

# 4 FEAR

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## **NIKO'S STORY: DELIVERANCE FROM FEAR**

Niko lives near a lake. Some of the people in her village are fishermen; others are farmers. One day when Niko's husband was away in the city, their son suddenly became seriously ill. The illness began with a high fever and diarrhea, and soon the boy was unconscious. Fear gripped Niko's heart.

Niko went to the village witchdoctor who consults the spirits to find help for people who are in trouble. The witchdoctor killed a chicken and examined its entrails. Then he told her that someone had put a curse on her son. He said the curse had caused him to become ill and fall unconscious. The witchdoctor gave her a powerful medicine in a pouch and told her to attach it to her son's body to counteract the curse that made him ill.

Although Niko did everything the witchdoctor had told her to do, her son got worse. She was afraid her son would die.

It was at this time that Niko heard about a man in her village who prayed for people in the powerful name of Jesus. Her fear and desperation caused her to go to the man's house. He was a preacher and a follower of Jesus.

The preacher told Niko that God sent a Savior into the world to save us from our sins. This same Savior has power to heal the sick and drive out demons. His name is Jesus. He told her that Jesus died on a cross to pay the price for our sins and for the sins of all people in the world. His body was taken down from the cross and buried. But three days later, Jesus arose from the dead. He appeared to His followers many times, and then He returned to heaven where He prays for us every day. The preacher told Niko that Jesus has the power to heal her son.

Niko took the preacher to her home, where he prayed for her son in the name of Jesus. The boy was completely delivered and restored to health. Fear left Niko, and peace filled her heart. Now Niko and her family are followers of Jesus.

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**IN THIS LESSON YOU WILL STUDY:**

- No fear of illness
- No fear of darkness
- No fear of sorcery
- No fear of death

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There are many things in this world that bring fear to our hearts. Many people have fear when someone in their family becomes ill. Others have a hard time sleeping at night because they know that much evil is done in the darkness.

There are those who have fear of evil men who might harm them. Many have fear of those who practice sorcery. They fear those who use evil objects to gain power from the spirits to send curses and bring harm to others. Others have a great fear of death because they do not know what awaits them after they pass from this life.

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***The sources of  
fear are:***

- ***Illness***
  - ***Darkness***
  - ***Sorcery***
  - ***Death***
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## **NO FEAR OF ILLNESS**

The believer who follows Jesus does not fear times of illness. The believer puts his or her faith in God, who is our healer and deliverer. This is what a writer of the Psalms wrote:

Praise the Lord, O my soul; all my inmost being, praise his holy name. Praise the Lord, O my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion. (Psalm 103:1–4)

God is worthy of all praise. We praise Him from our inmost being for all He has done for us. God is our healer. As we call on Him in our times of illness, He heals all our diseases. He delivers us from the pit of suffering and shows us His love and compassion.

## NO FEAR OF DARKNESS

The believer who follows Jesus sleeps well at night. He or she does not fear the darkness because Jesus is near. The follower of Jesus does not fear evil men who often do evil things in the darkness because God will never leave nor forsake those who follow Him. Jesus promised, “I am with you always, to the very end of the age” (Matthew 28:20).

These are promises that God made in the Holy Bible, “God is our refuge and strength, an ever-present help in trouble” (Psalm 46:1).

You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. (Psalm 91:5–6)

When we trust in God, we know He is near. Therefore, we do not fear the evil that happens in the darkness. God is our refuge and strength. He is our protector.

## NO FEAR OF SORCERY

The follower of Jesus does not fear sorcery. In the name of Jesus, we have power over every curse, over the evil eye, and over every evil object. Jesus is the powerful Savior. He said, “All authority in heaven and on earth has been given to me” (Matthew 28:18).

## NO FEAR OF DEATH

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***The follower  
of Jesus does  
not fear death  
because Jesus is  
the resurrection  
and the life.***

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The believer who follows Jesus has no fear of death. Jesus not only died for our sins, but three days later He arose from the dead and defeated death. Because He lives, all who follow Him will live forever in God’s presence and experience His blessings in heaven. This is what Jesus promised, “I am the resurrection and

the life. He who believes in me will live, even though he dies” (John 11:25).

God’s Word tells us that at death everyone’s soul either goes to heaven with God or to a place of suffering called hell. The wicked will go to hell to be punished for their sins. However, the followers of Jesus know that when they die their bodies will be buried, but their soul will go to be with God in heaven.

The Holy Bible says that one day our bodies will come out of the grave when Jesus returns to earth. He died, rose again, and then ascended into heaven. And the Holy Bible promises that He is going to come to earth again to take all His followers to heaven to be with him in the presence of God forever. When He returns all those who have died in Christ will come to life again, coming out of their graves. They will join the believers who are still alive, and they will all be caught up into heaven. They will all be with Jesus in the presence of God forever. This is the promise:

We believe that Jesus died and rose again and so we believe that God will bring with Jesus those who have fallen asleep in him. For the Lord himself will come down from heaven, with a loud command, with the voice of the archangel and with the trumpet call of God, and the dead in Christ will rise first. After that, we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. (1 Thessalonians 4:14, 16–17)

***The Holy Bible  
promises that  
all who follow  
Jesus will one  
day be with Him in  
heaven.***

Jesus is coming to earth again. He is coming to take all believers to heaven where they will be with God forever. Through Jesus we have no fear of death, for as Jesus rose from the dead, so we will rise to a new life. Jesus has won the victory over the grave.

Death has been swallowed up in victory. Where, O death, is your victory? Where, O death, is your sting? The sting of death is sin, and the power of sin is the law. But thanks be to God! He gives us the victory through our Lord Jesus Christ. (1 Corinthians 15:54–57)

The follower of Jesus does not fear evil men and witchcraft, for Jesus is near. In His name we have power over every evil force. The believer

has no fear of illness or death because Jesus is our healer, and He has already conquered death. Jesus is coming again to take all His followers, both those who have already died and those still living, to be with Him forever in paradise.

What brings fear to your heart? You need to trust in Jesus. If you will call on His name, He will save you and deliver you from all evil. If you want to be free from fear, please pray this prayer.

## *Prayer*

*Jesus, I trust You as my Savior. Forgive me of my sins. I know that You are the powerful Savior. Please remove all fear from my heart and fill my life with Your peace as I follow you. I ask this in Your Almighty Name, Amen.*

**TO HELP YOU LEARN**

*Please answer these questions.*

1. What are the four sources of fear?

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2. Why doesn't the follower of Jesus fear sorcery?

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3. The follower of Jesus does not fear death because  
Jesus is

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4. Where will the follower of Jesus go after death?

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