

TRAINING CHECKLIST

READY TO GET STARTED WITH YOUR DEXCOM G6?

We've made it as simple as possible for you to get set up and start getting the most out of your new device.

BEFORE YOU DO ANYTHING ELSE...

- Refer to the instructions for use in the 'Using your G6' guide. If you are yet to receive your G6, the guide can be found at www.dexcom.com/UKIStartHere
- Please visit www.dexcom.com/compatibility to check your mobile phone is compatible.
- You will need a valid email address that you can access to set up the Dexcom App.
- You must be over 18 to create a Dexcom App account. If you are setting up Dexcom for a dependant under 18, first set up an account using your own details including your date of birth. You can add a dependant profile for your child's details.

HELP US, HELP YOU

Don't forget to sign up for our 'Introduction to Dexcom G6' training webinar to help you get off to a great start with your new device – including an opportunity to ask our tech gurus any questions. Visit our website to register and view all our training resources www.dexcom.com/UKIStartHere

1. GET FAMILIAR WITH YOUR EQUIPMENT

If you have received your G6, review all the components and what they do in the **Dexcom G6: Start Here** guide provided in the product pack.



2. DOWNLOAD THE APP

For a list of compatible smart devices visit www.dexcom.com/compatibility. If you have the Dexcom G5 App on your phone, delete it before downloading the G6 App. Log in with your existing G5 App username and password.



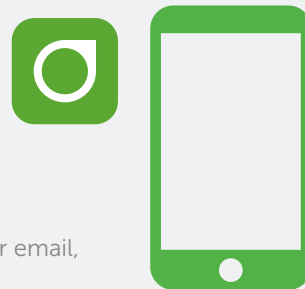
On Apple devices, visit the App Store. On Android devices, visit the Google Play Store. Search for **Dexcom G6 mmol/l dxcm1 app**.

Please note, the Dexcom G6 app will need to be on the mobile phone of the person that will be wearing the Dexcom. The Follow App is different.

3. SETTING UP A COMPATIBLE DISPLAY DEVICE?

Once you have downloaded the Dexcom G6 mobile app, create an account (if you have previously set up a Dexcom account, please use these same details to log in). Remember to set up using your own details first if you are setting up for a dependant.

- The app will send a confirmatory email to you.
 - Click on the green 'Confirm my email' button and follow the prompts on your email, then press submit.
 - **If you are setting up for a dependant** go back to the Dexcom app and select 'create an account'. Select 'create a dependant' then log in using your username and password. Follow the prompts, then press submit.
 - Go back to the Dexcom app and log in with the username and password you have created. If you have set up for a dependant under 18, use the username and password you set up for them.
- If the app doesn't open immediately, or freezes, then try rebooting the phone by switching it off and on again. If you continue to have issues starting the app for the first time, please remove the G6 app and re-install.
- Follow on-screen instructions to enter:
 - Low and high alerts (review these at your next diabetes clinic appointment)
 - Sensor code – to avoid daily calibrations
 - Transmitter serial number



SETTING UP WITH YOUR MEDICAL TEAM?

If you are getting set up with your medical team, you are now all set for your appointment. Your healthcare professional will take you through the remaining steps.

If you are using your mobile phone as your display device remember to bring your mobile phone to your appointment. Don't forget to bring this checklist too.

4. SETTING UP AN OPTIONAL RECEIVER DISPLAY DEVICE?

To turn on the receiver, press and hold the button for 2 seconds. Follow on-screen instructions to enter:

- Date and time
- Low and high alerts (review these at your next diabetes clinic appointment)
- Sensor code – to avoid daily calibrations
- Transmitter serial number



5. INSERT SENSOR AND ATTACH TRANSMITTER

- Choose and prepare sensor site
- Insert sensor with applicator
- Snap in transmitter

Watch step-by-step videos for inserting your sensor and attaching your transmitter at www.dexcom.com/UKIStartHere

The Dexcom G6 sensor lasts for 10 days and the transmitter lasts for 90 days. Keep the transmitter and continue to use it with each new sensor until prompted to replace it due to end of battery life. For help replacing your sensor and transmitter when the time comes, watch step-by-step videos at www.dexcom.com/UKIStartHere



6. PAIR TRANSMITTER AND START SENSOR

- Wait for transmitter to pair
 - Keep display device within 20 feet / 6 meters
- Tap Start Sensor
 - You will not receive readings during 2-hour warm-up



PAIR



2-HOUR WARMUP

7. HOME SCREEN OVERVIEW

Review home screen. A full overview can be found in your **Dexcom G6 User Guide: Using Your G6**.

The home screen shows:

- Sensor glucose reading
- Trend arrow
- Trend graph
- High and low alert levels



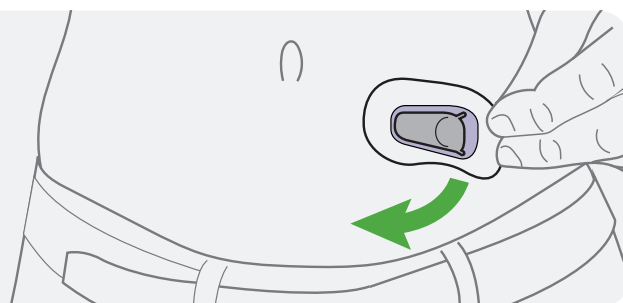
8. TREATMENT DECISIONS

Check out the treatment decisions video on www.dexcom.com/UKIEStartHere under the getting started videos section. Use your glucose meter if:

- Your Dexcom G6 readings do not match your symptoms
- Your Dexcom G6 doesn't show both a number and an arrow

9. ENDING SENSOR SESSION

- Remove sensor and transmitter together from body
- Remove transmitter from holder
- Keep transmitter and continue to use it with each new sensor until prompted to replace it due to end of battery life.



10. DEXCOM CLARITY

Use Dexcom CLARITY software to see data history and trends. View on desktop or download the mobile App from the App Store or Google Play Store for quick access on your smart device. To log in, use the same username and password details as you do for the G6 App.

DEXCOM SUPPORT

The support doesn't end here – we are at the end of the phone if you need any more product or some technical support

EXPERIENCING ISSUES WITH YOUR DEXCOM G6?

Visit our **Technical Support Portal** where you can easily log a product issue at a time that suits you. www.dexcom.com/UKIETechSupport

Contact our Tech Team

Monday - Friday 07:00 - 18:00
Saturday - Sunday 08:30 - 16:30
UK: 0800 031 5763
IE: 1800 827 603

WANT TO PLACE AN ORDER OR HAVE ANY OTHER QUESTIONS?

Contact our Sales Team

Monday - Thursday 09:00 - 17:30
Friday 09:00 - 16:00
UK: 0800 031 5761 or gb.sales@dexcom.com
IE: 1800 827 602 or ie.sales@dexcom.com

For detailed, step-by-step instructions on how to use the Dexcom G6 Continuous Glucose Monitoring System, please refer to your user guide. Failure to use the Dexcom G6 Continuous Glucose Monitoring System (G6) and its components according to the instructions for use provided with your device and available at <https://www.dexcom.com/en-gb/safety-information> and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the G6 do not match symptoms, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.