



### Progessence Plus Serum

Apply 2-4 drops of Progessence Plus Serum to your forearms each morning as a progesterone supplement balancing mood and supporting hormonal health.



### Sensation Essential Oil

Diffuse or wear Sensation Oil each day as you reset your hormonal balance and work on believing in your appeal to others.



### Dragon Time Massage Oil

Rub Dragon Time Massage Oil over abdomen and body as needed when moody or “off,” especially during menstruation each month.



### Shutran Essential Oil

Males or females apply a few drops of Shutran daily to help the body increase testosterone levels and balance mood and energy.



### EndoFlex Essential Oil

Apply EndoFlex over the neck or under the tongue to support the endocrine system for balanced hormone levels. Great for kids and teens.



### FemiGen

Take 2 FemiGen capsules with breakfast and 2 capsules with lunch to support the female reproductive system. Prostate Health can be a replacement for men or can also be used by women.

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### SclarEssence Essential Oil

Apply SclarEssence on the ankles or drop under the tongue to help balance healthy estrogen levels and support hormone balance.



### Prenolone Plus

Rub Prenolone + on any trouble areas, especially with aging, to moisturize and tighten skin.