# Dexcom G7 to Dexcom ONE+

## TRANSITION GUIDE

G7    one+

actual size    →    actual size

**STREAMLINED MONITORING WITH ALL THE ESSENTIALS PACKED IN THE SMALL SENSOR YOU LOVE**

## SMART

### EXCEPTIONAL ACCURACY

Dexcom ONE+ is exceptionally accurate[6,7] ensuring even more confident treatment decisions[¶¶]

### SMART DEVICE COMPATIBLE

Continue to be hands-free with real-time glucose numbers viewable on your receiver, phone and smartwatch[§,††]
(when smartphone is within range of watch)

### SHARE AND SUPPORT

Continue to share your glucose data with up to 10 of your loved ones on the Dexcom Follow app

## EASY[†,1]

### SIMPLIFIED ALERTS

Use a new, streamlined alert system that helps prevent alert fatigue and may reduce rebound hypos by around 19%[‡2]

### LOW-PROFILE

Enjoy a comfortable, low-profile, all-in-one sensor/transmitter that is just as small and fast as Dexcom G7

### FLEXIBLE

Get easy, painless application[†], up to 3 wear locations, and waterproof protection[¶]

## EFFECTIVE[##,3,4]

### INSIGHTS ON PATTERNS

Use Event Entry on the Dexcom ONE+ app to better understand how food and exercise affect your glucose levels[#]

### EASY INTEGRATION

Continue to connect with a variety of health apps for more convenient diabetes management[#]

### PROVEN RESULTS

Dexcom CGM is proven to lower HbA1c, improve time in range, reduce time outside of range, and enhance quality of life[§§,‡‡, 3–5]

## Nervous about making the switch?

## HEAR WHAT DEXCOM ONE+ USERS AND PRESCRIBERS ARE SAYING.

"at last, an all-in-one sensor that's **easy to use!**"
Health Care Provider

"it has really, **truly let me understand** where my sugar levels are going at any point in time."
User

"the 30-minute warm-up time is **impressive.**"
Health Care Provider

"**the perfect answer** to patients' needs."
Health Care Provider

"very **easy to apply** and use."
Health Care Provider

dexcom one+

## MAKE THE EASY TRANSITION FROM DEXCOM G7 TO DEXCOM ONE+ NOW

### HOW TO GET STARTED

**IF USING A SMARTPHONE START HERE**

1. Check the compatibility of your smart device at Dexcom.com/compatibility

2. Download the Dexcom ONE+ app from the App Store or Google Play.

3. Login with your existing account and follow the instructions to set up the app.

**IF USING A RECEIVER START HERE**

4. Ensure you are using a Dexcom ONE+ receiver.

5. Insert your sensor. An optional overpatch is available for extra assurance that your sensor will remain in place during your wear session.

6. Get your readings after the quick 30-minute warm-up. Optional calibration is available for your convenience when starting a new sensor.

### TRANSITION TIPS

**Dexcom ONE+ doesn't have Urgent Low Soon. What do I do?**
Dexcom ONE+ does have a fully customisable Low Glucose alert. You can easily set your specific glucose thresholds and utilize Snooze alerts and trend reporting to help prevent low glucose events.

**Does Dexcom ONE+ integrate with insulin pumps and pens like Dexcom G7?**
Dexcom ONE+ is not currently connected with pumps or pens within the app. However, it CAN still be used alongside any insulin delivery method and with compatible health apps.

**Does Dexcom ONE+ offer optional calibration?**
YES, it is available for those who want the added convenience and peace of mind.

**Can I use my Dexcom G7 receiver with Dexcom ONE+?**
NO, Dexcom G7 components are not compatible with Dexcom ONE+. To get a Dexcom ONE+ receiver, contact ukieorders@dexcom.com.

**Is my phone or smartwatch compatible with Dexcom ONE+?**
Visit Dexcom.com/compatibility to see if your Apple or Android device is compatible.
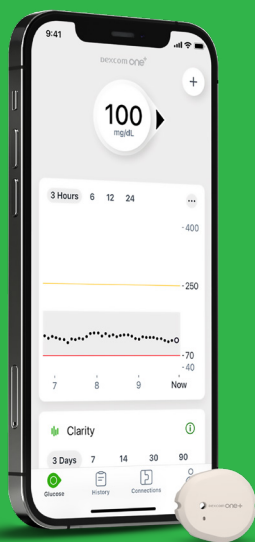
**Do I need to create a new Dexcom, Clarity or Follow account?**
NO, if you are transitioning from a previous Dexcom CGM you do NOT need a new account. Simply use your existing username and password on all Dexcom apps.

**Should I keep the Dexcom ONE+ box?**
YES, we recommend keeping the box and applicator. The serial number can be easily referenced should you need to contact support.

## everything you need. and just that.

### A USER-FRIENDLY CGM

|  | DEXCOM G7 | DEXCOM ONE+ |
|---|---|---|
| **SENSOR** | | |
| 10-day lifespan | ✓ | ✓ |
| Small sensor | ✓ | ✓ |
| All-in-one sensor and transmitter | ✓ | ✓ |
| Warmup | 30 minutes | 30 minutes |
| 12-hour grace period | ✓ | ✓ |
| Water performance¶ | Waterproof | Waterproof |
| **ALERTS** | | |
| Urgent Low Soon Alert | ✓ | – |
| Silent mode§ | ✓ | – |
| Alert schedule | ✓ | – |
| Customizable sound and volume | ✓ | ✓ |
| High and low alerts | ✓ | ✓ |
| Delay 1st High alert | ✓ | ✓ |
| **APPS** | | |
| Dexcom CGM System app | ✓ | ✓ |
| Dexcom Follow app‖ – circle of support (max 10) | ✓ | ✓ |
| Dexcom Clarity | ✓ | ✓ |
| **COMPATIBILITY** | | |
| Seamless integration with a selection of insulin pumps** | ✓ | – |
| Smartphone iOS and Android§ | ✓ | ✓ |
| Standard Smartwatch mode†† | ✓ | ✓ |
| Dexcom receiver | ✓ | ✓ |
| **WEAR LOCATION** | | |
| Back of arm | ✓ | ✓ |
| Abdomen | ✓ | ✓ |
| Upper buttocks | 2–6 years old | 2–6 years old |

### SUPPORT & RESOURCES

To transition to Dexcom ONE+, talk to your health care professional or visit: **Dexcom.com/en-gb or Dexcom.com/en-IE**

For Tech Support visit:
**Dexcom.com/en-gb/contact-us-direct or Dexcom.com/en-IE/contact-us-direct**

† Results obtained with Dexcom G7, which shares the same hardware platform as Dexcom ONE+ and similar features and usability. § Smart devices sold separately. For a list of compatible devices, please visit Dexcom.com/compatabilty ‡ RWE analysis derived from a pseudonymized, aggregated and/or anonymous data set of Dexcom G7 users in the UK and EU. ¶ The Dexcom ONE+ Sensor is waterproof and may be submerged under 2.4 meters of water for up to 24 hours without failure when properly installed. # Compared to Blood Glucose Meter patient use. ‖ Internet connectivity required for data sharing. Following requires the use of the Follow app. Users should always confirm readings on the Dexcom ONE+, Dexcom G6 or Dexcom G7 app or receiver before making treatment decisions. ** To learn more about insulin pump integrations and compatibility with Dexcom CGM Systems, visit Dexcom.com/integrate †† Simultaneous use of a compatible smartphone is required to receive glucose readings on a compatible smart watch. §§ Time in range was defined as 3.9-10 mmol/L - 70-180 mg/dL. ‡‡ Results obtained with a previous generation of Dexcom CGM system and are applicable to Dexcom ONE+ given similar feature sets and better performance and usability. ¶¶ Compared to previous generation, Dexcom G7. ## Results obtained with a previous CGM generation. 1 Dexcom Data on File, 2021 (HF Summative report in Agile July 5). 2 Wilmot, E. "Dexcom G7: Unique Features and Correlational Improvements in Glycemic Control." Presented at the 16th International Conference on Advanced Technologies & Treatments for Diabetes (ATTD) on February 23, 2023. 3 Lind M et al. JAMA. 2017;317(4):379-387. 4 Beck RW et al. JAMA. 2017;317(4):371-378. 5 Beck RW et al. Ann Intern Med. 2017;167(6):365-374. 6 Pemberton JS, et al. Diabetes Obes Metab. 2023;25(4): 916-939. 7 Dexcom ONE+ User Guide, 2023.

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