

Career Transitions – Fellows Helping Fellow Federal Executives
A special workshop for Academy Fellows to serve the community

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Agenda

Friday, April 4, 2025, 8:30 a.m. to 1:00 p.m.

Location: NAPA 1600 K Street NW, Suite 400, Washington DC 20006

I. Welcome James-Christian Blockwood

Overview and Objectives Tina Sung

To provide a safe space for NAPA Fellows and guests who are transitioning out of the federal government to explore options for their next stage of work and life. You will

- a. Hear the views of NAPA Fellows on what is going on in the marketplace for talent and what skills and talents are transferable
- b. Understand the psychological impact of the transition process and how to remain effective.
- c. Gain access to tools and resources to help you land on your feet. One hour of free coaching is included for each transitioning executive.
- d. Create a community of support to sustain you through the transition.

Ground Rules: **Confidentiality** (Chatham House Rules), **Vulnerability** (be honest, authentic, and share emotions), speak from your **Experience**.

II. Setting the Stage Dave Lebryk

**III. Realities of the Marketplace and Where Federal Executive Talents are needed
Moderator Robert Shea**

A. Private Sector – Business and Consulting

- Business: Soraya Correo, CEO of National Industries for the Blind
- Consulting – Dan Chenok, IBM; Beth McGrath, Deloitte; Patty Cogswell, Guidehouse

B. Hanging out your shingle – Setting up an LLC. Panel

- Mary Davie- Mary Davie Consulting LLC
- Robert Shea – Gov Navigators
- Kim Walton – SynergyUSA.

C. State Government:

- Nicole Overley, Commissioner for the Virginia Department of Workforce Development
- Maryland – representative from Gov. Wes Moore (invited)

D. Q&A

Break

- V. Mindset Reset Breakout – Personal:** Share answers with a partner to your “Miracle Question” that you did as prework.

Imagine that in the middle of the night tonight, as you are sleeping, a miracle happens. The problem you are stressed about has been solved - What is my next job/role? Poof! Gone. But the miracle happened when you were sleeping so when you first wake up, you have no idea of knowing how it happened. What are the first things you notice, as you start your day, that reveal to you that a miracle happened? (courtesy of Dan Heath, Reset: How to change what’s not working)

- VI. Tools and Resources to help you land on your feet**
Peter Sherer, CEO of Experience Matters, the Executive Transition Experts, and former Deputy Director President’s Executive Exchange Program and certified life coach.

- a. Setting the stage for your journey forward: Understanding the psychological Impact of transition (Bridges Model and the neutral zone)
- b. Key tools to help you get clear on what you might be looking for in your next role
- c. How to put your best foot forward in a crowded market: key motivators, bio, informational interviews, and elevator speech.
- d. Break-out group discussion to share your key motivators/success story

VII. Creating a Community of Support

1. Introduction of Mentors in the room – stories of success
2. Ideas for additional sessions and support from NAPA and its network.
3. Evaluation

VII. Brown Bag Fellows Networking Lunch

Notes: Each attendee will receive a packet of worksheets from Peter Sherer at the session.