

# Mpox signs and symptoms



## Symptoms of Mpox can include:

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion
- Respiratory symptoms (e.g. sore throat, nasal congestion, or cough)
- A rash that may be located on or near the genitals (penis, testicles, labia, and vagina) or anus but could also be on other areas like the hands, feet, chest, face, or mouth.
  - The rash will go through several stages, including scabbing, before healing.
  - The rash can look like pimples or blisters and may be painful or itchy.

## You may experience all or only a few symptoms:

- Sometimes, people get a rash first, followed by other symptoms. Others only experience a rash.
- Most people with Mpox will get a rash.
- Some people have developed a rash before (or without) other symptoms.




Mpox symptoms usually start within 3 weeks of exposure to the virus. If someone has flu-like symptoms, they will usually develop a rash 1–4 days later.

Mpox can be spread from the time symptoms start until the rash has healed, all scabs have fallen off, and a fresh layer of skin has formed. The illness typically lasts 2–4 weeks.

## If you have a new or unexplained rash or other symptoms:

- Avoid close contact, including sex or being intimate with anyone, until you have been checked out by a health care provider.
- If you don't have a provider or health insurance, visit a public health clinic near you.
- When you see a health care provider, wear a mask, and remind them that this virus is circulating in the area.



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