



Title: Modern Leadership Lessons from a Historic Expedition of Discovery with Sean Murray

Description: In this time of pandemic and constant change, today's leaders need to be prepared to face a future that is largely a mystery. There is no greater example of effectively leading a team into the unknown than that of the Lewis and Clark Expedition. On today's episode of The Forward Thinking Podcast, FCCS VP of Marketing and Communications Stephanie Barton interviews CEO of RealTime Performance, Inc. and host of The Good Life Podcast Sean Murray. Sean has been partnering with FCCS on the soon-to-launch Lewis and Clark experience and has valuable insights that can be used as a metaphor to teach effective leadership in today's world. Sean shares insights into this high-performing team and the actions that led to their ultimate success. From defining a vision and building a diverse team to journaling and overcoming burnout, there are powerful and relevant lessons to be learned from this incredible leadership team and their awe-inspiring journey.

Today's Insights Include:

Looking to the Lewis and Clark expedition to teach leadership

- + Just like Lewis and Clark, we are all moving toward unexplored territory every day.
- + The upcoming FCCS experience will provide a valuable and insightful leadership experience.
- + An overview of the Lewis and Clark expedition shows the importance of effective co-leadership.
- + The true American story includes diversity and inclusion across a team.

The relevance of the Lewis and Clark expedition today

- + High performing teams start with a clear vision and a well-stated mission.
- + Discovery can be the overarching goal of an effective team.
- + Diversity in a team will lend the skills that accomplish a vision.
- + Resiliency and the ability to overcome burn-out is a critical element of success.



Surprising lessons learned

- + Journaling was a critical element to the preservation of the lessons learned from this experience.
- + Over one million words were captured by Lewis and Clark, detailing all they saw and how decisions were made.
- + Journaling provides an opportunity to reflect on the day and prepare for the next day.
- + It is essential for today's leader to give a voice to all team members.

Takeaways from the Lewis and Clark Virtual Experience

- + This leadership development experience will meet six times to follow specific experiences in the expedition and then draw leadership lessons from each.
- + From defining a vision and building a diverse team to journaling and overcoming burnout, there are several key lessons that will be discussed.
- + Application of these lessons has the potential to create a great impact in today's world.

This podcast is powered by [FCCS](#).

[Click here](#) to learn about the Lewis and Clark programs available to you.

Get in touch

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Tweetables

"We are all moving into the future, toward unexplored territory, every day." — Sean Murray

"High performing teams start with a successful vision." — Sean Murray

"We can learn a lot from Lewis and Clark and how they successfully completed their expedition." — Sean Murray

"Carve out time for solitude each day. It's essential to spend time each day thinking about where you are and where you want to go." — Sean Murray