



Speaking Truth to Circumstance

Gathering Times

Sunday 10:30 a.m. (Meditation)
and 11:00 a.m. (Celebration)

Joyful News

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July 2023

Volume 28, Number 7

A Special Message from Rev. Maur Horton

Dear Ones,

I am grateful for all that life brings, even for the stroke that occurred in the middle of May. It has given me time to draw closer to those I love. My wife Vicki tells me she appreciates having me home more. My children have been in frequent contact. And the statements of appreciation from the members of our community have been consistent and supportive. I am also deeply grateful for you and all the prayers on my behalf.

You are a wonderful community of faith and love. I feel the firm faith and warm love that enfold me. Speaking truth to Power is our monthly theme. It really means speaking the truth to all the circumstances that claim power over us. I speak my word of truth to the current difficulty. I am improving day by day as I undergo speech therapy. I look forward to being back with you all physically as I am with you in Spirit.

Love and Blessing Always,

Rev Maur

While Rev. Maur is on Sabbatical, Rev. Don Kerr and Rev. Julie Applegate are serving as interim co-ministers.

Office hours are on Tuesdays for the summer. Please feel free to leave a message for them, 503-362-4139.

Theme for July 2023

Speaking Truth to Circumstance

July 2
Monsters Inc.
Cheryl Guess RSP

July 9
Standing on Truth, What does that Mean?
Rev. Don Kerr

July 16
How am I hypnotized?
Rev. Julie Applegate

July 23
Release and Let Grow
Cheryl Guess

July 30
The Standing Stone
Rev. Don Kerr

Inspiration from Rev. Don



Hafiz is quoted as saying, The Place Where you are right now,
God circled on a map for you. And I say
..Maybe...But I still chose to be here..I make
Choices to Love wherever I am on my map of
living Human experiences.
Just a way of reminding myself that all my
challenges come with an important lesson, a
lesson crucial for me to live the life of my
dreams,...and not give any power to my
temporary Dreads!
Truth opens the way for all that calls to
Healing.
But the Truth speaks to the Way of
Healing..Nothing needs to be healed...Only
more God needs to be revealed. God has
circled a state of being for all creation to Heal
Itself, simply by Identifying with the Source of
Wholeness which is revealing our Godness
through

conscious Choosing to love. H E A L Helping
Everyone Accept Love.
Our Center is full of Love !...Come Join us in
this extraordinary Human Adventure we call
Standing on Truth and expressing
unconditional Love!.

A Message from Rev. Julie

An article in the New England Journal of Medicine reported that sarcasm, criticism, and put-downs increase abnormalities in heart rate. These aberrations were as significant and measurable as those from a heavy work out or pre-attack myocardial chest pains.

Dr. William Fry at Stanford University has discovered that the body reacts biochemically to laughing. Fry inserted catheters into the veins of medical students who were watching and listening to a comedian. He and his associate, Lee Berk of the Loma Linda Medical School, wanted to measure the changes in blood chemistry. They found an increase in white blood cell activity and changes in chemical balance of blood which may boost the bodies production of neurotransmitters needed for alertness and memory.

Norman Cousins wrote of his laughter therapy in his battle with cancer in his classic book, Anatomy of an Illness. It is believed that laughter changes the brain's chemistry. Other emotions also change the brain chemistry and thus the body chemistry, balance, and function. It is well documented that many cancers follow life traumas. Perhaps this is biological life kindness. If life really is difficult and super stressful perhaps it is our bodies way of saying, I will relieve you of this experience by ending this life." This is something to think about.

It is fascinating as well as valuable to observe science prove what New Thought has been teaching since its inception. Our mental attitudes and beliefs clearly direct the course of our life. They make us sick or make us well. They make us happy or sad. In short, our life is an internal experience. When we realize this, we consciously take charge of our emotional responses to events. We can choose how to react to criticism or sarcasm. We can determine our



experience. Norma Cousins consciously chose to bring laughter into his life as an antidote to his cancer. In his case it worked for a cure at the time. Even when we face death, the choice is not, whether to live or die but how to live with the time we have. This is the pertinent question. "How should I live with the time I have in this Life? Will I allow circumstances to determine the quality of my life?"

We cannot choose what is happening in the environment around us, but we have a choice about our responses. When we really understand this, we can move from victim to victor.
Blessings, Rev. Julie

Hello from the Board of Trustees president, Michele Giammatteo

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Sunday Potluck July 2 After Sunday Celebration

Enjoy good food and fellowship with your friends.

Sign up to bring your favorite dish.
A sign-up sheet is in the Library or if you forgot to sign up that's ok. Come and enjoy.



Soup for the Soul July 16 (After Sunday Celebration)

A Woodland Chapel Fundraiser
Chaired by Sandy Maghan and Satya



Soup for the Soul has turned out to be a very successful event. We enjoy several tasty soups, bread, and a bite of dessert. Every season is a season for soup. It is particularly delicious when it is shared with friends.

COST: \$3 love offering per person. Funds will go to purchasing an Automated Electronic Defibrillator for the Chapel. We have raised \$310 so far.

VOLUNTEER OPPORTUNITIES: There is a [signup sheet on the Library table](#). We invite 3 or 4 volunteers to make soup and 3 or 4 volunteers to bring bread (Cornbread, French/Italian bread, or biscuits). We also would like volunteers to help wash the bowls and spoons, as we will be environmentally conscious and not use disposable dinnerware.

Please list the ingredients for each soup or bread item. List any **VEGAN**, **VEGETARIAN**, or **GLUTEN-FREE** foods. We are especially interested in whether it contains **nuts, milk, or any other allergens**.

Affirmative prayer

I bring all my problems to the altar of faith and I know that every true desire of my heart will be fulfilled through the Power of Love. My first desire is that all my thoughts and all my acts shall give joy and gladness to everyone around me. I know the healing Power of Love flows through me to everyone.



I believe that Divine Intelligence, which is the Mind of God, is guiding, guarding, and directing my thoughts and actions. I believe that God already knows the answer to my problem; therefore, I am letting go of the problem and I am listening to the answer as it is already solved. The answer to this problem exists in the Mind of God and is revealed to my mind now. Something in me knows what to do. I joyfully accept Its guidance. I am open to new ideas, new hopes, and new aspirations.

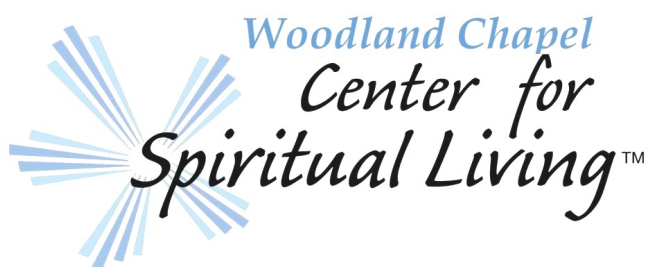
This which so recently seemed a problem no longer exists, for the Mind of God, which knows the answer, is quietly flowing through my thoughts and feelings. Great peace and joy come over me as I accept this answer from the Giver of all life. Ernest Holmes

Inspiration Practitioners Perspectives and Affirmative Prayers on Our Website

Inspiration on our website

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Get In Touch With Our Center



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