

CLIMATE RESOURCES FOR PROVIDERS WORKING WITH YOUTH AND FAMILIES

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BOOKS

- *All the Feelings Under the Sun* by Leslie Davenport
- *How to Talk to Your Kids About Climate Change: Turning Angst into Action* by Harriet Shugarman
- *Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World* by Katherine Hayhoe
- *Coco's Fire: Changing Climate Anxiety into Climate Action* by Jeremy Wortzel, Lena Champlin, and the Group for the Advancement of Psychiatry

ONLINE RESOURCES

- [Talkclimate.org](https://talkclimate.org)
- <https://climatekids.nasa.gov/>
- <https://www.youngvoicesfortheplanet.com/>
- <https://gendread.substack.com/>

THERAPEUTIC RESOURCES

- Climate Psychiatry (<https://tinyurl.com/2dp2k8ad>) and Climate Psychology (<https://tinyurl.com/2p8vptsy>) Alliances
- APA's 2021 Mental Health Rept: <https://tinyurl.com/478je9nu>
- Emotional Resiliency in the Era of Climate Change by Leslie Davenport, MS, MFT: <https://tinyurl.com/ycyma7nz>
- Coping with Climate Change Distress: <https://tinyurl.com/ft3a4kt9>
- Eco-focused mindfulness: Insight Timer's 10-part series on Earth Consciousness: <https://tinyurl.com/2p8j35n9>

GROUPS

- Climate Cafés (through CPA-NA and CPA): <https://climatecafes.org/>
- The Work that Reconnects (Joanna Macy): <https://workthatreconnects.org/>