You Are Learning to Walk

Have you ever watched a child who is learning to walk? Barely able to stand, the little one wobbles and totters around the room, holding onto whatever can be reached. But what excitement! What a look—as if the whole world had been conquered! And so, sometimes moving, sometimes standing, sometimes falling—but always getting up again and going on—the child learns to walk. The desire to succeed is strong. All the time the parents are close by, reaching out to help and encourage every step.

You are like that child in some ways. You have a new life from God. But learning how to live it is like learning how to walk. You need to be strong in your desire to succeed. Your heavenly Father is close by, ready to help. But you must try. You must put your hand in His hand and keep trying. If you do, every day you will improve. Your steps will become more firm and sure. You will stumble less often. Your ability will grow, and you will fulfill God's wonderful plan for your life.

The Plan

- A. Put Your Hand in God's Hand
- B. Face Problems With God's Help
- C. Do What God Asks You to Do

The Goals

- 1. Describe what it means to walk with Christ.
- 2. Discover how to overcome discouragement, opposition, and doubt.
- 3. Take steps to make sure of your salvation.

A. Put Your Hand In God's Hand

Goal 1. Describe what it means to walk with Christ.

How happy parents are when their baby takes his or her first steps! And how happy your heavenly Father is when you, His child, begin to walk with Him in this Christian life! Do not be afraid that you will fall; just put your hand in your Father's and He will help you. Each day, as you awake, ask Him to help you in everything you do that day.

Application

- 1 The way to learn how to walk in your new life is to
- a) place confidence in yourself and your ability.
- **b)** put your hand in God's and trust Him to help you.
- c) wait until you know everything that you should do.

B. FACE PROBLEMS WITH GOD'S HELP

Goal 2. Discover how to overcome discouragement, opposition, and doubt.

Has Satan Tried to Make You Fall?

Satan, the devil, is an enemy of God and of every Christian. He tries to trip you up and make you fall. He may use persecution, ridicule, discouragement, or temptation. He will try to make you doubt that you are saved. Satan always fights against Christians and tries to take them away from God. He especially seeks to confuse new Christians with doubts and difficulties. He does not want you to learn to walk with God.

So do not be surprised if you get a few bumps while you are learning to walk. A child may run into a chair and hurt himself or lose his balance and fall, but this is no reason for him to refuse to try to walk again.

Application

- **2** Circle the letter before each TRUE statement.
- a) Satan often tries to make new Christians doubt their salvation.
- **b)** Discouragement is a sign that God is angry with you.
- **c)** After you become a Christian, you will have no more problems.
- **d)** As a new Christian, you can expect that Satan will fight against you.

Remember that your heavenly Father is much stronger than the devil, and He will hold your hand.

John 10:28 "I give them eternal life, and they shall never perish; no one can snatch them out of my hand."

Application

3 Memorize the words of Jesus in John 10:28.

Are You Suffering for Christ's Sake?

Do not be surprised or angry if your family or some of your friends make fun of you for accepting Christ. They may even persecute you. It is an honor and privilege to suffer for the One who died on the Cross for us. We *carry our crosses* and follow Him, letting Him know that we appreciate what He suffered for our sakes.

Besides, the Lord promises to reward those who suffer for His sake.

Luke 9:23 "Then he said to them all: 'If anyone would come after me, he must deny himself and take up his cross daily and follow me."

Matthew 5:10–12 "Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."

Application

- **4** Jesus said that when you suffer because you are His follower, you should be
- a) sad and discouraged.
- **b)** angry and ready to fight back.
- c) happy because He will reward you.

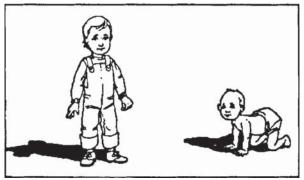
Are You Discouraged or Bothered with Doubts?

Do not be discouraged if you have a hard time doing what is right. When new Christians make a mistake, the devil tries to discourage them by making them think: "Now look at what I've done. I must not be a child of God, or I would act differently."

Some new Christians become confused and give way to doubt. They think: "I can't live a Christian life; it's too hard for me. I might as well go back to my old life. Besides, I don't see the great change in myself that the Christians talk about. I don't feel any joy of salvation. I guess I am not a Christian after all."

Have you struggled with some of these doubts? Remember that they come from your enemy who is trying to discourage you and make you fall. Some people feel more joy than others when they get saved, so do not worry about how you feel. The more you learn about what God did when He made you His child, the more joy you will have. As you thank Him for His blessings, your joy will grow. Remember that your salvation does not

depend on what you feel; it depends on the faithfulness of God to you and your faith and trust in God.



If you have stumbled and fallen, it does not mean that you cannot learn to walk or that you are not God's child. Ask His forgiveness for your failures, and then get up and try again.

As to the change in yourself, your desire to please God and the fact that you worry over your failures are proofs of a new nature. So do not be discouraged. Remember that some children have more trouble than others in learning to walk.

Application

- **5** Circle the letter before each TRUE statement.
- **a)** Real Christians always feel happy.
- **b)** All Christians feel the same amount of joy when God saves them.
- c) Thanking God for His blessings will cause your joy to grow.
- 6 Your salvation depends on the
- a) feelings you have.
- **b)** faithfulness of God toward you and your trust in Him.
- c) number of good things you have done.

Your Father Loves You

Do you suppose that loving parents would scold their baby for falling down, or go off and leave the child when he or she is hurt? Not at all! They would pick the baby up, offer comfort, and then encourage the child to keep on trying until he or she learns to walk well. Do you think God will do any less for His child who is beginning to walk? No! Look to Him now in prayer and tell Him: "Thank you, Father, for holding my hand and teaching me how to walk. I am weak, but I know that you will help me do what I ought to do."

You should know that God guides you in your Christian life by His Holy Spirit and by His Word, the Holy Bible. Read the Bible and pray every day. This will help you get rid of your doubts and walk without stumbling.

Application

- **7** If you have done something you should not have done, you can expect your heavenly Father to
- a) forgive you and help you to do better.
- **b)** be angry and disown you as His child.
- c) leave you alone in your guilt.

| 0 | what should you do each day so that God can guide you? |
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C. Do WHAT GOD ASKS YOU TO DO

Goal 3. Take steps to make sure of your salvation.

Maybe you are wondering if you have done everything God expects you to do to be saved. Christ tells us clearly what a person has to do in order to be saved; so let us see now if you have done your part.

God asks you to do two things to be saved: repent of your sins, and believe the gospel.

Repent

Mark 1:15. "The time has come," he said. "The kingdom of God is near. Repent and believe the good news!"

To repent means to be sorry for your sins and turn away from them.

Are you sorry for having disobeyed God? Are you determined to get rid of sin in your life, or is there some sin that you want to hold on to? Are you willing to give up your own way and, from now on, do only what pleases God?

Application

- **9** Circle the letter before the two phrases that state what God asks you to do to be saved.
- a) Do penance
- **b)** Join the church
- c) Believe the gospel
- d) Fast for several days
- e) Repent of your sins
- f) Do good deeds
- **g)** Give money to the church
- **10** Memorize the words of Jesus in Mark 1:15.
- 11 To repent means to
- a) be sorry for your sins and turn away from them.
- **b)** confess all your sins to a priest.
- c) tell other people that you want to change.

Has someone treated you so badly that you do not want to forgive him or her? Hatred and resentment keep many people from a relationship with God. God is love, and He cannot live in a heart full of hate and prejudice. If you have something against someone, forgive that person now, and ask God to help you love those who have treated you so badly.

Matthew 6:15 "But if you do not forgive men their sins, your Father will not forgive your sins."

If you still doubt that you have repented sincerely, you can settle this at once. Turn away from all sin and give up your way of doing things so God can have His way in your life from now on.

Application

- **12** If someone has done something wrong to you, you should
- a) tell everyone how bad he or she is.
- **b)** forgive that person right now.
- c) plan how you can punish him or her.

Believe the Gospel of Jesus Christ

The word *gospel* means "good news." It refers to the good news about salvation in Jesus Christ. The following gospel teachings are found in the Bible. Write *yes* by those you believe.

| | God loved you so much that He sent His Son Jesus to take the punishment for your sins. |
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| | |
| • | Jesus died for your sins and will free you from them when you accept Him as Savior and Lord. |
| | |
| • | Jesus rose from the dead and went back to heaven. He prays |
| | for you and is preparing a home for you. |
| • | When you accept Jesus as your Savior, you become a child of God and have a new life in Him. |
| • | Jesus will come back for His own and take them back with Him to their eternal home in heaven. |
| • | Do you believe all this about Jesus Christ? |
| | Have you accepted Him as your personal Savior? |
| | Then trust in Him and believe His promises. |
| | Acts 16:31 "They replied, 'Believe in the Lord Jesus, and you will be saved—you and your household." |

1 John 5:11–12 "And this is the testimony: God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life."

Application

| 13 Why do you think that the gospel of Jesus Christ is called the "good news"? |
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| 14 Memorize 1 John 5:11–12. |

Believing in Jesus means that you trust in Him. He understands and loves you. He prays to the Father for you. Jesus is the one that God has chosen to do this.

1 Timothy 2:5 "For there is one God and one mediator between God and men, the man Christ Jesus."

Acts 4:12 "Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved."

Jesus said, "I am the way" (John 14:6). There is no other road or way to God. You cannot walk on two roads at the same time. You will have to leave any other way that is supposed to lead you to God in order to follow Jesus, the only true way. You will have to place all of your faith in Him.

If you have really repented, believing God's promises and trusting in Christ as your only Savior, you are saved.

Application

- **15** Following are some facts about Jesus Christ. Which one makes Him the only way to God?
- a) Good and wise teacher
- **b)** Unselfish and loving
- c) Humble yet strong
- d) Perfect Son of God who died for our sins

Do you want to make sure that Jesus is your Savior? Do you want to rededicate your life to God and ensure that you are walking with Him? Tell Him so in the words of this prayer:

Prayer

Thank You, God, for Your love for me and for sending Your only Son, Jesus Christ, to die in my place. I accept Him as my Savior and Master. Thank You for forgiving my sins and accepting me as Your child. Help me to be good and obedient and to please You in all things. I give myself to You. Help me to walk with You all the rest of my life. Amen.

Check Your Answers

- 8 Read the Bible and pray
- **1 b)** put your hand in God's and trust Him to help you.
- **9 c** Believe the gospel
 - e Repent of your sins
- **2** Statements **a** and **d** are true.
- **11 a)** be sorry for your sins and turn away from them.
- **4 c)** happy because He will reward you.
- **12b)** forgive that person right now.
 - **5** Statement **c** is true.
- **13** Your answer. The gospel is "good news" because it tells us that we do not have to work for our salvation. Jesus Christ gives it to us as a free gift when we repent of our sins and believe in Him.
 - **6 b)** faithfulness of God toward you and your trust in Him.
- **15 d)** Perfect Son of God who died for our sins
 - **7 a)** forgive you and help you to do better.