



EQUIPPED TO WIN | EPISODE 2: LOVE GOD

SUMMARY STATEMENT:

Our love for God results in action. A healthy relationship with God begins with living from God's love, not working for God's love. Trusting with big faith, resting on the Sabbath, and our worship are other practical ways we love God.

CONNECT

Describe your perfect day of rest. What are a couple of things you will definitely do and will not do?

PROTECT

Pray for your group to rest like God did on the Sabbath and to worship Him without holding back. Ask God to shape you into Spirit-filled leaders with lives marked by big faith.

GROW

1. What did you find helpful from the video?
2. How do you define living from God's love versus living for God's love?
3. Read Genesis 3:1-7 and 3:21-24. Adam and Eve believed lies about God. How did these lies keep them from experiencing real rest? What gets in the way of you practicing the Sabbath every week?
4. Has there ever been a time you had to walk by faith because of uncertainty in your life? What abilities or insights did God deposit into your life because of that experience?
5. The Holy Spirit fills leaders. In Judges 3:7-11, it says the Spirit was upon Othniel, Caleb's younger brother. He was the first judge in Judges. In Acts 6:5, it says that Stephen, the first martyr, was full of the Holy Spirit. What are some qualities you have seen in a Spirit-filled leader?
6. Read John 4:21-24. What does Jesus teach about worship in this passage?



PRAY

Thank God for the gift of the Sabbath and that ultimate rest is found in Him. Ask Him to show us what it looks like to worship Him in a way that does not hold back and to help us to worship Him in Spirit and in truth. Ask Him to fill us with His Spirit and increase our faith in Him. Have someone read Hebrews 4:14-16 and ask God to help everyone confidently approach His throne of grace.

