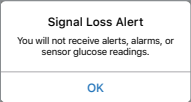
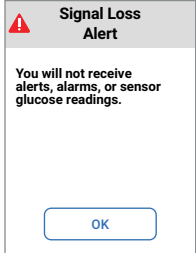
- QC and coded: if your meter requires QC solution or entering a strip code, make sure you have entered the correct and current information.
- Test strips: check the expiration date of test strips, and do not use past the expiration date. Make sure your strips are stored per the manufacturer's directions.
- Authorized Meters: Accuracy of meters is important when calibrating the Dexcom CGM. Dexcom recommends only using meters that compare with the accuracy of meters used during Dexcom clinical studies: Bayer Contour Next USB Meter, the Ascencia Contour Next One Meter, and the Bayer Contour Next EZ Blood Glucose Meter, distributed in the United Kingdom and the United States<sup>1</sup>.
- Accuracy and reliability: if your meter appears to be inaccurate or unreliable, do not use it to calibrate. If adding QC solution and entering strip codes does not improve the meter functionality, replace it or contact your healthcare professional for guidance.
- Same meter: Always use the same meter if you choose to calibrate during your sensor session. Meter and strip accuracy vary between meter brands. Switching within a session might cause CGM readings to be less accurate. Also make sure meter date and time match your display device date and time.
- Instructions: Follow meter use and maintenance instructions exactly.
- Use meter value: Only use your meter for calibrations; never enter readings from your CGM.

<sup>1</sup> *Bayer and Ascencia are third-parties and independent of Dexcom, Inc. Dexcom, Inc. does not recommend, endorse or warrant the products, services, or activities of any blood glucose meter manufacturer.*

Rely on your BG meter for treatment decisions in these situations:

- G6 does not show both a number and arrow.

For example, if your home screen displays any of these:

When you see		Notice
		No number
		No arrow
<b>App</b> 	<b>Receiver</b> 	No number or arrow

In other words, no number, no arrow, no CGM treatment decision.

- Your G6 readings do not match your symptoms.

For example, you do not feel right but your G6 readings show you in target. Wash your hands thoroughly and use your meter. If the meter value matches your symptoms, use the meter value to treat. Then, if you want to align your G6 with your meter, calibrate. You do not have to calibrate, but you can. (See Appendix A Troubleshooting).



In other words, when in doubt, get your meter out.

## 5.2 When to Watch and Wait

There are times when you should not treat at all, just watch and wait.

**Stacking insulin:** Do not stack insulin by taking doses too close together. Wait at least 2 hours between doses so you do not accidentally force your glucose down too low. Sometimes, it is best to watch and wait.



## 5.3 How to Use the Trend Arrows

The trend arrows help you decide how much to dose.



**Up arrow:** Take a little more insulin






**Down arrow:** Take a little less insulin


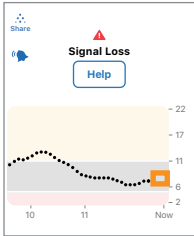

## 5.4 Practice Making Treatment Decisions



Use the examples below to practice making treatment decisions. You should discuss them with your healthcare professional and review:

- When you need to use your meter
- How you can use your G6
- When to watch and wait instead of treat

You can keep using your BG meter until you are familiar with your CGM.

Situation	Solution
<p><b>Early morning:</b> Your Low Alert wakes you up.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>• Number and Arrow: You have both. <ul style="list-style-type: none"> <li>• Number: Your glucose is low – 4.4 mmol/L.</li> <li>• Slowly Falling Arrow: Glucose is falling up to 3.4 mmol/L in 30 minutes.</li> </ul> </li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>• Use your G6 to treat as you normally would.</li> </ul>
<p><b>Breakfast time:</b> Ninety minutes later you are sitting down for breakfast.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>• Number and Arrow: You have both.</li> <li>• Up Arrow: Glucose is rising up to 5 mmol/L in 30 minutes.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>• Use your G6 to treat. Take your normal dose and, because of the up arrow, a little more.</li> </ul>
<p><b>After Breakfast:</b> Thirty minutes after dosing to cover breakfast, you get a High Alert.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>• Insulin: You took insulin less than an hour ago. It takes time to work.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>• Nothing. Watch and wait to avoid stacking insulin. Do not treat for at least another hour and a half.</li> </ul>

Situation	Solution
<p><b>An hour later:</b> You watched and waited.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>Insulin: The insulin you took with breakfast has you back in your target range.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>Nothing. No treatment needed.</li> </ul>
<p><b>Mid-morning:</b> You are about to have a mid-morning snack.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>No Number and No Arrow: You have neither. Notice the gap in G6 readings.</li> <li>Error Message: You are not getting G6 readings.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>Use your meter for treatment decisions.</li> </ul>
<p><b>Lunch time:</b> Three hours later, you are about to dose for lunch.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>Number and Arrow: You have both.</li> <li>Down arrow: Your glucose is falling up to 5 mmol/L in 30 minutes.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>Use your G6 to treat. Because of the down arrow, take a little less.</li> </ul>

Situation	Solution
<p><b>Mid-afternoon:</b> It is 3 hours after lunch.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>• Number and No Arrow: You do not have an arrow.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>• Use your meter for treatment decisions.</li> </ul>
<p><b>Early Evening:</b> Just before dinner, you feel a little shaky and sweaty.</p> <p><b>You see:</b></p> 	<p><b>Think about:</b></p> <ul style="list-style-type: none"> <li>• Symptoms and G6 Reading: Your symptoms do not match your sensor G6 readings.</li> </ul> <p><b>What you should do:</b></p> <ul style="list-style-type: none"> <li>• Thoroughly wash your hands and take a fingerstick. If your meter value matches your symptoms, use it for treatment decisions. Then consider calibrating your G6 to align it to your meter. You do not have to calibrate, but you can.</li> </ul>

## 5.5 Additional Treatment Help

Talk to your healthcare professional about:

- Using the G6 to manage your diabetes
- Setting High and Low alert levels
- Comparing BG meter values and sensor readings
- Fingersticking best practices

References to Online Video Tutorials

**[dexcom.com/downloadsandguides](https://dexcom.com/downloadsandguides)**

You can view videos on the following topics:

- Sensor accuracy
- Getting Started and Setting up the G6 App
- How to Replace Your Sensor
- Inserting Sensor and Attaching Transmitter
- Traveling with your Dexcom CGM

We also have training sessions available online to support your continuous glucose monitoring (CGM) learning experience.



# Chapter 6: Starting a New Sensor or Transmitter

A sensor session lasts up to 10 days. A transmitter is reusable for about 3 months. This section explains how to start a new sensor or transmitter when the current one expires.

If you are inserting your first sensor, follow the instructions in the **Start Here** guide included with your system.

## 6.1 Starting a New Sensor

Your system alerts you when you have 24 hours left in your session, then 6 hours, 2 hours, and finally, 30 minutes. You can start a new sensor session:

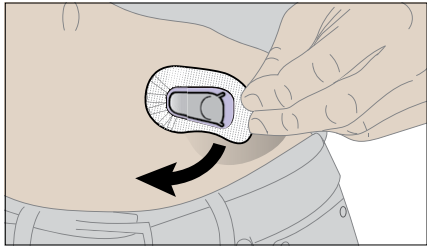
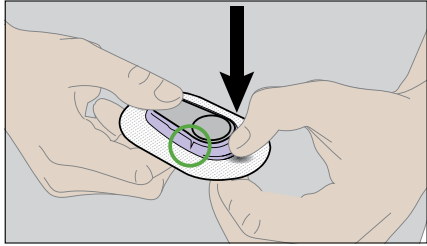
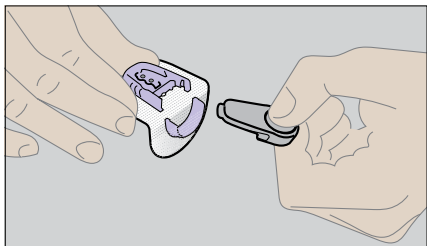
- *Automatically:* Wait until your sensor expires
- *Manually:* End your session early, at your convenience

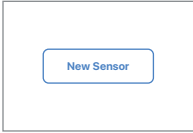
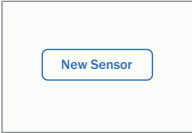
### Automatically Start a New Sensor

Once your sensor expires, you will not get sensor readings until you start a new sensor session. Follow these steps to:

- Remove the sensor from your body
- Remove your transmitter from the holder
- Start a new sensor session

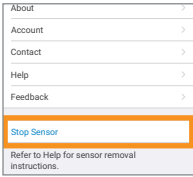
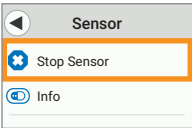
1	<b>App</b> 	<b>Receiver</b> 	G6 lets you know when to replace sensor. Tap <b>OK</b> .

2		<p>Peel off patch from the edge.</p>
3		<p>Break purple transmitter holder at notches.</p>
4		<ul style="list-style-type: none"> <li>• Slide transmitter out of holder.</li> <li>• Keep transmitter to use with next sensor.</li> <li>• Throw out adhesive patch according to your local guidelines for disposal of blood-contacting components.</li> </ul>

5	<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p><b>Tap New Sensor.</b></p> <p>Follow onscreen instructions to:</p> <ul style="list-style-type: none"> <li>• Enter the new sensor code</li> <li>• Insert new sensor and re-attach your current transmitter (instructions are available in the <b>Start Here</b> guide and at <b>dexcom.com</b>)</li> <li>• Start the 2-hour sensor warmup</li> </ul>
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## Manually Start New Sensor

To stop a sensor session early, at your convenience:

1	<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p><b>App:</b> Go to <b>Settings &gt; Stop Sensor</b></p> <p><b>Receiver:</b> Go to <b>Menu &gt; Sensor &gt; Stop Sensor</b></p>
---	---	--	--

Then, to:

- Remove the sensor from your body
- Start a new sensor

Follow the instructions in Automatically Start a New Sensor, beginning at step 2.

## 6.2 Starting a New Transmitter

Remember, your transmitter is reusable for about 3 months. When it is time to pair a new transmitter, you must also start a new sensor session.

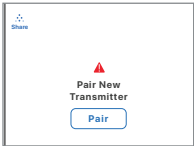

Your system will alert you when you have 3 weeks left and again when you have 2 weeks left. Once you've used the transmitter for its last sensor session, the system tells you to replace your sensor and transmitter.

You can start a new transmitter:

- *Automatically:* Wait until the current transmitter expires
- *Manually:* End it early, at your convenience

### Automatically Start New Transmitter and Sensor

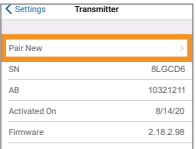
When your transmitter expires, you'll be prompted to pair a new transmitter. Follow these steps:

1	<p><b>App</b></p> 	<p><b>Receiver</b></p> 	<p><b>Tap Pair.</b></p> <p>Follow onscreen instructions to:</p> <ul style="list-style-type: none"><li>• <b>App:</b> Enter the new transmitter SN and new sensor code</li><li>• <b>Receiver:</b> Enter the new sensor code and new transmitter SN</li><li>• Insert new sensor and attach new transmitter (instructions are available in the <b>Start Here</b> guide and at <b>dexcom.com</b>)</li><li>• Start the 2-hour sensor warmup</li></ul>

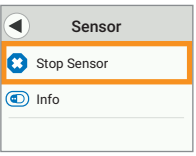
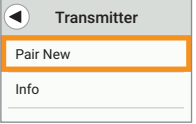
## Manually Start New Transmitter and Sensor

To stop a transmitter early, at your convenience, follow these steps:

### App

1		<p>Go to <b>Settings &gt; Transmitter &gt; Pair New</b></p> <p>Follow onscreen instructions to:</p> <ul style="list-style-type: none"><li>• Stop your sensor</li><li>• Enter the new transmitter SN and new sensor code</li><li>• Insert new sensor and attach new transmitter (instructions are available in the <b>Start Here</b> guide and at <b>dexcom.com</b>)</li><li>• Start the 2-hour sensor warmup</li></ul>
---	---	--

### Receiver

1		<p>Stop your sensor. Go to <b>Menu &gt; Sensor &gt; Stop Sensor</b></p>
2		<p>Got to <b>Menu &gt; Transmitter &gt; Pair New</b></p> <p>Follow onscreen instructions to:</p> <ul style="list-style-type: none"><li>• Enter the new sensor code and new transmitter SN</li><li>• Insert new sensor and attach new transmitter (instructions are available in the <b>Start Here</b> guide and at <b>dexcom.com</b>)</li><li>• Start the sensor and the 2-hour sensor warmup</li></ul>

# Chapter 7: Advanced App Features

## 7.1 Dexcom Share and Follow

You can use Share to invite people (your Followers) to view your current G6 readings and trends on their smart device. (For a list of compatible devices, go to: [dexcom.com/compatibility](https://dexcom.com/compatibility).) Share helps your Followers support you.

### Share and Follow Settings

When using Share or Follow, remember:

- You must keep your G6 app open to share glucose information and alerts with your Followers
- Battery: Keep display devices charged
- Internet:
  - Connect smart devices to the internet
  - Airplane Mode is off
- Voice and data at the same time:

Do the cellular service carriers support voice and data at the same time (simultaneous voice and data)? If not, Share will not send data during phone calls. When your phone call is over, Share will fill in any missing glucose information.

Share and Follow will not work if there is something wrong with the smart device(s). Refer to your smart device instructions for troubleshooting.

## Set Up Share and Invite Followers

To set up Share, tap the Share icon on your app home screen. Then follow the instructions on the screens.

Once you are set up, invite someone to become your Follower by tapping Invite Followers.







You pick what your Follower can see in the Follower Settings screen, however, they can customize their settings in the Follow app.

<a href="#">← Back</a>	<b>Follower's Settings</b>
Set notification settings for Kevin. Kevin can change these settings later.	
<b>Urgent Low</b>	<input checked="" type="checkbox"/>
<b>Notify Below</b>	3.1 mmol/L >
Your Follower will be notified when your sensor glucose reading falls below the Urgent Low notification level.	
<b>Low</b>	<input checked="" type="checkbox"/>
<b>Notify Below</b>	4.4 mmol/L >
<b>For More Than</b>	30 min >
Your Follower will be notified when your sensor glucose reading falls below the Low notification level for the set amount of time.	
<b>High</b>	<input checked="" type="checkbox"/>
<b>Notify Above</b>	11.1 mmol/L >
<b>For More Than</b>	1 hr >
Your Follower will be notified when your sensor glucose reading falls below the High notification level for the set amount of time.	
<b>No More Data</b>	<input checked="" type="checkbox"/>
<b>For More Than</b>	1 hr >
Your Follower will be notified when they stop receiving glucose readings from you.	
Your Follower will not receive:	
• Glucose readings	
• Notifications	
• Trend Graph updates	
<a href="#">Next</a>	

When your Follower settings meet your needs, tap Next and then tap Send Invitation. Share sends your Follower an invitation email.

## Followers Status

The Followers List shows the status of your Followers and lets you invite new ones. Below are the statuses and what they mean:

Status	Description
	Invite new Follower.
	You invited a Follower. They have not accepted yet.
	Follower did not accept invitation within 7 days. To re-invite, tap Add Follower.
	Follower gets notification(s).
	Follower sees trend graph.
	Follower stopped following you.

## 7.2 Dexcom Follow

Your Followers may feel more secure if they get your G6 information almost as soon as you do.

### Additional Follow Recommended Settings

To set up and run Follow, set the Follower's smart device volume:

- Mute/Do Not Disturb is off
- Sound is on

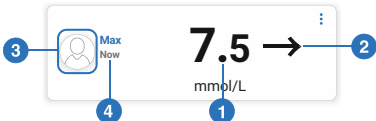
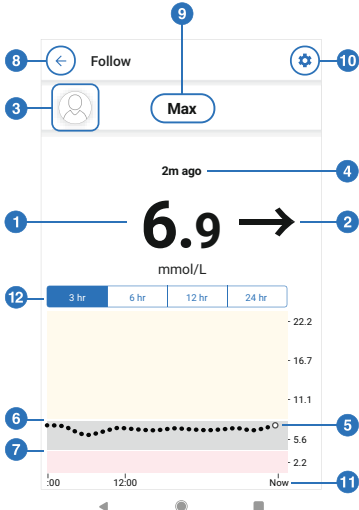


## Follow Setup

1. Follower gets and opens your email invitation on the smart device they will use to follow you.
2. They install and set up the Dexcom Follow app on their smart device.  
The email includes a link to download the app or they can get it from the app store.

Now your Follower sees your G6 information!

## What Followers See

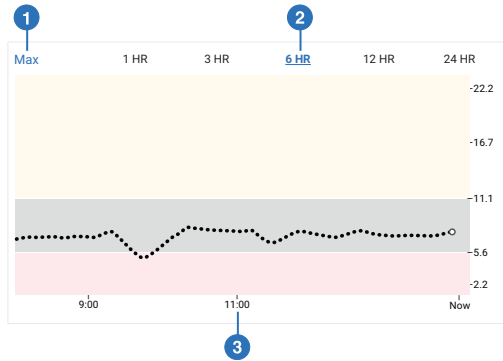
Key	Share Number and Arrow Only
<ol style="list-style-type: none"> <li>1. Sensor Reading</li> <li>2. Trend Arrow</li> <li>3. Sharer's Picture</li> <li>4. Last Updated</li> </ol>	
<ol style="list-style-type: none"> <li>1. Sensor Reading</li> <li>2. Trend Arrow</li> <li>3. Sharer's Picture</li> <li>4. Last Updated</li> <li>5. Trend Graph</li> <li>6. High Notification Level</li> <li>7. Low Notification Level</li> <li>8. Back to Dashboard</li> <li>9. Sharer's Name</li> <li>10. Notification Settings</li> <li>11. Hours Shown</li> <li>12. Views</li> </ol>	

To see up to the last 24 hours of Sharer readings turn the smart device on its side (landscape). Touch and hold on the graph to see details.

## Key

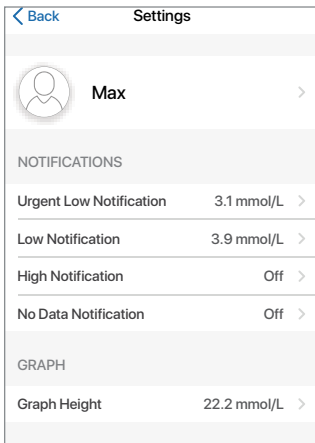
1. Back to Portrait
2. Views
3. Hours Shown

## Trend Graph Landscape View



## Notification Settings

Your Follower can customize notifications. For example, they can change their settings so they know when you go below 3.9 mmol/L for more than 30 minutes. They can also change it to get notified every 2 hours if you stay under 3.9 mmol/L.



The Follower sees when you turn off Share, if they have been deleted, or if sharing stops for any other reason. The Follower can tap the blue help icon next to a Sharer for more information about their status.

If the Sharer is not getting sensor glucose readings, Follow shows their status as Active - No Data. The Follower should ask the Sharer to check their CGM.

There are times when Share information may be out of sync with your G6 information. Always depend on your G6 app to manage your diabetes, not your Followers'.

## 7.3 Control When Alarm/Alerts Sound

When you set up your smart device, the Always Sound icon displays. You can change how Always Sound works in **Settings > Alerts**.

### Using Always Sound

When you are at school or work, you may want your phone sounds to be more discreet. Always Sound, combined with your phone's mute/Do Not Disturb setting, lets you control when you hear your alarm/alerts and your phone's other noises. Icons on your Home screen show what you will hear.

The mute/Do Not Disturb phone setting controls whether you hear phone noises, like text messages and phone calls. When Always Sound is on, you always hear your default and scheduled alerts, no matter what your phone's mute/Do Not Disturb setting is. So at night, you can turn on both Always Sound and mute/Do Not Disturb to avoid hearing anything except your G6 alarm/alerts.

When Always Sounds is on, these icons show on your home screen:



Default Alerts (those you established when you set up the app on your phone or in the Alerts menu)



Scheduled Alerts (described in the next section)

When Always Sound is off, it matters whether your phone is set to mute/Do Not Disturb.

- If mute/Do Not Disturb is also off, you will hear default and scheduled alerts and see these icons on your home screen. You also hear other non-G6 noises from your phone, like calls and texts.



Default Alerts



Scheduled Alerts

- However, if mute/Do Not Disturb is on, you hear only these alerts: Urgent Low Glucose Alarm, Transmitter Failed, Sensor Failed, and App Stopped. You do not hear any other noises from your phone. This may be the right setting combination for you during the school or workday. These icons on your home screen show this state:



Default Alerts



Scheduled Alerts

## 7.4 Alert Schedule

The app Alert Schedule lets you pick how your alarm/alerts notify you at different times and on different days. For example, you may choose to schedule the alarm/alerts to be the only sounds your smart device makes while you sleep.

Alert Schedule lets you set up one additional schedule.

### Using Alert Schedule

When you turn on the Alert Schedule for the first time, your default glucose alert settings are copied into your schedule. The Alert Schedule guides you through creating an additional schedule.

To schedule the alarm/alerts to be the only sounds your smart device makes while you sleep, create a night alert schedule with Always Sound on, like the example below. Then, each night, switch your smart device to mute/Do Not Disturb.

< Settings Alerts	
SCHEDULED	
Alert Schedule	<input checked="" type="checkbox"/>
Always Sound	<input checked="" type="checkbox"/>
Name	Nights >
Time	20:00 - 08:00 >
Days	Every day >
Urgent Low	3.1 mmol/L >
Urgent Low Soon	On >
Low	4.4 mmol/L >
High	11.1 mmol/L >
Rise Rate	Off >
Fall Rate	Off >

When Alert Schedule is on, there are two groups of settings in the Alerts menu: Default and Scheduled.

- Default shows your regular, not scheduled settings
- Scheduled shows any alerts you changed from your default setting

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# Appendix

- [Troubleshooting](#)
- [Extend Your App](#)
- [Dexcom Clarity](#)
- [Taking Care of Your G6](#)
- [Packaging Symbols](#)
- [Warranty](#)
- [Technical Information](#)
- [Professional Use Instructions](#)
- [Risks and Benefits](#)
- [Glossary](#)



# Appendix A: Troubleshooting

This appendix has brief instructions for the most common questions. They are listed in alphabetical order, as shown below:

A.1 Accuracy – G6 Readings Do Not Match Blood Glucose Meter Value

A.2 Accuracy – G6 Readings Do Not Match Symptoms

A.3 Adhesive Patch

A.4 App Shuts Off

A.5 Calibrate Your G6

A.6 Cannot Hear Alarm/Alerts

A.7 Common Alerts

- Calibration and Recalibration Prompts
- No Readings Alert
- Signal Loss Alert
- Transmitter Alert
- Transmitter Battery Low and Last Session Alerts
- Transmitter Not Found Alert

A.8 End Sensor Session Early

A.9 Gap in Graph

A.10 Recharge Receiver

A.11 Start Sensor Session Without Sensor Code

A.12 Water and the G6

For full troubleshooting information, see the frequently asked questions section on the Dexcom website ([dexcom.com](https://www.dexcom.com)), or contact your local Dexcom representative.

Any serious incident that has occurred in relation to this device should be reported to the manufacturer and the competent authority of the Member State in which you are established.



## A.1 Accuracy – G6 Readings Do Not Match Blood Glucose Meter Value

Different body fluids give different numbers:

- BG meter measures glucose from blood
- G6 sensor measures glucose from interstitial fluid

Calibrating may help align your G6 readings to your meter values. (See A.5 Calibrate Your G6.)

## A.2 Accuracy – G6 Readings Do Not Match Symptoms

If you choose to calibrate or compare your blood glucose value to CGM readings, and you do not prepare properly, your CGM reading may be inaccurate or appear to be inaccurate.

If you are comparing your CGM reading to a blood glucose value, make sure your fingerstick is obtained within 5 minutes of your CGM reading.

Calibration Tips:

- Clean: Thoroughly wash and dry your hands before fingersticks. Use soap and water, not gel cleaners. Poorly washed hands are the cause of many meter errors.
- Finger: Use fingerstick meter values only. Other sites may be less accurate.

Meter:

- QC and coded: if your meter requires QC solution or entering a strip code, make sure you have entered the correct and current information.
- Test strips: check the expiration date of test strips, and do not use past the expiration date. Make sure your strips are stored per the manufacturer's directions.

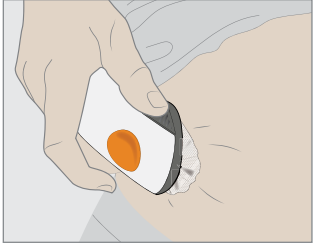
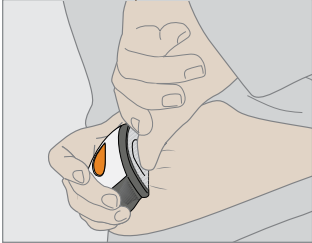
- **Authorized Meters:** Accuracy of meters is important when calibrating the Dexcom CGM. Dexcom recommends only using meters that compare with the accuracy of meters used during Dexcom clinical studies: Bayer Contour Next USB Meter, the Ascencia Contour Next One Meter, and the Bayer Contour Next EZ Blood Glucose Meter, distributed in the United Kingdom and the United States<sup>1</sup>.
- **Accuracy and reliability:** if your meter appears to be inaccurate or unreliable, do not use it to calibrate. If adding QC solution and entering strip codes does not improve the meter functionality, replace it or contact your healthcare professional for guidance.
- **Same meter:** Always use the same meter if you choose to calibrate during your sensor session. Meter and strip accuracy vary between meter brands. Switching within a session might cause CGM readings to be less accurate. Also make sure meter date and time match your display device date and time.
- **Instructions:** Follow meter use and maintenance instructions exactly.
- **Use meter value:** Only use your meter for calibrations; never enter readings from your CGM.

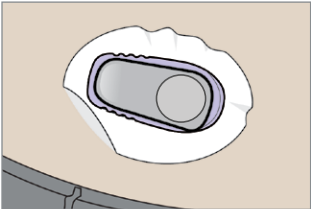
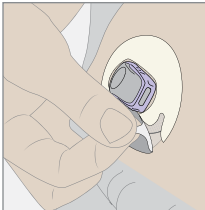
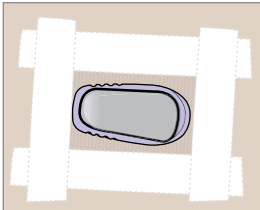
<sup>1</sup> *Bayer and Ascencia are third-parties and independent of Dexcom, Inc. Dexcom, Inc. does not recommend, endorse or warrant the products, services, or activities of any blood glucose meter manufacturer*

If your readings do not match your symptoms:

- Wash your hands with soap and water. Dry them. Then take a fingerstick with your meter. If your meter value matches your symptoms, use it to make treatment decisions.
- Calibrating may help align your G6 readings to your meter values. (See A.5 Calibrate Your G6.)

## A.3 Adhesive Patch

Issue	Solution
<p data-bbox="128 204 434 229"><b>Applicator will not come off</b></p> 	 <ol data-bbox="474 511 955 722" style="list-style-type: none"><li>1. Gently peel off adhesive patch with applicator attached</li><li>2. Check insertion site to make sure the sensor is not left in the skin</li><li>3. Do not reuse applicator</li><li>4. Contact your local Dexcom representative</li></ol>

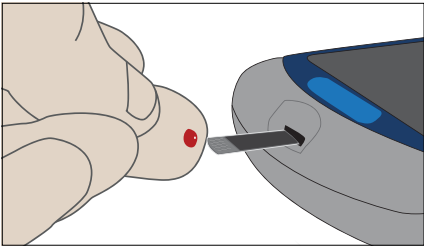
Issue	Solution
<p data-bbox="104 154 359 211"><b>Adhesive patch peeling off body</b></p> 	<p data-bbox="447 154 898 211">After your sensor is inserted, you can reduce peeling by:</p> <ul data-bbox="447 225 932 382" style="list-style-type: none"> <li>• Put Overpatch or medical tape (such as Blenderm) over adhesive patch. Do not cover transmitter. Avoid open wounds.</li> <li>• To order Overpatch, contact your local Dexcom representative.</li> </ul> <div style="display: flex; justify-content: space-around;"> <div data-bbox="447 401 653 608">  <p data-bbox="497 618 602 644">Overpatch</p> </div> <div data-bbox="671 401 932 608">  <p data-bbox="740 618 873 644">Medical Tape</p> </div> </div> <p data-bbox="447 661 908 718">For your next sensor session, you can prevent peeling before inserting your sensor by:</p> <ul data-bbox="447 732 926 932" style="list-style-type: none"> <li>• Making sure your skin is clean and dry before inserting sensor.</li> <li>• Using adhesive products (such as Mastisol<sup>®</sup>, SkinTac<sup>™</sup>) under patch. Avoid spot where needle inserts.</li> <li>• Thoroughly rubbing patch onto skin.</li> </ul>
<p data-bbox="104 952 338 1009"><b>Skin irritation around sensor site</b></p>	<ul data-bbox="447 952 912 1095" style="list-style-type: none"> <li>• Some people are sensitive to the sensor adhesive. If you have significant skin irritation, such as itching, burning, and/ or rashes at the site of the adhesive patch, contact your healthcare professional.</li> </ul>

## A.4 App Shuts Off

If your app shuts itself off, it may be because the smart device's memory or storage is full. To fix this, routinely close open apps that are not in use and delete files you do not use.

## A.5 Calibrate Your G6

Follow these steps to calibrate your G6:

1		<p>After thoroughly washing your hands with soap and water, dry them. Then use your meter to get a meter value.</p>																																																		
2	<table border="1"><thead><tr><th colspan="2">App</th></tr></thead><tbody><tr><td>&lt; Home</td><td>Settings</td></tr><tr><td>Share</td><td>Off &gt;</td></tr><tr><td colspan="2">CGM</td></tr><tr><td>Alerts</td><td>&gt;</td></tr><tr><td>Graph Height</td><td>22.2 mmol/L &gt;</td></tr><tr><td>Insertion Time</td><td>4/23/18, 09:24</td></tr><tr><td>Sensor Expires</td><td>5/3/18, 09:24</td></tr><tr><td>Last Calibration</td><td>4/23/18, 11:38 &gt;</td></tr><tr><td>Transmitter</td><td>804UTY &gt;</td></tr><tr><td>Use Apple Health</td><td>Off &gt;</td></tr><tr><td>Calibrate</td><td>&gt;</td></tr><tr><td colspan="2">SUPPORT</td></tr><tr><td>About</td><td>&gt;</td></tr><tr><td>Account</td><td>&gt;</td></tr></tbody></table> <table border="1"><thead><tr><th colspan="2">Receiver</th></tr></thead><tbody><tr><td>Menu</td><td></td></tr><tr><td>Add Event</td><td></td></tr><tr><td>Alerts</td><td></td></tr><tr><td>Brightness</td><td></td></tr><tr><td>Calibrate</td><td></td></tr><tr><td>Settings</td><td></td></tr><tr><td>Sounds</td><td></td></tr><tr><td>Shutdown</td><td></td></tr><tr><td>Stop Sensor</td><td></td></tr></tbody></table>	App		< Home	Settings	Share	Off >	CGM		Alerts	>	Graph Height	22.2 mmol/L >	Insertion Time	4/23/18, 09:24	Sensor Expires	5/3/18, 09:24	Last Calibration	4/23/18, 11:38 >	Transmitter	804UTY >	Use Apple Health	Off >	Calibrate	>	SUPPORT		About	>	Account	>	Receiver		Menu		Add Event		Alerts		Brightness		Calibrate		Settings		Sounds		Shutdown		Stop Sensor		<p>Tap <b>Calibrate</b> on your G6 menu.</p> <p>Follow onscreen instructions to enter, save, and confirm your meter value.</p>
App																																																				
< Home	Settings																																																			
Share	Off >																																																			
CGM																																																				
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Calibrate	>																																																			
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Calibrate																																																				
Settings																																																				
Sounds																																																				
Shutdown																																																				
Stop Sensor																																																				

Only calibrate in one display device, even if you use both the app and receiver. The transmitter sends calibration information between each.

Only use your meter value for calibrations: never enter readings from your G6.

Do not calibrate when your glucose is changing rapidly – more than .2 mmol/L per minute.

Only calibrate with meter values between 2.2 mmol/L and 22.2 mmol/L.

## A.6 Cannot Hear Alarm/Alerts

### Receiver

Your receiver beeps, vibrates, and displays a message for Urgent Low Alarm, Urgent Low Soon Alert, Sensor Failed Alert, and the Transmitter Alert. For all other alerts, your receiver is more discreet. For the first alarm/alert, it vibrates and displays a message. If the alarm/alert repeats, the receiver adds a beep.

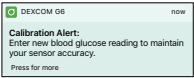
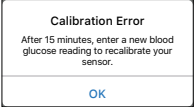
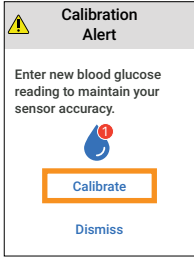
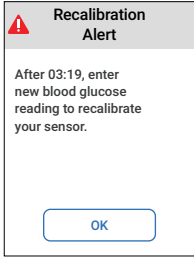
If you cannot hear your alarm/alerts on your app, verify that the app, *Bluetooth*, volume, and notifications are on. If you restart your smart device, reopen the Dexcom app. See the G6 user guide for smart device suggested settings.


If you cannot hear your alarm/alerts on your receiver, change your alarm/alerts ringtone in **Menu > Sounds. Use Menu > Sounds > Test Sound** to try out the selected sound to make sure you can hear it easily.

### App

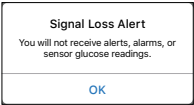
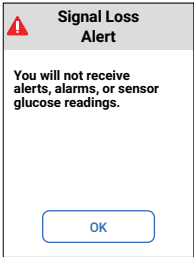
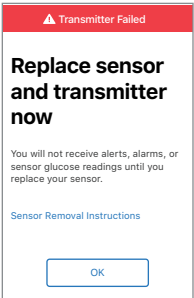
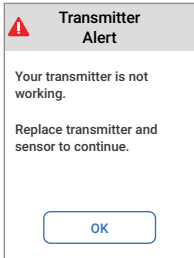
If you cannot hear your alarm/alerts on our app, verify that the app, *Bluetooth*, volume, and notifications are on. If your smart device is on mute/Do Not Disturb but you still want to get your critical alarm/alerts, make sure Always Sound is on. See Chapter 2 for smart device suggested settings. See your smart device product instructions to test the speaker.

## A.7 Common Alerts

Issue	Solution
<p><b>Calibration and Recalibration Prompts</b></p> <p>G6 needs you to calibrate.</p> <p><b>App</b></p>   <p><b>Receiver</b></p>  	<p>G6 prompts you to calibrate again when you entered a calibration outside the expected range.</p>

Issue	Solution
<p><b>No Readings Alert</b></p> <p>Sensor is temporarily unable to measure glucose.</p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="104 272 300 422"> <p><b>App</b></p> <div style="border: 1px solid black; padding: 5px; width: 150px;"> <p style="text-align: center;"><b>No Readings Alert</b></p> <p style="text-align: center; font-size: small;">You will not receive alerts, alarms, or sensor glucose readings.</p> <hr style="border: 0; border-top: 1px solid black; margin: 5px 0;"/> <p style="text-align: center; color: blue;">OK</p> </div> </div> <div data-bbox="338 272 534 566"> <p><b>Receiver</b></p> <div style="border: 1px solid black; padding: 5px; width: 150px;"> <div style="background-color: #f0f0f0; padding: 2px; text-align: center;">  <b>No Readings Alert</b> </div> <p style="font-size: small;">You will not receive alerts, alarms, or sensor glucose readings.</p> <p style="font-size: small;">Please wait...</p> <div style="text-align: center; margin-top: 10px;"> <div style="border: 1px solid blue; border-radius: 10px; padding: 2px 10px; display: inline-block;">OK</div> </div> </div> </div> </div>	<p>Do not calibrate.</p> <ol style="list-style-type: none"> <li>1. Check transmitter; is it snapped into transmitter holder?</li> <li>2. Wait up to 3 hours while the G6 fixes itself.</li> <li>3. If not corrected after 3 hours, contact your local Dexcom representative.</li> </ol> <p>No alarm/alerts or G6 readings until fixed. Use your meter for treatment decisions.</p> <p>No Readings alert may lead to Sensor Failed alert.</p> <p><b>App Only:</b></p> <p>Tap <b>OK</b> to clear the alert, then tap <b>Help</b> on the home screen for more information.</p>



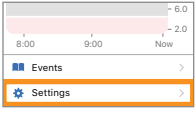

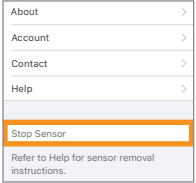
Issue	Solution
<p><b>Signal Loss</b></p> <p>Display device and transmitter are not communicating.</p> <p><b>App</b></p>  <p><b>Receiver</b></p> 	<p>Do not calibrate.</p> <ol style="list-style-type: none"> <li>1. Verify display device and transmitter are within 6 meters of each other without obstructions. If you are in water, move device closer than 6 meters.</li> <li>2. Wait up to 30 minutes.</li> <li>3. If not corrected, contact your local Dexcom representative.</li> </ol> <p>No alarm/alerts or G6 readings until fixed. Use your meter for treatment decisions.</p> <p><b>App Only:</b> Turn <i>Bluetooth</i> off, then on.</p>
<p><b>Transmitter Alert</b></p> <p>Transmitter not working. Sensor session automatically stops.</p> <p><b>App</b></p>  <p><b>Receiver</b></p> 	<p>Contact your local Dexcom representative.</p> <p>No alarm/alerts or G6 readings until replaced. Use your meter for treatment decisions.</p>

Issue	Solution
<p><b>Transmitter Battery Low and Last Session Alerts</b></p> <p>Transmitter battery expiring.</p> <p><b>App</b></p> <div data-bbox="107 311 301 448"> <p><b>Transmitter Battery Low</b> Your transmitter will expire in about 2 weeks.</p> <p>If you haven't already, please order a new transmitter.</p> <p>OK</p> </div> <p><b>Receiver</b></p> <div data-bbox="341 311 535 565"> <p><b>Transmitter Battery Low</b></p> <p>Your transmitter will expire in about 3 weeks.</p> <p>OK</p> </div>	<p>Order new transmitter.</p> <p>When your transmitter battery is about to expire, the G6 tells you when it:</p> <ul style="list-style-type: none"> <li>• Has 3 weeks left</li> <li>• Has 2 weeks left (see screens on left)</li> <li>• Has 1 more session</li> <li>• Is too low for another session</li> <li>• Is critically low and must be replaced immediately</li> </ul>
<p><b>Transmitter Not Found Alert</b></p> <p>G6 did not pair.</p> <p><b>App</b></p> <div data-bbox="107 725 301 928"> <p><b>Transmitter Not Found</b></p> <p>Help</p> </div> <p><b>Receiver</b></p> <div data-bbox="341 725 535 979"> <p><b>Transmitter Not Found</b></p> <p>Your transmitter was not found.</p> <p>Check your transmitter SN and try pairing again.</p> <p>Next</p> </div>	<ol style="list-style-type: none"> <li>1. Make sure transmitter is snapped into transmitter holder.</li> <li>2. Verify transmitter serial number (SN) entered is correct.</li> <li>3. If not fixed, sensor may not be inserted correctly. Insert a new sensor. For a replacement, contact your local Dexcom representative.</li> </ol> <p>No alarm/alerts or G6 readings until fixed. Use your meter for treatment decisions.</p>


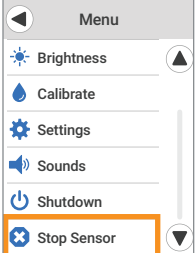
## A.8 End Sensor Session Early


You might want to end your sensor session early. If you do, end it in either your app or your receiver. Both methods are shown below. Once you stop your sensor session, you will not be able to restart it.

### App: End Sensor Session Early

1	<p><b>Apple</b></p> 	<p><b>Android</b></p> 	Tap <b>Settings</b> .
2			Tap <b>Stop Sensor</b> . Remove the transmitter and sensor. (See Chapter 6.)

### Receiver: End Session Early

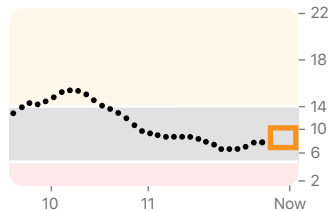
1		Tap <b>Menu</b> .
2		Tap <b>Stop Sensor</b> .

<p>3</p>	<p><b>Stop Sensor</b></p> <p>Are you sure you want to stop your sensor?</p> <p>It cannot be restarted, a new sensor is required.</p> <p>No</p> <p><b>Yes</b></p>	<p>Tap <b>Yes</b>.</p> <p>Remove the transmitter and sensor. (See Chapter 6.)</p>
<p>4</p>	<p>Stopping Sensor...</p> 	<p>Wait.</p>

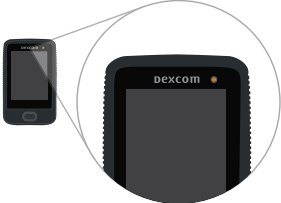
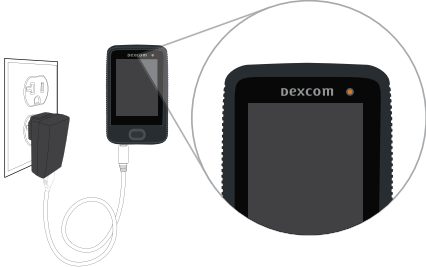
## A.9 Gap in Graph

When you are not getting G6 readings, your graph may show a gap on the right side in the trend dots. In the example, you can see the gap where your current dot should be:

When your G6 readings resume, up to 3 hours of missed G6 readings can fill in on the graph.



## A.10 Recharge Receiver

Issue	Solution
<p><b>Receiver charge light is on or Receiver will not turn on (This can happen during normal use or after storage or shipping.)</b></p> <p>Receiver needs to be charged</p> 	 <ul style="list-style-type: none"><li>• Charge receiver using electrical outlet, not computer/laptop</li><li>• Full charge may take up to 3 hours</li></ul>




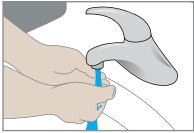
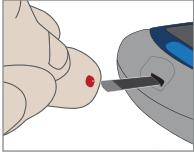
## A.11 Start Sensor Session Without Sensor Code


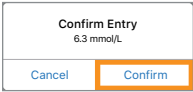

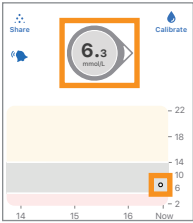
Do you want to start a sensor session now, but do not have the sensor code? The sensor code is on the applicator adhesive backing. Use only the sensor code from the applicator you insert; do not use other codes. The right sensor code makes the G6 work without prompting you to calibrate every day.

But even if you do not have a sensor code, you can still use the sensor. Throughout your sensor session, you will be prompted to calibrate daily. (See Calibration Prompt in section A.7 Common Alerts.)

Follow the prompts for Set Up Without Sensor Code.

## App: Set Up Without Sensor Code

1		<p>When setting up the app or inserting a new sensor without using a sensor code, on the Sensor Code screen, tap <b>No Code</b>.</p> <p>If you do not enter sensor code, you will have to calibrate your G6 daily during this sensor session. Only enter the sensor code from the applicator you insert.</p> <p>On the next few screens (not included in these steps), follow onscreen instructions to:</p> <ul style="list-style-type: none"><li>• Enter transmitter SN (if you are using a new transmitter)</li><li>• Insert sensor</li><li>• Attach transmitter</li></ul>
2		<p>Tap <b>Start Sensor</b>.</p> <p>Wait 2 hours for your sensor warmup to finish.</p>
3		<p>After your sensor warmup, your G6 prompts you to calibrate twice using two separate fingersticks.</p> <p>Tap Calibrate (icon) to start.</p>
4		<p>Wash your hands with soap and water, not a gel cleanser.</p> <p>Dry your hands.</p> <p>Washing and drying your hands before taking a meter value helps ensure accuracy.</p>
5		<p>Take a fingerstick BG measurement using your meter.</p> <p>Only use your fingertip, never another site.</p>

6	 <p>Cancel    Calibrate    Save</p> <p>mmol/L</p> <p>Steps: 1. Wash and dry your hands. 2. Take a fingerstick with your meter. 3. Promptly enter the exact value from your meter.</p> <table border="1"> <tr> <td>1</td> <td>2 ABC</td> <td>3 DEF</td> </tr> <tr> <td>4 GHI</td> <td>5 JKL</td> <td>6 MNO</td> </tr> <tr> <td>7 PQRS</td> <td>8 TUV</td> <td>9 WXYZ</td> </tr> <tr> <td></td> <td>0</td> <td>⌫</td> </tr> </table>	1	2 ABC	3 DEF	4 GHI	5 JKL	6 MNO	7 PQRS	8 TUV	9 WXYZ		0	⌫	<p>Enter exact BG number from your meter within 5 minutes of taking a fingerstick or faster if your glucose is changing rapidly.</p>
1	2 ABC	3 DEF												
4 GHI	5 JKL	6 MNO												
7 PQRS	8 TUV	9 WXYZ												
	0	⌫												
7	 <p>Confirm Entry 6.3 mmol/L</p> <p>Cancel    Confirm</p>	<p>Tap <b>Confirm</b> to save.</p>												
8	 <p>Calibrate</p>	<p>Time for your next calibration. Tap <b>Calibrate</b>. Repeat steps 4–8 and enter second fingerstick.</p>												
9	 <p>Share    Calibrate</p> <p>6.3 mmol/L</p> <p>22 18 14 10 6 2</p> <p>14 15 16 Now</p>	<p>Five minutes after entering your second calibration, look for your first G6 reading! Each dot is a G6 reading taken every 5 minutes.</p>												

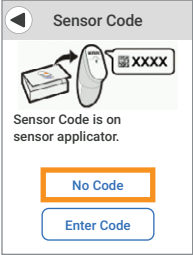
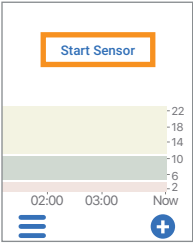
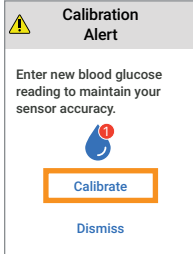
Twelve hours later, it reminds you to calibrate again. Then in another 12 hours, you get another reminder. For the rest of your sensor session, the G6 prompts you to calibrate once every 24 hours.



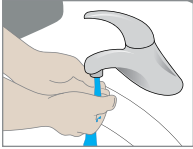
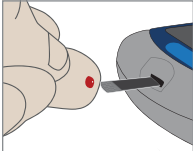
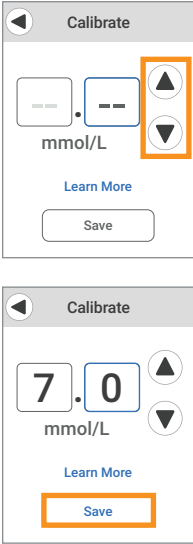
Make sure you calibrate when prompted. And make sure you thoroughly clean your hands before taking a fingerstick. If you do not, your G6 readings may not be aligned with your meter. In other words: Do not wait – calibrate!




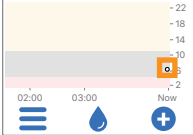
If using the app and receiver, just enter your calibration in one. In less than 10 minutes, the transmitter will send the information to the other device.

## Receiver: Set Up Without Sensor Code

1		<p>When setting up the receiver or inserting a new sensor without using a sensor code, on the Sensor Code screen, tap <b>No Code</b>.</p> <p>If you do not enter sensor code, you will have to calibrate your G6 daily during this sensor session. Only enter the sensor code from the applicator you insert.</p> <p>On the next few screens (not included in these steps), follow onscreen instructions to:</p> <ul style="list-style-type: none"><li>• Enter transmitter SN (if you are using a new transmitter)</li><li>• Insert sensor</li><li>• Attach transmitter</li></ul>
2		<p>Tap <b>Start Sensor</b>.</p> <p>Wait for 2-hour sensor warmup to finish.</p>
3		<p>After your sensor warmup, the G6 prompts you to calibrate twice using two separate fingersticks.</p> <p>Tap <b>OK</b> to calibrate.</p>

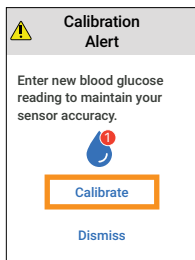


4		<p>Wash your hands with soap and water, not a gel cleanser.</p> <p>Dry your hands.</p> <p>Washing and drying your hands before taking a meter value helps ensure accuracy.</p>
5		<p>Take a fingerstick BG measurement using your meter.</p> <p>Only use your fingertip, never another site.</p>
6		<p>Enter exact BG number from your meter within 5 minutes of taking a fingerstick.</p> <p>Tap Up and Down arrows to enter meter value.</p> <p>Then tap <b>Save</b>.</p>

7	<p>Is this correct?</p> <p><b>7.0</b> mmol/L 03:08</p> <p>No</p> <p><b>Yes</b></p>	<p>Tap <b>Yes</b> to confirm you entered the correct value.</p>
8	<p> <b>Calibration Alert</b></p> <p>Enter new blood glucose reading to maintain your sensor accuracy.</p> <p></p> <p><b>Calibrate</b></p> <p>Dismiss</p>	<p>Time for your next calibration.</p> <p>Tap <b>OK</b>.</p> <p>Repeat steps 4–8 and enter second fingerstick.</p>
9	<p></p> <p></p>	<p>Five minutes after entering your second calibration, look for your first G6 reading!</p> <p>Each dot is a G6 reading taken every 5 minutes.</p>

Twelve hours later, it reminds you to calibrate again. Then in another 12 hours, you get another reminder. For the rest of your sensor session, the G6 prompts you to calibrate once every 24 hours.

Make sure you calibrate when prompted. And make sure you thoroughly clean your hands before taking a fingerstick. If you do not, your G6 readings may not be aligned with your meter. In other words: Do not wait – calibrate!



If using the app and receiver, just enter your calibration in one. In less than 10 minutes, the transmitter will send the information to the other device.

## A.12 Water and the G6

Once snapped into place, the transmitter is waterproof but the receiver is not. Swim, shower, take a bath: no need to worry about water and your G6 – just leave your receiver in a dry area.

If you are in water, your display device needs to be closer than 6 meters to get G6 readings.

# Appendix B: Extend Your App

With your Dexcom G6 Continuous Glucose Monitoring System (G6) app, you see notifications from your lock screen or smart watch.

Not seeing any data? Open your app.

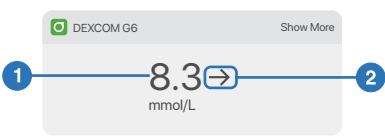
On your Apple smart device, you can set up Siri to tell you your G6 reading when you ask.

Do you use health apps? Share your glucose information with them for a more complete picture.

## B.1 Today View (Apple)

Check your CGM information in the Today view, even when your smart device is locked. From the left edge of your Home or Lock screen, swipe right.

To add G6, scroll to the bottom and tap Edit. See your smart device instructions for details.

Key	Today View
<b>Number and Arrow</b> <ol style="list-style-type: none"><li data-bbox="107 729 259 758">1. G6 Reading</li><li data-bbox="107 758 267 786">2. Trend Arrow</li></ol>	 A screenshot of the Dexcom G6 Today View widget on an Apple device. The widget is a light gray rounded rectangle. At the top left, it says "DEXCOM G6" with a green checkmark icon. At the top right, it says "Show More". In the center, the glucose reading "8.3" is displayed in a large font, with "mmol/L" below it. To the right of the reading is a trend arrow icon pointing right. A blue horizontal line with circular markers "1" and "2" is drawn across the widget. Marker "1" is positioned over the "8.3" reading, and marker "2" is positioned over the trend arrow.

Tap **Show More** to show your graph.

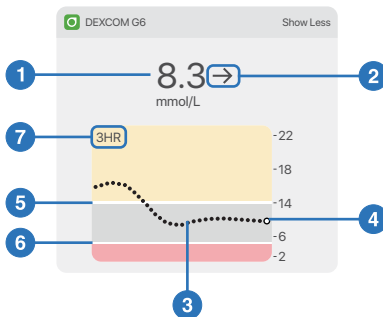
## Key

### Number and Arrow

1. G6 Reading
2. Trend Arrow

### Graph

3. Trend Graph
4. Current G6 Reading
5. High Alert Level
6. Low Alert Level
7. Shows past 3 hours



## B.2 Quick Glance (Android)

Check your G6 on your Lock screen or swipe down from the top.

### Quick Glance



Drag down on the lower edge of Quick Glance to show your graph.

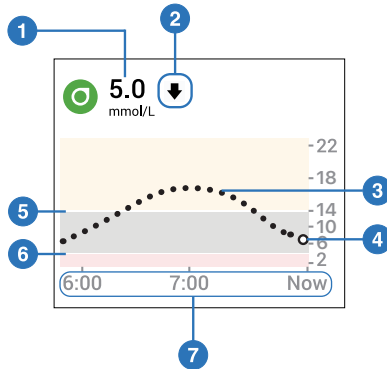
## Key

### Number and Arrow

1. G6 Reading
2. Trend Arrow

### Graph

3. Trend Graph
4. Current G6 Reading
5. High Alert Level
6. Low Alert Level
7. Shows past 3 hours



Quick Glance is on by default. Turn it off in the app: **Settings > Quick Glance**

## B.3 Smart Watches

Check your G6 on your Apple or Android smart watch.

### Suggested Use

Using a smart watch with your G6 may change how you get alarm/alerts.

- Your smart watch only communicates with your smart device, not the transmitter.
- You will not get alarm/alerts or G6 readings on your watch unless it is connected to your smart device.

Make sure you understand how you get notifications when a watch is connected.

- You must wear the watch to see alerts and feel their vibrations.
- In your smart device settings, make sure notifications are sent to both your smart device and watch.
- Do not disable or block notifications from the app.

Waking up your watch updates your CGM data from your smart device. There may be a brief delay before your watch app shows current information.

Go to [dexcom.com/compatibility](https://dexcom.com/compatibility) to make sure your watch works with your G6.


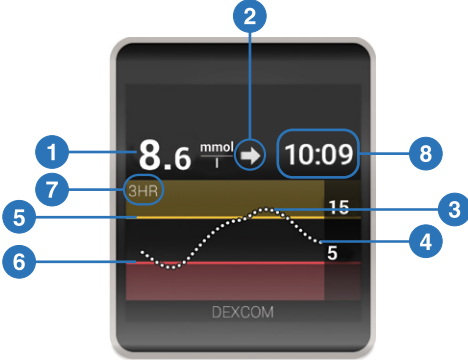
## Apple Watch Setup (iPhone)

To install the app, use the Watch app on your iPhone.

See your watch instructions for details about installing apps.

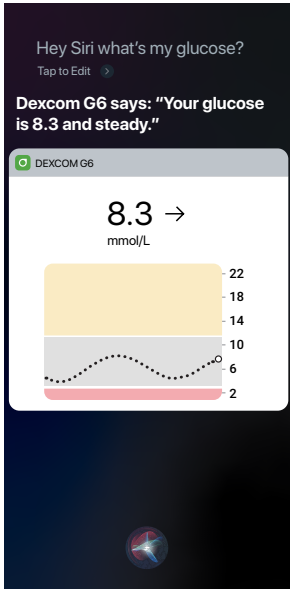
## Android Wear Setup

Using the Dexcom G6 watch face, check your G6 information. See your watch instructions for details.

Key	Apple Watch
<p><b>Number and Arrow</b></p> <ol style="list-style-type: none"><li>1. G6 Reading</li><li>2. Trend Arrow</li></ol> <p><b>Graph</b></p> <ol style="list-style-type: none"><li>3. Trend Graph</li><li>4. Current G6 Reading</li><li>5. High Alert Level</li><li>6. Low Alert Level</li><li>7. Shows past 3 hours</li><li>8. Time</li></ol>	 <p><b>Android Wear</b></p> 

## B.4 Siri (Apple)

Use your app settings to set up a Siri shortcut. Then you can ask Siri to say your G6 readings and trend anytime your app is running! When Siri answers, your graph shows on your lock screen.



Siri may not be available in all countries. Check Apple's website to see if Siri is available in your country.



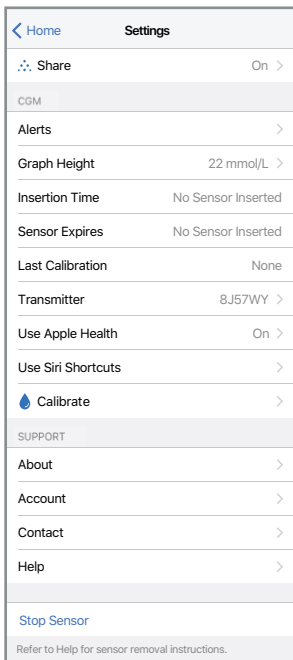
## B.5 Health Apps

Send your glucose information to health apps.

Use **Settings > Health Apps** to start.

After you set up the health app, the last 30 days of glucose information is sent to the health app, except the last 3 hours.

Then, all new glucose information is sent after a 3-hour delay.



# Appendix C: Dexcom Clarity

Dexcom Clarity software is an important part of your Dexcom CGM system.

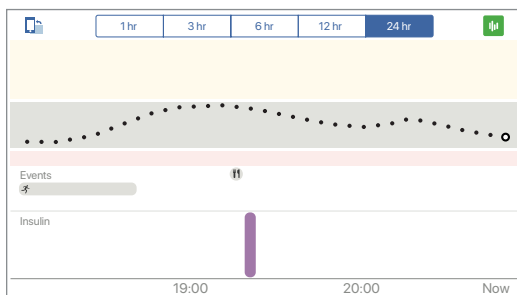


Clarity highlights your glucose patterns, trends and statistics. Share Clarity with your clinic and monitor improvements between visits.

You can access Clarity from the Dexcom G6 app or on the internet. To go to Dexcom Clarity:

- **From your Dexcom G6 app:** Tap the Clarity icon on your Events screen or when you turn your smart device to landscape to view your events.
- **On the internet:** Log in at [clarity.dexcom.eu](https://clarity.dexcom.eu). Use your current Dexcom login or create an account.

Dexcom Clarity may not be available in all regions.



Home	Events	Edit
+ Add Event		
Events added will appear below.		
TODAY		
🍴	Carbs 30g 8:30 AM	
🏃	Exercise Run 8:00 AM • 1hr duration	
YESTERDAY		
🍴	Carbs 30g 8:30 AM	
🏃	Exercise Run 8:00 AM • 1hr duration	
📱	Previous events can also be seen in Dexcom Clarity	

# Appendix D: Taking Care of Your G6

## D.1 G6 Maintenance

### Transmitter

- Keep in box until ready for use. Check transmitter and do not use if damaged.
- Store between 0°C and 45°C.

### Receiver

- Keep physical control of your Dexcom receiver to prevent unauthorized access to your personal information.
- Check receiver casing. If cracked or damaged, do not use or you may get an electric shock. Do not open casing.
- Use the supplied case to protect receiver from bumps and falls. When putting case on, make sure the speaker holes align with receiver speaker.
- Keep battery charged. Only use Dexcom USB charging/download cable.
- To wipe off receiver, use a clean, dry cloth.
  - Do not use abrasive cloths, towels, paper towels, or similar items.
  - Do not get moisture into any openings.
  - Do not use aerosol sprays, solvents, or abrasives.

## All G6 Components

- To keep your G6 working safely, do not change any G6 component.

## D.2 Storage

Storing your G6 correctly helps prevent system failures.

### Sensor

- Keep in its sterile packaging until you are ready to use it.
- Store at temperatures between 2°C and 30°C.

## Transmitter

- Keep protected when not in use
- Store at temperatures between 0°C and 45°C
- Store between 10% and 95% relative humidity

## Receiver

- Keep protected when not in use
- Fully charge the battery before storing for over 3 months
- Store at temperatures between 0°C and 40°C
- Store between 10% and 95% relative humidity





## D.3 System Disposal

Different places have different requirements for disposing of electronics (receiver and transmitter) and parts that have come in contact with blood or other bodily fluids (sensor). Follow your area's local waste management requirements.

# Appendix E: Packaging Symbols

Symbols are on the sensor, transmitter, and receiver packaging. They show proper and safe use of the G6. For symbol descriptions, see the table below or [dexcom.com/symbols](https://dexcom.com/symbols).

Some of these symbols may not have meaning in your region and are listed for informational purposes only. This table shows what each symbol means:

	Alternating Current
	Australia and New Zealand Regulatory Compliance Mark (RCM) for EMC
	Authorized Representative in the European Community
	Authorized Representative of Switzerland
	Batch/Lot Number
	<i>Bluetooth</i> is on; device pairing is enabled
	Catalog Number
	Caution, Consult Instructions for Use
	CE Marking of Conformity
	Class II Equipment



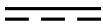
Consult Instructions for Use



Danger: Piercing object



Date of Manufacture



Direct Current



Do Not Reuse



Do Not Use if Package is Damaged



Electronic piercing waste



Electronic piercing waste disposal box



French Triman logo: Recycle and dispose separately



For Indoor Use Only



Waste Electrical and Electronic Equipment (WEEE) – Follow local requirements for proper disposal



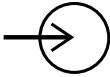
Humidity Limitation



Importer



Indicates the item is a Medical Device



Input



Degrees of Ingress Protection Provided by Enclosure Objects  
> 12.5 mm diameter; water drops  
(15° tilted)



Degrees of Ingress Protection Provided by Enclosure Objects  
> 12.5 mm diameter; immersion in water



Keep Away from Heat



Keep Dry



Manufacturer



MR (Magnetic Resonance) Unsafe

**R-NZ**

New Zealand Radio Compliance

**PN**

Part Number



Pharmacy



Piercing object disposal box



Serial Number



Single sterile barrier system with protective packaging outside



Sterilized Using Irradiation



Temperature Limit



Type BF Applied Part



UK Marking of Conformity



UK Responsible Person



Unique device identifier



Use By Date



# Appendix F: Warranty

Sometimes stuff happens. Dexcom has you covered!

This appendix covers our warranty information outlining what we cover and for how long.

## F.1 Dexcom Receiver Limited Warranty

### What Is Covered and for How Long?

Dexcom, Inc. (“Dexcom”) provides a limited warranty to the original Purchaser (“you” or “Purchaser”) that the Dexcom receiver (the “receiver”) is free from defects in material and workmanship under normal use (“Limited Warranty”) for the period commencing on the date of shipment by the original purchaser and expiring one (1) year thereafter.

Note: If you received this receiver as a replacement for an in-warranty receiver, the Limited Warranty for the replacement receiver shall continue for the remaining Warranty Period on the original receiver, but the replacement is not subject to any other warranty.

### What Is Not Covered?

This Limited Warranty is based on Purchaser properly using the continuous glucose monitoring system in accordance with the documentation provided by Dexcom. You are not permitted to use the continuous glucose monitoring system otherwise. Misusing the continuous glucose monitoring system, improperly accessing it or the information it processes and transmits, “jailbreaking” or “rooting” your continuous glucose monitoring system or cell phone, and taking other unauthorized actions may put you at risk, cause the continuous glucose monitoring system to malfunction, are not permitted, and void your Limited Warranty.

*This Limited Warranty does not cover:*

- Defects or damage resulting from accident, misuse, abuse, neglect, unusual physical, electrical or electromechanical stress, modification of any part of the product, or cosmetic damage.
- Equipment with the SN number removed or made illegible.
- All surfaces and other externally exposed parts that are scratched or damaged due to normal use.

- Malfunctions resulting from the use of the receiver in conjunction with accessories, ancillary products, and peripheral equipment, whether hardware or software, not furnished or approved by Dexcom.
- Defects or damage from improper testing, operation, maintenance, installation, or adjustment.
- Installation, maintenance, and service of products or services other than the CGM system (which may be subject to a separate limited warranty), whether provided by Dexcom or any other party; this includes your cell phone or smart device and your connection to the Internet.
- A receiver that has been taken apart physically or has had any of its software accessed in any unauthorized manner.
- Water damage to the receiver.
  - The receiver is not water resistant.
  - Do not get the receiver wet at any time.

## Dexcom's Obligations Under the Limited Warranty

During the Warranty Period, Dexcom will replace, without charge to Purchaser, any defective receiver.

To obtain assistance regarding a defective receiver, contact your local Dexcom representative.

## Limits on Dexcom's Warranty and Liability Obligations

The Limited Warranty described above is the exclusive warranty for the receiver, and in lieu of all other warranties, expressed or implied, either in fact or by operation of law, statutory or otherwise.

Dexcom expressly excludes and disclaims all other warranties, express or implied, including without limitation any warranty of merchantability, fitness for a particular purpose, or non-infringement, except to the extent prohibited by applicable law.

Dexcom shall not be liable for any special, incidental, consequential, or indirect damages, however caused, and on any theory of liability, arising in any way out of the sale, use, misuse, or inability to use, any Dexcom G6 or any feature or service provided by Dexcom for use with the Dexcom G6.

These limits on Dexcom’s warranty and liability obligations apply even if Dexcom, or its agent, has been advised of such damages and notwithstanding any failure of essential purpose of this Limited Warranty and the limited remedy provided by Dexcom.

This Limited Warranty is only provided to the original Purchaser and cannot be transferred to anyone else, and it states Purchaser’s exclusive remedy.

If any portion of this Limited Warranty is illegal or unenforceable by reason of any law, such partial illegality or enforceability shall not affect the enforceability of the remainder of this Limited Warranty. This Limited Warranty will be enforced to the maximum extent permitted by law.

## **F.2 Dexcom Transmitter Limited Warranty**

### **What Is Covered and for How Long?**

Dexcom, Inc. (“Dexcom”) provides a limited warranty to the original Purchaser (“you” or “Purchaser”) that the Dexcom G6 transmitter (the “transmitter”) is free from defects in material and workmanship under normal use (“Limited Warranty”) for the period commencing on the date of shipment by the original Purchaser and expiring three (3) months thereafter.

Note: If you received this transmitter as a replacement for an in-warranty transmitter, the Limited Warranty for the replacement transmitter shall continue for the remaining Warranty Period on the original transmitter, but the replacement is not subject to any other warranty.

### **What Is Not Covered?**

This Limited Warranty is based on Purchaser properly using the continuous glucose monitoring system in a timely manner and in accordance with the documentation provided by Dexcom. You are not permitted to use the continuous glucose monitoring system otherwise. Misusing the continuous glucose monitoring system, improperly accessing it or the information it processes and transmits, “jailbreaking” or “rooting” your continuous glucose monitoring system or cell phone, and taking other unauthorized actions may put you at risk, cause the continuous glucose monitoring system to malfunction, are not permitted, and void your Limited Warranty.

### *This Limited Warranty does not cover:*

- Defects or damage resulting from accident, misuse, abuse, neglect, unusual physical, electrical or electromechanical stress, modification of any part of the product, or cosmetic damage.
- Equipment with the SN number removed or made illegible.
- All surfaces and other externally exposed parts that are scratched or damaged due to normal use.
- Malfunctions resulting from the use of the transmitter in conjunction with accessories, ancillary products, and peripheral equipment, whether hardware or software, not furnished or approved by Dexcom.
- Defects or damage from improper testing, operation, maintenance, installation, or adjustment.
- Installation, maintenance, and service of products or services other than the continuous glucose monitoring system (which may be subject to a separate limited warranty), whether provided by Dexcom or any other party; this includes your cell phone or smart device and your connection to the Internet.
- A transmitter that has been taken apart physically or has had any of its software accessed in any unauthorized manner.
- Water damage to transmitter.
- Beyond specifications listed in the Dexcom G6 Using Your G6 guide.

### **Dexcom's Obligations Under the Limited Warranty**

During the Warranty Period, Dexcom will replace, without charge to Purchaser, any defective transmitter.

To obtain assistance regarding a defective transmitter, contact your local Dexcom representative.

## Limits on Dexcom's Warranty and Liability Obligations

The Limited Warranty described above is the exclusive warranty for the transmitter, and in lieu of all other warranties, expressed or implied, either in fact or by operations of law, statutory or otherwise.

Dexcom expressly excludes and disclaims all other warranties, express or implied, including without limitation any warranty of merchantability, fitness for a particular purpose, or non-infringement, except to the extent prohibited by applicable law.

Dexcom shall not be liable for any special, incidental, consequential, or indirect damages, however caused, and on any theory of liability, arising in any way out of the sale, use, misuse, or inability to use, any Dexcom G6 or any feature or service provided by Dexcom for use with the Dexcom G6.

These limits on Dexcom's warranty and liability obligations apply even if Dexcom, or its agent, has been advised of such damages and notwithstanding any failure of essential purpose of this Limited Warranty and the limited remedy provided by Dexcom.

This Limited Warranty is only provided to the original Purchaser and cannot be transferred to anyone else, and it states Purchaser's exclusive remedy.

If any portion of this Limited Warranty is illegal or unenforceable by reason of any law, such partial illegality or enforceability shall not affect the enforceability of the remainder of this Limited Warranty. This Limited Warranty will be enforced to the maximum extent permitted by law.

# Appendix G: Technical Information

## G.1 Device Performance Characteristics Summary

When LOWER is better

Adults	Performance Metrics*	Pediatrics
9.8%	<b>Overall Accuracy</b> <b>Mean ARD% (MARD), 2.22–22.22 mmol/L</b> (% average absolute error versus reference across all glucose levels)	7.7%
Day 1: 8.6% Day 2: 8.7% Days 4–5: 10.7% Day 7: 10.6% Day 10: 10.6%	<b>Accuracy Over Time</b> <b>Mean ARD% (MARD), 2.22–22.22 mmol/L</b>	Day 1: 10.5% Day 2: 7.8% Days 4–5: 7.2% Day 7: 6.2% Day 10: 7.1%

When HIGHER is better

Adults	Performance Metrics*	Pediatrics
92% [100%]	<b>Clinical Accuracy</b> <b>% of readings that were in the Clarke Error Grid (CEG) A Zone</b> [% CEG A+B Zone]	96% [99.8%]

\*Reference is YSI (Yellow Springs Laboratory Instrument)

## G.2 Product Specifications

**WARNING:** Use of accessories, cables, adapters, and chargers other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.

**WARNING:** Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 30 cm to any part of the G6 CGM system including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result.

**WARNING:** Misuse of the USB cable can present a strangulation risk.

The device behaves normally while charging, however, do not hold the receiver while charging for over a minute as the device can get warm to the touch.

No cleaning methods are recommended or tested for the receiver. Only wipe with a clean, dry cloth.

**CAUTION:** If you have difficulty reading your receiver in bright sunlight, you may need to seek a shady location.

### Sensor Product Specifications

<b>Glucose Range</b>	2.2–22.2 mmol/L
<b>Sensor Useful Life</b>	Up to 10 days
<b>Storage and Transport Conditions</b>	Temperature: 2°C–30°C Store sensors in a cool, dry place
<b>Sterilization</b>	Sterile by radiation

### Transmitter and Receiver Product Specifications

<b>Model</b>	<b>G6 Transmitter</b>	<b>Dexcom Receiver</b>
<b>Memory Storage</b>		30 days of glucose data 10 days of tech support data
<b>Electrical Safety Class</b>	Internally Powered	Internally Powered
<b>Useful Life (Typical)</b>	3 months	1 year

## Transmitter and Receiver Product Specifications

Model	G6 Transmitter	Dexcom Receiver
Battery Longevity (Typical)	3 months	2 days
Battery Charging Time	Non-rechargeable	3 hours
Operational Conditions	Temperature: 10°C–42°C Humidity: 10%–95% RH	Temperature: 0°C–45°C Humidity: 15%–95% RH
Operating Temperature while Charging	N/A	0°C–40°C
Storage and Transport Conditions	Temperature: 0°C–45°C Humidity: 10%–95% RH	Temperature: 0°C–40°C Humidity: 10%–95%RH
Operating Altitude	-396 meters to 4,206 meters	-365 meters to 4114 meters
Ingress Protection	IP28: Protection against insertion of large objects and immersion in water for up to 2.4 meters for 24 hours	IP22: Protection against insertion of large objects and vertically falling water drops
Protection Against Electrical Shock	Type BF applied part	N/A
Alarm Audible Output	N/A	50 dB <sub>SPL</sub> at 1 meter
TX/RX Frequencies	2.402–2.480 GHz	
Bandwidth	1.07 MHz	1.39 MHz
Maximum Output Power	1.0 mW EIRP	2.4 mW EIRP
Modulation	Gaussian Frequency-Shift Keying	
Data Rate	1 Mbps	



## Transmitter and Receiver Product Specifications

<b>Data Communication Range</b>	6 meters
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The maximum surface temperature of Applied part = 43°C.

### Essential performance

The Dexcom G6 system measures patients' glucose sensor readings with specified accuracy under the stated operating conditions. The Essential Performance of the Dexcom G6 CGM system also includes reporting the corresponding measured glucose sensor readings and alerts on the display device.

### Quality of Service Summary

Quality of Service for the G6 System wireless communication using *Bluetooth* Low Energy is assured within the effective range of 6 meters, unobstructed, between the G6 transmitter and paired display device at regular 5-minute intervals. If connection is lost between the transmitter and display device, upon re-connection any missed packets (up to 3 hours) will be transmitted from the transmitter to the display device. The G6 CGM System is designed to only accept radio frequency (RF) communications from recognized and paired display devices.

### Security Measures

The G6 System is designed to transmit data between the transmitter and designated display devices in accordance to the industry standard BLE protocols. It will not accept radio frequency (RF) communications using any other protocol, including *Bluetooth* classic communication protocols.

In addition to the security provided by the BLE connection, communication between the G6 transmitter and the G6 receiver and mobile applications is protected by additional levels of security and safety mitigations using an encrypted and proprietary data format. This format embeds various methods to verify data integrity and to detect potential instances of data tampering. While the format is proprietary, industry standard encryption protocols (e.g., RSA and AES) are used in different parts of this proprietary data format.

Unless disabled, the G6 mobile application regularly communicates with Dexcom Servers. Communication between the G6 applications and Dexcom Servers is protected by a number of mechanisms, designed to safeguard against data corruption. This includes industry standard JWIT token based authentication and authorization. All such communication takes place exclusively over an encrypted data path using industry standard SSL format.

### USB Charging/Download Cable\* Specifications

<b>Input/Output</b>	5 V DC, 1A
<b>Type</b>	USB A to USB micro B
<b>Length</b>	0.91 meters

### Power Supply/Charger Specifications

<b>Class</b>	II
<b>Input</b>	AC Input 100–240 Vac, 50/60Hz, 0.2A, 0.2A rms at 100 Vac
<b>DC Output</b>	5V DC, 1A (5.0 Watts)

## Electromagnetic Immunity and Emissions Declaration and Guidance

The transmitter and receiver are intended for use in the electromagnetic environment specified in the next table. The customer or the user of the transmitter should ensure that it is used in such an environment.

Immunity Test	Transmitter Compliance Level	Receiver Compliance Level
Electrostatic Discharge (ESD) IEC 61000-4-2	± 8 kV Contact ± 15 kV Air	
Magnetic Field (50Hz) IEC 61000-4-8	30 A/m	
Electrical Fast Transient/Burst IEC 61000-4-4	N/A	± 2 kV for power supply lines
Surge IEC 61000-4-5	N/A	± 0.5 kV, ± 1 kV line(s) to line(s)
Voltage Dips and Interruptions IEC 61000-4-11 IEC 60601-1-11	N/A	0% 230V for 1 cycle 0% 230V for 0.5 cycle at 8 phase angles 70% 230V (30% dip in 230V) for 25 cycles 0% 230V for 250 cycles
Conducted Fields Disturbance IEC 61000-4-6	N/A	6 Vrms 150 kHz to 80 MHz
Radiated Fields Disturbance IEC 61000-4-3	10 V/m at 80 MHz to 2700 MHz (AM Modulation)	
Radiated and Conducted Fields Aircraft use	FAA RTCA /DO-160 edition G Section 20 Category T. Can be used on aircraft according to the directions provided by the operator of the aircraft	

Electromagnetic interference can still occur in the home healthcare environment as control over the EMC environment cannot be guaranteed. An interference event can be recognized by gaps in G6 readings or gross inaccuracies. The user is encouraged to try to mitigate these effects by one of the following measures:

- If the G6 sensor reading does not match your symptoms or expectations take a fingerstick. Usually, the G6 sensor reading is close to the BG meter value.

Your G6 is working normally if those two numbers are:

- Within 20% (if G6 reading is 3.9 or more)

or

- Within 1.1 mmol/L (if G6 reading is less than 3.9)

For example, your G6 is working normally in this situation:

- G6 reading: 6.5
- Acceptable range (20%): 5.2 – 7.7 mmol/L
- BG meter value: 5.5

The G6 may not be working normally when those two numbers are:

- More than 30% apart (if G6 reading is 3.9 or more)

or

- More than 1.7 mmol/L apart (if G6 reading is less than 3.9)

In that case, use your BG meter value to make treatment decisions.

For example, your G6 may not be working normally in this situation:

- G6 reading: 6.5
- Acceptable range (30%): 4.6 – 8.4 mmol/L
- BG meter value: 9

Your G6 may be working normally but is not aligned with your BG meter when those two numbers are between:

- Between 21% and 30% apart (if G6 reading is 3.9 or more)

or

- Between 1.2 mmol/L and 1.7 mmol/L apart (if G6 reading is less than 3.9)

In that case, make treatment decisions on the number that matches your symptoms and expectations.

If your G6 readings and BG meter values are consistently different (either always higher or always lower) for several readings and you would like them to be more aligned, you can calibrate. Calibration can make the G6 more accurate (meaning closer to the lab result) or less accurate but it should bring the G6 readings closer to the BG meter values. To calibrate, wash your hands thoroughly, dry them, and take a fingerstick. Within 5 minutes, enter the BG value into your G6.

- If display device misses 20 minutes of sensor glucose data (4 readings), the Signal Loss error displays. To resolve, see Appendix A Troubleshooting.
- If display device shows the loading screen unexpectedly and does not display the trend screen within 3 minutes, contact your local Dexcom representative. For more information, see Appendix A Troubleshooting.
- If your receiver touch panel does not work for 6 minutes, contact your local Dexcom representative.

### Electromagnetic Emissions Specifications

Immunity Test	Compliance
Radio frequency Emissions CISPR 11	Group 1, Class B
Radio Frequency Emissions Aircraft Use	Meets FAA RTCA /DO-160 edition G Section 21, Category M for in-cabin use.

## G.3 Radio Regulations Compliance

Hereby, Dexcom, Inc. declares that the radio equipment type Dexcom G6 System is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: [dexcom.com/doc](https://www.dexcom.com/doc).

# Appendix H: Professional Use Instructions

## H.1 Introduction

The G6 supports multi-patient use. You just prepare the G6 for your patient, prepare your patient for the G6, set up the G6 with the patient, and then follow up with them to share insights on their glucose trends, patterns, and statistics. This helps both of you manage their diabetes better. The following sections go through each step and give you resources to share with your patients as you guide them through a sensor session.

## H.2 Prepare G6 for Patient

First, decide whether the patient should be able to see their G6 readings (unblinded). Will this motivate them to manage their diabetes better?

Whether the G6 receiver is blinded or unblinded, all G6 patients:

- Must carry their receiver so it records their data for later analysis.
- Get system alerts (including: Pair Transmitter, Start Sensor, New Sensor, Signal Loss, No Readings, Calibration).

The differences between blinded and unblinded are:

- Unblinded: Receiver shows patient's G6 reading, arrow, graph, and all glucose-related alarm/alerts (that is: Urgent Low Glucose, Urgent Low Soon, Low Glucose, High Glucose, Rise Rate, or Fall Rate).
- Blinded: Receiver does not show any unblinded information. In addition, it does not show the Warmup Complete message.

Go to [clarity.dexcom.eu](http://clarity.dexcom.eu) for more information (may not be available in all regions).

Follow the instructions to wipe and disinfect the receiver and transmitter between patients. When using for multiple patients, do not use the optional, soft plastic receiver case.

**1****Prepare Receiver****a. Charge and Reset**

- Charge receiver
- Reset:
  - Resetting the receiver removes the previous patient's data. To ensure patient privacy, reset the receiver after each use.
  - Decide whether your patient needs to see their sensor information (unblinded) or not (blinded) while they use G6.

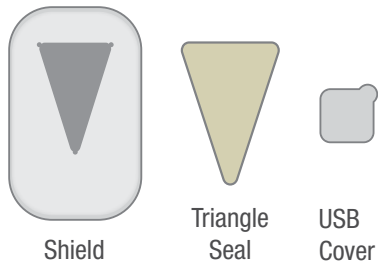
**b. Wipe**

- To wipe off the receiver, use a clean, dry cloth
  - If necessary, remove and discard old shield before wiping. Follow local precautions for discarding potentially infectious material.
  - Do not use abrasive cloths, towels, paper towels, or similar items
  - Do not get moisture into any openings
  - Do not use aerosol sprays, solvents, or abrasives

## Put Shield on Receiver (Receiver is not disinfected; shield used instead)

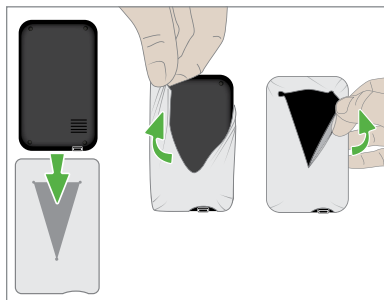
### a. Prepare

- Wash hands and wear clean gloves
- Use a new shield for each patient to protect patients from contamination
- Get a shield, triangle seal, and USB cover



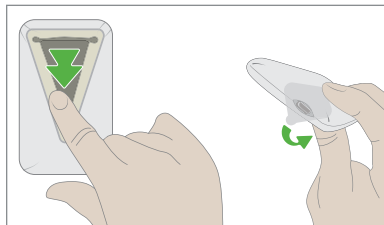
### b. Put Receiver in Shield

- Align receiver with shield so receiver screen faces away from opening and USB port aligns with shield USB opening
- Slide receiver into V-shaped opening
- Stretch shield over receiver



### c. Tape shut

- Peel triangle seal from adhesive backing
- Place seal over shield opening on back of receiver
- Peel square seal from adhesive backing
- Place over USB opening to create a door



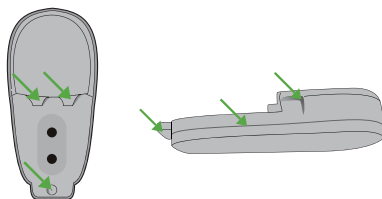


**3****Clean Transmitter****a. Prepare**

- Protect: Wear clean gloves and goggles
- Prepare Soak: Put Clorox Healthcare® Bleach Germicidal Cleaner solution (Clorox) in a container deep enough to submerge the transmitter

**b. Clean**

- Rinse and Scrub: Rinse transmitter in cold tap water while brushing with a soft bristle brush until all visible soil is gone
- Soak and Scrub:
  - Put transmitter in prepared soak for 3 minutes
  - While immersed, scrub uneven areas (see green arrows) with a soft bristled brush or a pre-saturated bleach wipe

**c. Rinse and Dry**

- Rinse: Remove from soak and rinse transmitter under flowing cold tap water for 10 seconds
- Dry: Wipe transmitter dry with cloth

**d. Inspect**

- Verify there is no visible soil. If there is, clean again.

**Disinfect Transmitter****a. Prepare**

- Protect: Wear clean gloves and goggles
- Prepare Soak and syringe:
  - Put CaviCide® solution (Cavicide) in a container deep enough to submerge the transmitter
  - Fill syringe with about 30 mL of Cavicide

**b. Disinfect**

- Flush:
  - Focus on the uneven areas
  - Swirl in Cavicide for 10 seconds
  - Refill syringe
- Scrub:
  - Saturate clean cloth or wipe with Cavicide
  - Wipe entire transmitter for at least 3 minutes or until all soil is removed
  - Focus on the uneven areas
- Flush:
  - Focus on the uneven areas
  - Swirl in Cavicide for 10 seconds
- Soak:
  - Put transmitter in prepared soak
  - Swirl it for 30 seconds
  - Then let it soak for another 3 minutes

**c. Rinse and Dry**

- Rinse: Remove from soak and rinse transmitter under flowing cold tap water for 10 seconds
- Dry: Wipe transmitter dry with cloth

## H.3 Prepare Patient for G6

This table shows what to explain to your patients and where you can find patient-centered information to help them understand.

Explain	Show
What CGM is	See Start Here guide's What It Does section
G6 Components	See Start Here guide's G6 Overview section
Receiver Shield and USB cover	<p>Tell your patients to keep the receiver in the shield and to keep the shield dry.</p> <p>Show them how to open and close the USB cover when they charge the receiver. The receiver needs to be charged every two days. Give them extra USB covers. Tell them to replace the USB cover when it no longer sticks to the shield.</p> <p>Tell your patients to let you know and return the receiver to you if:</p> <ul style="list-style-type: none"><li>• The shield develops a hole</li><li>• They run out of USB covers</li></ul>

## H.4 Set Up G6 with Patient

### Set Up with Blinded and Unblinded Patients

With your patient, follow the setup instructions in Start Here to set up the app or receiver.

Be sure to enter the Sensor Code found on the applicator adhesive backing.



The setup instructions include inserting the sensor and attaching the transmitter.

## Additional Set Up with Blinded Patients

Explain why the patient is using the blinded mode.

## Additional Set Up with Unblinded Patients

While setting up the G6 with your patient, you will create a personalized glucose target zone by setting low and high alerts appropriate for their A1C.

During the 2-hour sensor warmup, use the table below to explain how to interpret the information on the G6.

Explain	Show
Introduce Home Screen	Chapter 3 Home Screen Overview
What are Alarm/Alerts	Chapter 4 Alarm and Alerts
Managing Diabetes with G6	Chapter 5 Treatment Decisions
Resource	Suggest your patient do the tutorial on their own to review the information you introduce.
Dexcom Clarity App	Let your patients who use the app know about Clarity's trends, statistics, and patterns. See <a href="http://clarity.dexcom.eu">clarity.dexcom.eu</a> for more information.

## H.5 Follow Up with Patient

For patients using the app, at any time during the sensor session, you can go to **clarity.dexcom.eu** to see their glucose data. For patients using the receiver, that information is available after they return the receiver and you upload the data (see **clarity.dexcom.eu**). Clarity identifies trends, patterns, and presents statistics. You can review this information with the patient to give them insights about how to better manage their diabetes.

At the end of the session, remove the G6 from the patient. See Chapter 6 Ending Your Sensor Session for more information.

## H.6 Next Steps

Your patient may want to have their own G6. It is available for personal use. Direct them to your local Dexcom representative for more information.

You are ready to use the G6 on another patient and introduce them to the benefits of the G6.

# Appendix I: Risks and Benefits

**The intended purpose** of the Dexcom G6 Continuous Glucose Monitoring System (Dexcom G6) is to continuously measure the glucose in the interstitial fluid, calculate the blood glucose reading, and make this value available to the user and follower, if applicable.

When using any medical device, there are risks and benefits. In this appendix, you'll learn what they are.

## I.1 Risks

The risks when using Dexcom G6 are:

- Not getting your alarm/alerts
- Using G6 to make treatment decisions when you shouldn't
- Sensor insertion issues

This section covers each of those risks in detail.

Follow system instructions. If you don't, you could have a severe low or high glucose event.

### Not Getting Alarm/Alerts

If you aren't getting your alarm/alerts, you could have severe low or high glucose without knowing it. Check your display device:

- **Battery charged:** If the display device battery is dead, you won't get G6 readings or alarm/alerts.
- **App on:** Keep the app on so you get G6 readings or alarm/alerts.
- **Alerts on:** Leave the alert function on to get alarm/alerts.
- **Volume up:** Keep the volume loud enough to hear your alarm/alerts.
- **Speaker and vibrations work:** If the speaker or vibrations aren't working, you won't hear or feel your alarm/alerts.
- **In range:** Keep your display device no more than 6 meters from your transmitter, with no obstacles between them. They have to be that close to communicate. If they aren't in range, you won't get G6 readings or alarm/alerts.
- **No System errors:** If you get a system error – such as No Readings, Sensor Error, or Signal Loss – you won't get G6 readings or alarm/alerts.

- During warmup and after session ends: You won't get alarm/alerts or G6 readings during the 2-hour warmup or after a sensor session ends.

See Troubleshooting (Appendix A) and recommended settings (in Chapter 2) for more information.

## Using G6 for Treatment Decisions

You can use your G6 to treat for a low or dose for a high in all but these few situations . See table below for details.

Situation	Treatment Decision Tool
How you feel is consistent with our G6 reading	Use your CGM to make a treatment decision
How you feel is inconsistent with your CGM G6 reading	Take a fingerstick with your blood glucose meter to make a treatment decision
Your CGM displays a sensor glucose number and arrow(s)	Use your CGM to make a treatment decision
Your CGM display is missing G6 reading (number) or arrow(s), or both	Take a fingerstick with your meter to make a treatment decision

Use your G6 for treatment decisions, not your Followers: Dexcom Share allows you to share your sensor glucose information from your smart device to your Followers'. The main risk with Share is misunderstanding its purpose. The information on your display device is the most current – it comes straight from your transmitter – so only use yours for treatment decisions. There can be technical issues and delays in sharing information. Followers can reach out and support you, but don't rely on them or their information to manage your diabetes for you.

Some users found accuracy between different sensors varied significantly. When you insert each sensor, pay attention to its accuracy before deciding to use it for treatment decisions.

For more information on how to make treatment decisions using your G6, see Chapter 5. For more information on Share, see Chapter 7.

## Interfering Substance Risks

In previous generations of Dexcom CGM systems (G4/G5), paracetamol/acetaminophen could affect your sensor readings, making them look higher than they really were. However, with the G6, you can take a standard or maximum paracetamol/acetaminophen dose of 1 gram (1,000 mg) every 6 hours and still use the G6 readings to make treatment decisions. Taking higher than the maximum dose of paracetamol/acetaminophen (e.g. > 1 gram every 6 hours in adults) may affect the G6 readings and make them look higher than they really are.

Hydroxyurea, however, does make your G6 readings look higher than they really are. How much higher depends on the amount of hydroxyurea in your body. If you're taking hydroxyurea, use your BG meter for treatment decisions.

## Sensor Insertion Risks

It's uncommon, but inserting the sensor can cause infection, bleeding, or pain, and wearing the adhesive patch can irritate your skin. Only a few patients in the G6 clinical studies got slight redness and swelling.

No sensor wires broke in the clinical studies; however, there is a remote chance a sensor wire could break or detach and remain under your skin. Sterile broken sensor wires usually don't pose a significant medical risk. If a sensor wire breaks off or detaches and remains under your skin, contact your Healthcare professional and Technical Support at **dexcom.com** or contact your local Dexcom representative

## I.2 Benefits

Some benefits of using your G6 are:

- Knowing your trends
- Making treatment decisions using your G6
- Managing your diabetes
- Getting alerted for low and high G6 readings

This section covers each of those benefits in detail.

## Knowing Your Trends

The G6 sends you a reading every 5 minutes. It also provides reports and views of your information so you can detect and reflect on trends, patterns, and how your body responds to different things, like exercise or pizza. This provides you with a more complete picture of your glucose and lets you see how your daily habits impact your glucose trends.



## Making Treatment Decisions Using G6

You can use your G6 reading and trend arrow to make treatment decisions – like treating for a low or dosing for a high. See Chapter 5 for more information on treatment decisions. With G6, there's no need to take fingersticks to calibrate the system or for treatment decisions (as long as your symptoms match your G6 readings). This can reduce the pain and burden of excessive fingersticks (Aleppo 2017) and reduce potential errors due to inaccurate calibration.

## Helping Your Diabetes Management

The alarm/alerts features (Chapter 4) keep you aware of your glucose levels. Alarm/alerts notify you when your glucose goes outside your target range, goes too low, or too high, or is rapidly falling or rising. This lets you take action to prevent glucose from going too low or high (Pettus 2015).

Some people perceive an increase in their quality of life and peace of mind when using real-time CGM (Polonsky 2017). Share may improve the quality of life and peace of mind for patients, their caregivers, and their support team because it sends Followers G6 readings and alarm/alerts remotely. Followers can then reach out when G6 readings go too low or high.

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## Appendix J: Glossary

A1C	Blood test used to diagnose type 1 or 2 diabetes and to gauge how well you are managing your diabetes. A1C reflects your average blood sugar level for the past 2 to 3 months.
Accessory Device	Hardware connected to your smart device. For example, a <i>Bluetooth</i> head-set, Apple watch, or other smart watch.
Airplane Mode	A setting on a smart device where certain features are disabled to comply with airline regulations.
Alternative Site Testing	Using a blood sample from non-fingertip (alternate) sites such as the palm, forearm, or upper arm for meter values. Do not use alternative site testing to calibrate the G6. Only use fingerstick measurements.
Android	Operating system used for smart devices.
Android Wear	A type of smart watch.
App or Application	Software installed on a smart or mobile device. The G6 app is a display for continuous glucose monitoring.
App Store or Play Store	Internet store for downloading applications to a smart device.
Apple Watch	A smart watch for iPhone.
Blood Glucose (BG) Meter	A medical device used to measure how much glucose is in the blood.
Blood Glucose (BG) Value	Blood glucose value is the amount of glucose in the blood measured by a meter.
<i>Bluetooth</i>	A technology that allows devices to wirelessly communicate with each other.
Calibration	When you calibrate, you take a fingerstick measurement from your meter then enter the value into your receiver or smart device. Calibrating your G6 is optional. Calibration may align your G6 readings with your meter values.

Continuous Glucose Monitoring	A sensor inserted under the skin checks glucose levels in interstitial fluid. A transmitter sends readings to a display device.
Contraindication	A situation where the G6 should not be used because it may be harmful to you. The risk of use outweighs the benefit.
Default	A manufacturer's preset option for a device setting.
Follow or Dexcom Follow App	A Dexcom app used for monitoring another user's glucose information and alerts.
Follower	A person who receives a Sharer's information in Follow.
G6 Reading	The glucose concentration measured in the interstitial fluid.
Hyperglycemia	<p>High BG. Same as "high" or high blood sugar. Hyperglycemia is characterized by an excess of glucose in the bloodstream.</p> <p>It is important to treat hyperglycemia. If left untreated, hyperglycemia can lead to serious complications.</p> <p>You must consult your healthcare professional to determine the appropriate hyperglycemia alert setting for you.</p>
Hypoglycemia	<p>Low BG. Same as "low" or low blood sugar. Hypoglycemia is characterized by a low level of glucose in the bloodstream.</p> <p>It is important to treat hypoglycemia. If left untreated, hypoglycemia can lead to serious complications.</p> <p>You must consult your healthcare professional to determine the appropriate hypoglycemia alert setting for you.</p>
Indications	How, for what purposes, and under what circumstances you should use the G6.
iOS	Operating system used for Apple smart devices.

IP	<p>The International Electrotechnical Commission (IEC) is a nonprofit, non-governmental, international organization created to produce safety standards for electronics. One of the safety standards is the Ingress Protection (IP) Marking, which classifies and rates how protected an electronic device is against dust, water, accidental contact, etc.</p> <p>IP ratings are numerical, with the number based on the conditions the electronic device encounters.</p> <p>An IP22 rating lets you know your electronic device will not allow you to stick your fingers in it and will not get damaged or be unsafe during specific testing with water dripping down.</p>
Jailbroken or Rooted	<p>The removal of limitations and security measures set by the manufacturer on a smart device. The removal poses a security risk and data may become vulnerable.</p> <p>Do not install the G6 app on a jailbroken or rooted smart device. It may not work correctly.</p>
mg/dL	Milligrams per deciliter. The standard unit of measure for BG readings in the United States.
mmol/L	Millimoles per litre. A unit of measure for BG values.
Notification	An app message that appears on the screen of a smart device. Notification may also include a sound or vibration, depending on the smart device settings.
Precaution	Special care to be exercised by you and your healthcare professional for the safe and effective use of the G6.
Safety Statement	A statement of the intended uses of G6 and relevant warnings, precautions, and contraindications.
Sensor Session	The period after inserting a new sensor. During this period, your G6 reading shows on your display device(s) every 5 minutes.
Share or Dexcom Share	A feature of the Dexcom G6 app that lets you securely send your G6 information to Followers.
Sharer	The G6 user who shares their G6 information with Followers.
Simultaneous Voice and Data	The ability to make a phone call and access the Internet on the same cellular connection at the same time.

Smart or Mobile Device	An electronic device that is cordless, mobile, and connected to the internet, such as a smartphone or tablet.
Smart Watch	A watch that communicates with and extends a smart device. For example, an Apple Watch.
Stacking Insulin	Taking a dose of insulin soon after your most recent dose. This can result in low blood sugar. Does not apply to taking insulin doses to cover what you just ate.
Warning	Describes serious and life-threatening circumstances, the consequences, and how to avoid the hazard while using the G6.

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