



Lemon Essential Oil

Mix a couple drops with carrier oil and rub over your belly.



DiGize Essential Oil

Rub 1-2 drops topically on your belly to support normal elimination.



K&B

Take 3 half droppers three times daily in distilled water to support normal kidney and bladder health.



Essentialzyme

Take 1 dual time-release Essentialzyme capsule 1 hour before your largest meal of the day to help break down build up in the colon and support increased digestion.



Sulfurzyme Powder

Mix 1/2 teaspoon with water or NingXia Red and take one hour before or after meals to aid with digestion.



JuvaFlex Vitality Essential Oil

Add 1 drop to a morning smoothie or 2 ounces of NingXia Red to support overall wellness.



ComforTone

Take 1 capsule 3 times daily. Drink at least 64 ounces of distilled water throughout the day for best results to comfort the Excretory System.



Juvatone

Take 2 tablets two times daily between meals to support healthy liver function.



Rehemogen

Take 3 half droppers three times daily in distilled water prior to eating meals with protein.