



August ThemeMy Passion, My Purpose

Service Times

Sunday 10:30 a.m. (Meditation)
and 11:00 a.m. (Celebration)

Joyful News

[Donate](#)

August 2023

Volume 28, Number 8

A Special Message from Rev. Maur Horton

A Passion for Growth

Mid-summer is a time of rapid growth for many plants and crops. Each of us, too, can grow in harmony with nature. We can use these mid-summer months to embrace spiritual practice. Growing in spiritual practice produces the harvest we desire -- love, joy, harmony, kindness, and a sense of well-being.

You may have a moment to sit in the shade of a large maple tree and feel the cool breeze. I invite you to use this time to reflect on what ignites your passion.

Discover the gifts that you enjoy using. Expressing your gifts joyfully will help unveil your life purpose. And is a great spiritual practice.

I invite you to participate fully in summer and experience joy, gratitude, and love.

This can help you rediscover your passion and lead you to reconnect with your life purpose. That's what we are made for.

Love and Blessings Always,

Rev. Maur

While Rev. Maur is on Sabbatical, Rev. Don Kerr and Rev. Julie Applegate are serving as interim co-ministers.

Office hours are on Tuesdays for the summer. Please feel free to leave a message for them, 503-362-4139.

Theme for August 2023
My Passion, My Purpose

August 6
Awakening to Your Passion
Rev. Julie Applegate

August 13
Perfectly Imperfect Passion
Rev. Julie Applegate

August 20
Living Your Purpose Passionately
Rev. Julie Applegate

August 27
Being Happy
Outdoor Service

Find Us Online

[Facebook](#)

[Website](#)

[YouTube](#)



A Message from Rev. Julie IN PRAISE OF MUSIC

When I was sixteen, I live in a Benedictine Convent. A regular practice of this ancient order (founded sixth century AD) of nuns was to chant the Divine Office. The Divine Office in those days, was a series of prayers in Latin performed in Gregorian Chant. Many of you are familiar with Gregorian Chant as it is has had a revival in popularity. The morning prayers, at this convent, began at 5:30 AM. Despite this early hour, I rarely complained. The reason was that the chant was so beautiful. The rhythm was, I believe, healing though I didn't know

it then.

These Catholic Chants were derived from older Hebrew Chants. Chants or rhythmic songs or drumming as well as other forms of music have been part of spiritual practice since spiritual practice began. Aboriginal cultures have drums, didgeridoos, flutes etc.

It isn't accidental that religious ceremonies throughout history have included music, harmony, and rhythm. Sound and rhythm are integral to the human

spirit.

Research has shown that listening to certain classical music compositions increases memory retention. A 1987 National Music Educators Conference reported that students taking music courses scored 30-40 points higher on entrance exams.

Other researchers revealed that music raised the molecular structure of the body. The body has a rhythm and resonates at a stable molecular wavelength. When music and the body are resonating at the same frequencies, we feel powerfully "in synch." We learn better etc.

Music and acoustic pioneer, Dr. Alfred Tomatis, says that sounds provides and electrical charge to energize the brain. His research shows cells in the cortex of the brain act like small batteries to generate the electricity we see in our EEG printout. Amazingly the brain's own batteries were not charged by metabolism, the were charged externally, through sound. Music has been shown to affect muscular energy; increase molecular energy; influence the rhythm of the heartbeat; change metabolism; which affects physical energy; reduce pain and stress and speed up healing in recovering surgery patients; relieve fatigue and low energy; release emotions, feeling, and character and stimulate creativity, sensitivity and thinking. I also believe music has a specific spiritual quality that puts us in touch with deeper remembrances of who we are.

For all these reasons and more, Woodland Chapel incorporates lots of music into its Sunday celebration. It is through the combination of words, music and community that we are assisted in awaking to our own divinity.

Hello from the Board of Trustees president, Michele Giammatteo

Leadership isn't about yourself. It's about the community you're supported by. It is their feeling of being safe, heard and loved and appreciated. It's being able to observe, watch and listen. To help bring out what's needed, desired and guiding us all toward it. It's to facilitate each person and to bring out their gifts and talents and to be able to feel they can contribute just as much as anyone else.

Michele Giammatteo



This is for those of you who may have missed service on the 30th. I wanted to share these things with you as sometimes it may seem like things aren't getting done or noticed but know that we are always busy trying to keep our lovely Spiritual home in good working order- no small task!

I talked about several projects in progress and completed that are going on at

the chapel. We have new exit signs up !(Thank you to Shonda for putting them up)and have removed the old ones that had ***tritium**(see below) in them-Now I am working with people as to where we can properly dispose of them.

There is a large rotting tree stump on the creek side of the meditation garden that has turned into a large hole. The area is blocked off currently with caution tape. Cathy Daniels is working with several agencies to find solutions for the best way to protect the streambank (Riparian habitat.) and repair the hole. This may also lead us in finding some funding to help with the parking lot and runoff. We will be adding some straw wattles to help with erosion.

We also had a beaver chew down a maple tree! The portico roof over the downstairs door has been replaced, The plumbing in the kitchen and flower room has been repaired(replaced). The air conditioner was repaired. Our new Gardener Dale has been busy. We have some volunteer waterers for our beautiful grounds. We now have a few more things we are working on Door push bars as you may have noticed had some parts just break apart- nothing that harms them from working properly, just something that needs repaired. Like I said, no small task! **That's my update for now.**

Michele Giammatteo
Board President



**Beavers having lunch
in the meditation
garden.**



**Careful!!! Avoid this
spot.**



**Safety tape, means
don't step here.**

**Sunday Potluck
August 6
After Sunday Celebration**

Enjoy good food and fellowship with your

friends.

Sign up to bring your favorite dish.
A sign-up sheet is in the Library or if you forgot to sign up that's ok. Come and enjoy.



Soup for the Soul August 20 (After Sunday Celebration)

A Woodland Chapel Fundraiser
Chaired by Sandy Maghan and Satya
Riversong

Soup for the Soul has turned out to be a very successful event. We enjoy several tasty soups, bread, and a bite of dessert. Every season is a season for soup. It is particularly delicious when it is shared with friends.

COST: \$3 love offering per person. Funds will go to purchasing an Automated Electronic Defibrillator for the Chapel. We have raised \$310 so far.

VOLUNTEER OPPORTUNITIES: There is a [signup sheet on the Library table](#). We invite 3 or 4 volunteers to make soup and 3 or 4 volunteers to bring bread (Cornbread, French/Italian bread, or biscuits). We also would like volunteers to help wash the bowls and spoons, as we will be environmentally conscious and not use disposable dinnerware.

Please list the ingredients for each soup or bread item. List any **VEGAN**, **VEGETARIAN**, or **GLUTEN-FREE** foods. We are especially interested in whether it contains **nuts, milk, or any other allergens**.

Affirmative prayer

One Presence, One Power, One Love, One Life! I am so grateful this morning to recognize and accept this knowing into my heart and consciousness. The Infinite Loving Power is all around me, around you –in and through and



around all things!

Today, I am grateful for this Absolute Truth! There is only One Life, that Life is Perfect, that Life is God's Life and that Life is my Life now and your life and all the Life of all that is!

I claim deep gratitude for this particular "time" that I am spending on Planet Earth! I am so thankful for all the blessed souls with whom I am moving through this life! I think to myself, what a wonderful world!

I am, we are, so blessed by the fantastic company we keep! You are a gift to me, and I am a gift to you. So today I thank the Infinite Creator for your presence, for my presence, for our sacred journey!

Thank you, Holy Spirit for the many blessings in our lives!

I release this into the Law of Love, and I see it in my experience every day. And so it is!

Rev. Anna Scott



Hello,

I work with your local American Red Cross office in Salem. I would like to ask if Woodland Chapel Center For Spiritual Living would help us encourage members of your congregation to donate blood this summer, by including verbiage about blood donation in your summer bulletins

and announcements.

The need for blood donation is always present. The American Red Cross provides over 40% of the nation's blood supply, and that only comes from volunteer blood donors. Blood donations typically decrease over summer, and this summer has been no exception. The Red Cross continues to see a concerning trend – blood donations are being sent to hospitals faster than they are coming in. The Red Cross has collected about 50,000 fewer blood donations than needed over the last two months.

You can make a difference! By collaborating with your church, we can engage the congregation and reach out to a wider network of potential blood donors. Help us spread the message of compassion, hope, and start a lifesaving tradition within your group that brings others together for a cause that can save hundreds of lives each year. By promoting this greatly needed community-service, you would help us ensure patients have the blood they need for care. We have daily blood drives in Salem/Keizer, and the surrounding areas. Please let me know if you would be willing to allow us space in your announcements this summer, and I will get back to you with a brief message to share. If you would be interested in partnering with us on a deeper level, we have multiple opportunities (including hosting your own blood drive).

Thank you for your consideration. I will look forward to hearing back from you.
Tami Aalto

Account Specialist, Biomed
American Red Cross

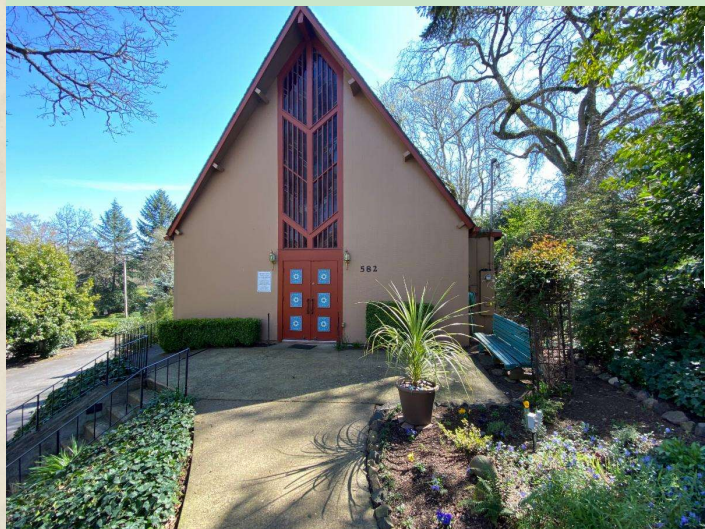
Pacific Northwest Blood Services Region

**Inspiration
Practitioners Perspectives
and Affirmative Prayers
on Our Website**

Inspiration on our website

Donate Now

Get In Touch With Our Center



582 High Street SE
Salem, Oregon 97301
503-362-4139

Contact Us



Woodland Chapel Center for Spiritual Living | 582 High Street SE, Salem, OR 97301

[Unsubscribe maurhorton@gmail.com](mailto:maurhorton@gmail.com)

[Constant Contact Data Notice](#)

Sent by woodlandchapel@gmail.com powered by



Try email marketing for free today!