



Cel-Lite Magic Massage Oil

Massage into legs and arms in the morning and evening to encourage lymphatic drainage.



Super C Tablets

Take 1 tablet daily to support a healthy immune system.



Grapefruit Essential Oil

Dry brush your skin in the morning. Finish with massaging Cel-Lite Magic Massage Oil and Grapefruit into your skin before you shower.



MultiGreens

Take 3 capsules 2 times daily to provide natural sustainable energy throughout your day.



AgilEase

Take two capsules each morning with breakfast to support joints, bones, and muscles.



Slique Essence

Shake Slique Essence well before using. Add 2-4 drops to 4-6 oz. of your favorite beverage, Slique Tea, or water. Drink between meals to control feelings of hunger.



Lemongrass Essential Oil

Dry brush your skin in the morning. Finish with massaging Cel-Lite Magic Massage Oil and Lemongrass into your skin before you shower.



Rosemary Essential Oil

Dry brush your skin in the morning. Finish with massaging Cel-Lite Magic Massage Oil and Rosemary into your skin before you shower.



Citrus Fresh Essential Oil

Add a few drops of Citrus Fresh to your favorite massage oil and massage on lymph nodes and under arms.



Cypress Essential Oil

Add a few drops of Cypress to your favorite massage oil and massage into legs and other problem areas to help improve circulation and get the blood flowing.



Essentialzymes-4

Take 2 capsules 2 times a day with biggest meals to help digest the 4 basic food digestion processes of fat, protein, carbohydrates, and fiber.