



### NingXia Red Packets

Pop in the refrigerator and drink one each day in the morning or afternoon to flood the body with nutrition.



### NingXia Nitro

Drink one tube each afternoon or before a workout to increase energy and focus.



### Super B

Take 2 tablets in the morning to enhance your energy levels throughout the day.



### NingXia Zyng

Skip to sugar-filled carbonated beverages and grab a chilled can of Zyng for an afternoon pick-me-up.



### EndoFlex Vitality Essential Oil

Add a drop of EndoFlex Vitality to your morning shot of NingXia Red to boost your adrenal performance.



### En-R-Gee Essential Oil

Drop En-R-Gee into your palms and inhale or rub over the adrenals (lower back) for a pick me up on the groggiest day.



### Peppermint Essential Oil

Add 4-6 drops Peppermint Oil to your diffuser for mental alertness and superb cognitive function. Pairs beautifully with Lemon or Ylang Ylang Oils to lift your mood.