



### Envision Essential Oil

Diffuse or wear Envision Oil each day as you reset your mindset for a fresh vision in each year.



### Balance Complete

Replace one meal or snack each day with Balance Complete in a smoothie, shake, or drink for an option high in fiber, protein, and containing the good fats, enzymes, vitamins, and minerals needed for a nutritionally dynamic meal.



### Slique Essence

Shake Slique Essence vigorously before use. Add 2-4 drops to 4-6 oz. of your favorite beverage, Slique Tea, or water. Use between and during meals regularly throughout the day whenever hunger feelings occur.



### Ningxia Red

Drink one packet of Ningxia Red each morning or during the afternoon slump for sustained energy from a flood of nutrients.



### Life 9

Take 1 capsule every night following a meal or as needed to increase good gut flora. Take a few hours before or after taking other medications and take at least 2-3 hours before or after antibiotics.



### ICP

Mix 2 rounded teaspoons with at least 8 oz. of juice or water. If cleansing or eating a high-protein diet, use 3 times daily. If eating a low-protein diet, use once daily. Drink immediately as this product tends to thicken quickly when added to liquid.



## Comfortone

Take 1 capsule 3 times daily. Drink at least 64 ounces of distilled water throughout the day for best results.



## Essentialzyme

Take 1 dual time-release Essentialzyme caplet 1 hour before your largest meal of the day to help break down build up in the colon and support increased digestion.

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For more instructions on cleansing the colon with The Cleansing Trio, we recommend [Inner Transformations Using Essential Oils](#) by Leanne Deardeuff as a cleansing guide.

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