



Sulfurzyme Capsules

Take 2 capsules daily to maintain healthy skin, hair, and nails.



Life 9

Take 1 capsule every night following a meal or as needed to increase good gut flora.



Mineral Essence

Take 5 half droppers each morning and evening or as needed as a mineral supplement.



ART Skincare System

Use the ART Skin Care System to cleanse, tone, and moisturize your face every morning and evening.



Genesis Lotion

Apply a quarter size amount to your entire body after getting out of the shower to maintain moisture in your skin.



ART Renewal Serum

After cleansing and moisturizing your face, follow with a small amount of ART Renewal Serum. Make sure you rub into the neck area.
