

Leading Self

Develop Your Strengths and Grow Your Contributions

Who Can Benefit

- Individual contributors
- High potential employees
- Anyone interested in focusing on self-development

Key Learnings

- Examine how your individual strengths impact your team
- Challenge your comfort zone
- Develop your personal learning strategy

The FCCS Accelerate Center's Leading Self program supports individual contributors and others interested in personal growth in a program of self-exploration to enlighten and inform your future. Join us on this 3-day experiential learning event to develop your strengths and use them to meaningfully contribute to your personal success and to the success of your team.

LEADING SELF OVERVIEW

- + The self development and mindsets explored in Leading Self will challenge your comfort zone through **influential and impactful activities** that will help you develop your personal learning strategy while developing your self-awareness and mindfulness.
- + Study a critically acclaimed docuseries exploring leadership and teams on Mt. Everest and play an experiential classroom game of **climbing the mountain**.
- + Create your **personal learning strategy** to carry your development goals outside the classroom and help guide you to your next career goal in leadership.
- Enjoy content and format developed and delivered by an expert FCCS team wellversed in adult learning and professional development, enhanced by outside experts and thought leaders, and informed by our clients and two Client Advisory Boards.

ACCELERATE your learning and growth today.

Contact our leadership experts



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LEARNING THEMES

- + Teamwork
- + New team members
- + Self-awareness
- + Leadership
- + Complexities
- + Perception
- + Unexpected conditions
- + Conflict management
- + Diversity
- + Accountability

TARGETED TOPICS

+ CliftonStrengths

This Gallup® assessment will **identify your innate talents** and apply them to your relationships and your work while also addressing them through experiential learning activities and discussion.

- Personal Learning Strategy
 Learn an engaging and effective learning strategy
 for continuing self-development both inside and outside of the classroom.
- + Denver Adventures

 Get "Lost in the Woods" on a half-day nature

 walk that includes leadership lessons and

 team activities.
- Guest Speaker
 Listen to an experienced, native Himalayan
 Sherpa share leadership lessons learned on the world's highest peaks.

OBJECTIVES

- INTERPRET how your specific strengths and behaviors impact your work and others' perceptions of you.
- LEARN how your natural strengths contribute to your success as an individual and as a valued team member.
- DEVELOP your personal learning strategy that will carry your self-development past the classroom and impact your future growth.
- and team building through
 experiential learning activities as
 if you were climbing Mt. Everest in
 the harshest of conditions.
- RECOGNIZE your mindfulness of others' hardships and the diverse experiences they bring to a team.



SYLLABUS

Leading Self

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Join us on a learning event and develop your strengths and use them to meaningfully contribute to your personal success and to the success of your team.

PRE-EVENT PREPARATION

- + Watch Ultimate Survival: Everest—complete the 6-episode docuseries.
- **+ CliftonStrengths**—complete the assessment.

Day

The Strength to Summit

Uncover your innate strengths and talents and learn how each strength contributes to the success of a team. Create your personal learning strategy to continuously develop your strengths in your place of work. Enjoy an experiential game of summiting Mt. Everest and the self-development that come with the success and failures of traversing difficult and challenging scenarios.

FEATURED LEARNING MODULES

- + Understand your CliftonStrengths Assessment
- + Introduction to The Ultimate
 Ascent theme and game
- + Personal Learning Strategy

OUTCOMES

- + CliftonStrengths insights
- + Understand the integral relationship of how individual skills impact a team
- + Personal Learning Strategy





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Day 2

Lost in the Woods Excursion

Experience a half-day nature walk with leadership lessons and activities like building a shelter and other team-oriented survival skills that emphasize your individual strengths and contribution of your strengths to a team, plus the decisions being made in the moment.

OUTCOMES

- + Emphasize individual strengths and how they contribute to a team's success or failure
- + Critical thinking skills and decision-making skills with limited information
- + Relationship building
- + Identify future team skills needed to meet changing customer needs





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Day 3

Peak Leadership

Wrap up your trek on Mt. Everest by hearing from a guest speaker who has scaled some of the world's highest peaks and his experience of self-discovery. Reflect on your own self-awareness and how newly found awareness and strengths will impact your business.

FEATURED LEARNING MODULES

- + Guest speaker, native Himalayan Sherpa, Pemba Sherpa Tenzing
- + Goal Setting with Your Strengths
- + The Ultimate Ascent
- + Personal Learning Strategy

OUTCOMES

- Continuous self-awareness and selfdevelopment that contributes to a team's success
- + Understand how individual strengths work together for a successful team
- + Set attainable goals to cultivate your strengths and apply them in your job

POST JOURNEY

MEET with your leader to share your strengths, your goals, and personal learning strategy.

