

## NHS FUNDING

for CGM is available to pregnant women with type 1 diabetes<sup>†</sup>



Olivia living with type 1 diabetes since 2010.



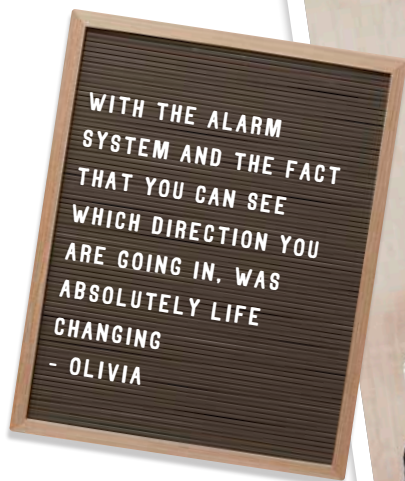
Smart devices sold separately.<sup>†</sup>

# SUPPORTING YOU AT EVERY STAGE.

Growing a tiny human is exhausting.

Your diabetes management doesn't need to be.

**dexcomG6**



## MEET OLIVIA

**She welcomed her happy healthy boy Barnaby to the world in September 2019.**

Olivia knows all too well the difficulty of being pregnant when you have type one diabetes (T1D). **“Navigating pregnancy with type 1 diabetes was like having a second full-time job,”** she says. **“A person with type 1 diabetes makes hundreds of extra decisions in a day. This isn’t taking into consideration what it’s like during pregnancy when you have that additional pressure of making a tiny human who’s growing inside you. It’s a huge undertaking. It really is massive.”**

**“It made such a huge difference to my control,”** says the happy new mum.

Olivia couldn’t feel her highs or lows when she was pregnant with Barnaby. Dexcom’s alerts system – in particular the Urgent Low Soon alert – made navigating her T1D pregnancy a lot easier. She was able to take action when required and better maintain tight glycemic control.

**“Alarms alerting me when I was going low prevented a lot of dangerous situations – especially during the night. I feel it really made me feel safer. Dexcom gave me peace of mind.”**

Find out more about Olivia’s story and all you need to know about using the Dexcom G6 during pregnancy at [dexcom.com/ukiepregnancy](https://dexcom.com/ukiepregnancy)

**We know being pregnant with type 1 diabetes is hard work, but you've got this!**

## WHAT IS CONTINUOUS GLUCOSE MONITORING?

Continuous glucose monitoring (CGM) systems are diabetes management tools that measure glucose at regular intervals using a sensor inserted just under the skin that measures glucose levels 24 hours a day. The device wirelessly transmits glucose readings to a compatible smartphone, smart watch or receiver.<sup>†</sup> It provides you with real-time glucose readings but can also alert you when your levels rise too high or drop too low.

## WHAT DOES CGM MEAN FOR YOUR PREGNANCY?

Real-time CGM has been proven to improve HbA1c levels, increase time in range, and improve neonatal outcomes.<sup>1</sup> Wearing it can reduce the number and length of admissions to the neonatal intensive care unit, and babies are less likely to be born large for gestational age (LGA).<sup>2</sup>

**It gives you the freedom to live in the moment!**

## HOW DOES THE DEXCOM G6 WORK?



### Applicator

- Simple auto-applicator to insert the sensor just beneath the skin



### Sensor

- Measures glucose levels for up to ten days
- Water-resistant wearable<sup>†</sup>



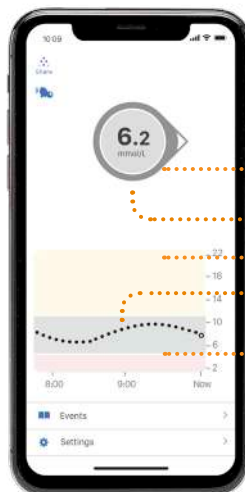
### Transmitter

- Clips in to the top of sensor
- Sends data wirelessly to a display device<sup>†</sup>
- 3-month battery life



### Display device

- Dexcom receiver or compatible smart device<sup>†</sup>



### Dexcom G6 app

Trend arrow

Glucose reading

High glucose alert level

Trend graph and current glucose reading

Low glucose alert level

Smart devices sold separately.<sup>†</sup>

Speak to your diabetes healthcare team about accessing funding for Dexcom G6 throughout your pregnancy.

## THE DEXCOM G6 HELPS YOU STAY IN CONTROL

Tight glycaemic management is never more important – or more difficult – than when you are expecting. Always know your glucose levels, where they're headed and how fast with just a quick glance at your smartphone or watch.<sup>‡</sup>



### ZERO FINGERSTICKS\* OR SCANNING

Pregnancy blood tests can leave you feeling like a pin cushion. With Dexcom you always know your glucose levels without fingersticks or scanning.\*



### URGENT LOW SOON ALERT

You have enough to think about, growing a baby. The Urgent Low Soon alert can warn you 20 minutes in advance of a serious hypo, so you can take action.



### FLEXIBLE WEARING

Wear your transmitter on your belly, or choose the upper arm – whichever is more comfortable during your pregnancy.



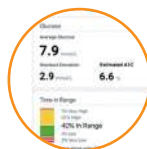
### SHARE DATA

Widen your support network by sharing readings and alerts with loved ones who can help you stay aware of impending hyper and hypo events.<sup>§</sup>



### HIGH AND LOW ALERTS

Babies aren't great at giving warnings about a kick to the ribs or a punch in the bladder... but the Dexcom G6's customisable alerts can let you know if your glucose is going too high or too low.



### DEXCOM CLARITY

You've got enough to think about without keeping a diabetes diary. Dexcom CLARITY App keeps track of all your data and trends and can share them with your healthcare team.

## DEXCOM SUPPORT

NHS funding for CGM is available to pregnant women with type 1 diabetes<sup>†</sup> to help improve neonatal outcomes for families, like it did for Olivia.

Speak to your diabetes healthcare team about accessing funding for Dexcom G6 throughout your pregnancy.

Still have questions about Dexcom G6? Speak to one of our customer advisors.

### Prefer to reach us over the phone?

UK 0800 031 5763 | IE 1800 827 603

**You've got this mama!**

# dexcomG6

\*If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions. †CGM should be offered to pregnant ladies with type 1 diabetes in Scotland, England & Wales. ‡For a list of compatible devices, visit [www.dexcom.com/compatibility](http://www.dexcom.com/compatibility). §Internet connectivity required for data sharing. Following requires the use of the Follow App. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions. || Dexcom G6 sensor and transmitter are water-resistant and may be submerged under eight feet of water for up to 24 hours without failure, when properly installed. 1 American Diabetes Association. 7. Diabetes Technology: Standards of Medical Care in Diabetes—2019 Diabetes Care. 2020 Jan; 43; 1: S71-S80. 2 Feig DS, et al. Continuous glucose monitoring in pregnant women with type 1 diabetes (CONCEPTT): a multicentre international randomised controlled trial. Lancet 2017; 390: 2347–2359. Dexcom, Dexcom G6, Dexcom Follow, Dexcom Share, and Dexcom CLARITY are registered trademarks of Dexcom, Inc. in the U.S. and may be in other countries. © 2021 Dexcom International Ltd. All rights reserved. Dexcom International Ltd and its affiliated European entities. This product is covered by U.S. patent. [www.dexcom.com](http://www.dexcom.com) | +1.858.200.0200 | Dexcom, Inc. 6340 Sequence Drive San Diego, CA 92121 USA | MDSS GmbH Schiffgraben 41 30175 Hannover, Germany. LBL018885 Rev002.