

# TEN DAYS OF GRATITUDE CHALLENGE

How to participate: Select 10 consecutive days to complete your challenge. In each circle, write a least 1 thing you are grateful for. Repeat for 10 days. Submit your tracker [HERE](#) no later than May 31 to be entered to win a Big Read Gratitude Prize Pack. Questions? Email [events@mpt.org](mailto:events@mpt.org)

NATIONAL  
ENDOWMENT  
for the **ARTS**  
**BIG READ**  
Managed by Arts Midwest  
[arts.gov/neabigread](http://arts.gov/neabigread)

day 1

day 2

day 3

day 4

day 5

day 6

day 7

day 8

day 9

day 10

NAME:

EMAIL:

