



**Live Out
Loud**

Gathering Times

Sunday 10:30 a.m. (Meditation)
and 11:00 a.m. (Celebration)

Joyful News

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April 2023

Volume 28, Number 4

Vulnerable

We are familiar with the phrase, "Open at the Top." It usually signals we are not rigid in our beliefs. While we recognize firm universal principles, we are receptive to new ways of experiencing the ancient wisdom we teach. We are flexible in how we use spiritual practices to support ourselves in right living. Each of us is free to choose our spiritual path.

We do not often discuss vulnerability. Being open implies vulnerability. Openness is part of our spiritual and human growth. When we open ourselves to the full richness of life, we embrace all that life brings: "good times and bad." We do not make any experience permanent. We experience hurts, worries, failures. We feel the losses. Yet even as we grieve, we call on the inner power of our conscious mind to be present to the moment. In this we open ourselves to learn from life's experiences. We pass through experiences with a simple awareness of their impermanence.

This month we celebrate Easter on April 9th. Easter stands for overcoming the negative, darker elements of our experience. Easter arises out of the human response to the willingness of life to begin again with new vigor. We see cherry trees blooming, daffodils bursting with yellow, and the Lenten rose blossoming with red and white. In each case a seed has split open, a tight bud unfolded or a seemingly lifeless branch has put out new leaves and blooms. This reminds us that inner power of Spirit resides within. It makes all things new.

Join us on April 9th as we give new expression of the power of the divine life within. It is always available to regenerate and to reawaken us to the beauty, power and love of that Spirit which lives within us.

Blessings and Love Always,

Rev. Maur

Sundays in April

**Theme for 2023
Live Out Loud
Theme for April
Power of Vulnerability**

**April 2
How to be Your Authentic Self, Part 2
Rev Julie Applegate**

**April 9
Renewal and Regeneration
Revs Maur Horton, Don Kerr and Julie Applegate**

**April 16
Letting Go and Letting In
Rev Don Kerr**

**April 23
Seeing and Being Seen
Rev Maur Horton**

**April 30
Power and Possibility
Rev Larry King**

Donate Now

News

**Sunday Potluck
April 2nd**

Enjoy good food and fellowship with your friends.



Sign up to bring your favorite dish. A sign up sheet is on the Community Matters table in the Library or call either Cathy Daniels or Suzie Lewis Onstot for suggestions of what to bring. All are welcome.

**Center for Spiritual Living
Dine and Then
Be Inspired
By
Some Wise Words**

Enjoy video presentations after our potluck on April 2nd and Soup for the Soul on April 16th.

April 2nd

View three videos on April 2nd after our *Potluck* at about 1 PM. The videos are presentations from our 2023 Centers virtual conference. We will view the videos in the library after our potluck. We can discuss the implications for our Center.

- Rev Dr Edward Viljoen presents some really novel ways our CSL communities were engaged in their communities during 2022. Rev Dr Edward just completed three years as Spiritual Leader of the Centers for Spiritual Living. His talk is approximately 26 minutes long.
- Rev. Soni Cantrell-Smith is the newly elected Spiritual Leader of the Centers for Spiritual living worldwide. She begins her 3 year term with this heartfelt message. Her talk is approximately 14 minutes long.
- Read Brezinski is a 17 year old CSL Teen Council Member. He presents his perspective on how our teachings can reach marginalized communities. His talk is about 9 minutes long.

This video program should take about 50 to 55 minutes.

April 16

After *Soup for the Soul* join us in the Library for more videos. We will decide on which videos to watch based on feedback from our April 2nd viewing.

If you are not able to attend either Sunday, you can contact Rev Maur to see the videos during the week. Leave a message at 503-362-4139. There are many power talks, workshops and musical presentations available for viewing. The list is on the bulletin board.

**Our YouTube Channel
Is Now Open**

You can find playlists that contain our Sunday Celebrations and our Meditations from January 2022 through our most recent Sunday. We expect folks will view these when looking for a deeper dive into an inspiring presentation. Check them out. They are searchable by topic,

speaker and date.

Here is a link to our channel. Just select playlists.

YouTube Link



**Ceremony of Transformation and
Regeneration
Sunday, April 9th
11AM**

Our three Ministers and our Practitioners will lead us in a ritual of regeneration. This will be our Easter message. We will use our teaching symbol to illustrate the power each of us has to consciously commit to an expanding consciousness of our spiritual magnificence.

This ceremony will help us open up to our inner beauty and let that beauty shine through daily living. Please bring flowers. We will decorate the CSL teaching symbol, not the cross.

We will perform this ritual in the context of our Sunday Morning Celebration at 11AM.



**Soup for the Soul
April 16th
(After Sunday Celebration)**

A Woodland Chapel Fundraiser
Chaired by Sandy Maghan and Satya Riversong

We had a great turnout for March's Soup for the Soul. We enjoyed four soups, breads and dessert. Yum!

COST: \$3 love offering per person. Funds will go to purchasing an Automated Electronic Defibrillator for the Chapel We have raised \$240 so far.

VOLUNTEER OPPORTUNITIES: There is a [signup sheet on the Library table](#). We invite 3 or 4 volunteers to make soup and 3 or 4 volunteers to bring bread (Corn bread, French/Italian bread, or biscuits). We also would like volunteers to help wash the bowls and spoons, as we will be environmentally conscious and not use disposable dinnerware.

Please list the ingredients for each soup or bread item. List any **VEGAN**, **VEGETARIAN**, or **GLUTEN-FREE** foods. We are especially interested in whether it contains **nuts, milk, or any other allergens**.

Thanks to all who donated them. We have sufficient crock pots and bowls now.

**Rev Larry King
Guest Speaker
Sunday April 30**

Rev Larry will present on Power and Possibilities.

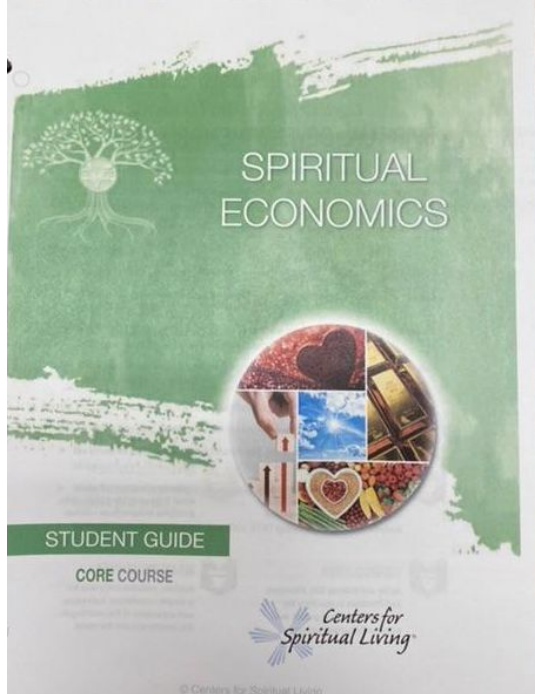
He will also offer a workshop in the afternoon.

Come join the fun.

Class Continues

Six participants are enjoying Spiritual Economics class which will end April 20.

Watch for our next class to be announced soon.



March Event highlights



Mary Joins Darcy and Brent March 12

For the first time Mary Riversong played her drum while accompanying Darcy and Brent during our Sunday Celebration.

Helping Hands March 15

We took Clothing and household items to Helping Hands. We loaded up the cargo area and the back seat of Rev Maur's SUV.

We are ready to receive more donations to help the homeless and others.



WYAM Visited March 22nd

We had a "portable



congregation" when Youth With A Mission sent 65 people to explore our teachings with Rev Maur.

These were primarily youth from protestant denominates which included many Baptist, Lutheran, Methodist, a Wesleyan, and even a Roman Catholic youth.

This visit lasted about an hour and a half. The youth asked many provocative questions.

Introduction to Spiritual Living

March 26th

We had eight people participate in our Introduction to Spiritual Living. We learned a lot about each participant and how they have arrived at this point in their spiritual path. We looked at three basic Science of Mind principles. We answered many questions. We also discussed the history and organization of our Center and the requirements for membership. One person took home an application for membership.

Two of Our Volunteers Who Work Behind The Scenes

Cynthia Raczko gathers and records information on our music each Sunday so we can report our music to the company that holds our copyright license.



James Franck helped with mailing our monthly newsletter to those who do not have computers.



Practitioners Perspectives And Affirmative Prayers On Our Web Site

Inspiration on our website

Affirmative Prayer

I Am Powerful



There is One Source. It is Life Itself. It goes by many names: Presence, Spiritual Energy, Love, Power, Creator, God. It is present everywhere.

I live and move and have my being in this One. For all that I am is comprised of its infinite substance. As I join my conscious mind to Its holy Presence, I discover the power that lies within me.

I choose right now to embrace my personal power. I clear my mind, my feelings and my body of any obstacles to the free flow of Spirit. As I do this I am powerfully present in each moment. Even as I

grieve the loss of a close friend, a companion, I call on my inner power to recall the precious, happy moments we have shared. I feel divine Love as it embraces my spirit. Through the power of this Love, all of my worries and all of my hurts are healed. I am being lead to peace, health and well being. I feel supported in my divine birthright. My personal affairs, finances and every aspect of my life come into alignment with divine perfection. I am whole and complete as I realize the Power that dwells in me. What I know for myself I know for everyone, everywhere.

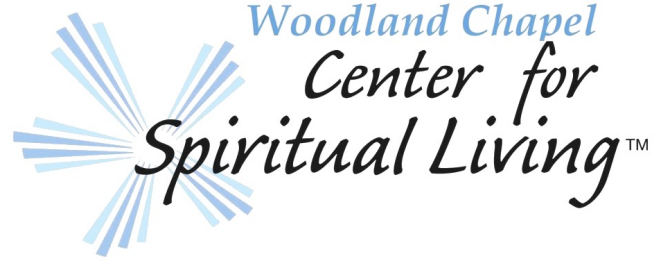
I give thanks for the openness that comes with living in the flow divine energy. I am renewed.

I let go of anything unlike the goodness of the Divine Presence and embrace the Power within me.

And So It Is.

Rev Maur

Get In Touch With Our Center



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Contact Us



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