

Heather Quaile

Dr. Heather Quaile is a clinical and academic leader and entrepreneur. A board certified, women's and gender health nurse practitioner specializing in human trafficking and female sexual health, Dr. Quaile created and implemented a medical program, the first of its kind emergency stabilization for commercial sexual exploitation of youth in Georgia.

Recognizing the lack of sexual health awareness in her community and in community providers, Dr. Quaile founded, developed, and implemented the Sexual Health Optimization and Wellness (SHOW) Center. She is passionate about health and wellness and provides a range of services, addressing the biopsychosocial aspects of health, wellness, optimization, and sexuality. Her combined training as a women's health nurse practitioner and a sex counselor enables her to help patients with every aspect of their concerns, as well as using a trauma-informed care framework. Dr. Quaile is committed to changing the systems and beliefs that have stigmatized women's health and female sexuality through a non-judgmental, empathic approach grounded in evidence-based research.

Dr. Quaile is the medical lead for the Receiving Hope Center, her "passion project," which is operated through Wellspring Living. She created and implemented a medical program in this first-of-its-kind human trafficking residential facility/center for emergency stabilization for teenage male, female, and transgender youth (12-17 years old) in Georgia.

Dr. Quaile earned two undergraduate degrees: one in psychology from Loyola University in Maryland and the other in nursing from the University of Central Oklahoma. She also earned a Master of Science in Nursing (with honors) with a specialty in Women's Health from Vanderbilt University, as well as a Doctor of Nursing Practice from Chatham University.