



**eliminating racism
empowering women**
ywca
of the Harbor Area

PROGRAM OVERVIEW

**437 W. 9th St.
San Pedro CA 90731
(31) 547- 0831
ywcaharbor.org**

OUR MISSION

Dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

OUR VISION

To provide services to women, girls and their families through a variety of programs that evolve to meet the changing needs in our surrounding communities. The YWCA of the Harbor Area, as a pioneer in the fight for racial and social justice, continues to assist women and families who are in need and wish to improve their lives, empowering them and their families towards independence and sustainable well-being.

SERVING THE HARBOR AREA SINCE 1918

HEALTHY FUTURES

FOOD DISTRIBUTION



Our Healthy Futures program brings quality food and nutritional empowerment to families experiencing hardship, by providing nourishing food while diverting hundreds of pounds from our landfills. Donations of food and produce are brought to us weekly by Let's Be Whole (our food distribution partner) from local grocery stores such as Whole Foods and Trader Joe's and local farmers. We compost food that cannot be distributed for our gardens. The sense of empowerment and dignity derived from healthy nutritious food is vital in building relationships with our participants and promoting community health.

Interested in volunteering?

Food Distribution and Composting is always in need of an extra hand.

Location: 437 W. 9th St., San Pedro CA 90731

Date: Every Friday

Time: 1:00 PM

No qualifications needed.

Contact: Sean Baker sbaker@ywcaharbor.org

JULIA'S CLOSET

SECOND CHANCES



Julia's Closet is ran under the YWCA Harbor Area and all of the proceeds go to funding of our programs. The Second Chances is a useful, productive, voucher program meant for those in need of clothing and household items. This program facilitates a community outreach to those individuals and families that are in dire need of basic clothing and household items. This provides an opportunity for those that are in need of a second chance to get on their feet, we offer basic clothing items, clothing for a job interview, children's clothing, as well as items needed in the home.

This voucher program helps support those currently in a program of assistance already to supplement a temporary situational need.

Each voucher is \$25.00 (limit one per person or family of 4).

- a. Each SCP Participant must first Register at the YWCA of the Harbor Area – providing Photo ID. Enrollment into an assistance program or with a recognized/authorized organization.
- b. Each SCP Participant will be permitted to obtain one voucher for \$25.00 every 3 months. Only in a proven emergency would a registered SCP participant be able to obtain a voucher before the 3 month period is up.
- c. Each SCP Participant will be given an account
- d. Each voucher must be redeemed at the Julia's Closet Thrift Store.
- e. The vouchers are only redeemable for clothing items, household items, and children's items as applicable.
- f. The voucher does not have to be spent all at once.
- g. A total of 15 vouchers per week or 60 vouchers per month only are available.

Location: 437 W. 9th St., San Pedro CA 90731

Date: Monday-Friday

Time: 11:00 AM-5:00 PM

Contact: julias-closet@ywcaharbor.org

WORKFORCE DEVELOPMENT

STRIVE DIGITAL SKILLS



STRIVE is a free development program for individuals who are struggling to secure or retain living-wage employment, looking to expand their skill set and stay connected in a changing digital world. We can help you define your goals and gain the confidence to seek higher-paying jobs, negotiate higher wages, pursue continuing education or earn professional certification.

Each session is designed with you in mind and consists of 50 hours of classroom instruction in 2.5 hour increments, and hands-on training and individual meetings with certified advisors to develop the professional habits and skills you need to succeed. 10 Week Course,

With STRIVE, you will learn and develop skills desired and practiced by local employers that you can use to start your own business, enhance your communication needs and help you stand out when looking for work.

Topics include:

- Digital skills for the workplace
- Essential skills (AKA Soft skills)
- Entrepreneurship and business skills
- Financial literacy and independence
- Critical thinking
- Leadership skills
- Workforce wardrobe consultation
- Personal empowerment
- Teamwork and collaboration
- Career coaching
- Presentation skills
- Visioning and storytelling
- Balancing personal and professional obligations
- Opportunities for education and career advancement

Upon completion of all required hours and assignments, you will receive a STRIVE Professional Certificate and have an updated resume, stronger interview skills and knowledge and ability to launch your career and remain up-to-date in a competitive digital market.

***Curriculum offered in Spanish**

Location: 437 W. 9th St., San Pedro CA 90731

Date: Spanish MON/WED 10 AM- 12:30 PM / English TUES/THURS 10 AM-12:30 PM

Contact:

Sean Baker (424) 217-7951 sbaker@ywcaharbor.org

WORLD TOTS LA

CHILD CARE



Provides a safe environment where children have the freedom to experiment, question, and deal with their intellectual curiosity at their own pace. Our programs are aligned with the curriculum set by the National Association for the Education standards. We provide carefully planned opportunities for observing, experimenting, talking, and listening, which serves to widen our students' horizons. We promote open communication between home and school, a partnership in learning. Above all the YWCA child care programs are committed to providing a safe, quality and nurturing environment for children and parents.

Location: 100 W 5th St, San Pedro CA 90731

Date: Monday-Friday 6:30 am- 6:00 pm

Contact: (310) 732-7697

Pamela Dale

pameladale@ywcaharbor.org

HOLIDAY PROGRAMS



THANKSGIVING, BREAKFAST WITH SANTA AND ADOPT-A-FAMILY

Thanksgiving: Each year the YWCA of the Harbor Area helps families and individuals in need during Thanksgiving. YWCA distributes baskets with turkeys and food items which include:

- Ready-made meals.
- or
- Thanksgiving dinner baskets, turkey, stuffing, vegetables, etc.

Breakfast with Santa:

Our annual Breakfast with Santa:

December 11, 2021

Register now for children 10 years and younger

This event Includes:

- Breakfast for children only
- A gift and book for each child from Santa and Elves

Adopt-A-Family:

Adopt a family aims to bring Christmas to families from challenging households who might not be able to enjoy the holiday experience.

Sponsors are given information regarding the number of family members, their ages, and their wish list.

Location: 100 W 5th St, San Pedro CA 90731

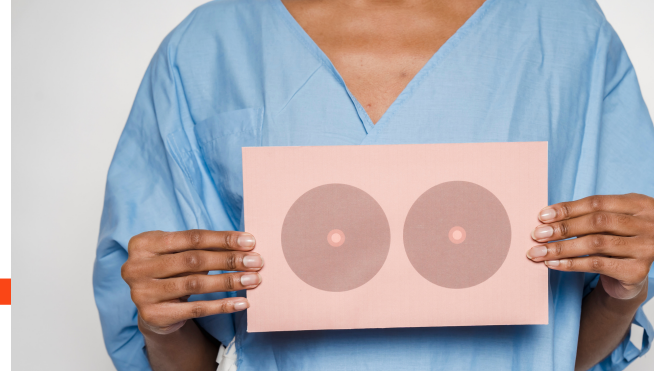
Date: Sign ups are October 10, 2021- December 10, 2021

Contact: Michelle Drinnen

mdrinnen@ywcaharbor.org

(424) 217- 7947

MAMMOGRAMS



Free clinical breast cancer screenings held bi-monthly, as an Encore Plus program. We encourage all women over 40 years of age to schedule an exam at the YWCA Harbor Area. Our goal is to detect early and eliminate risks.

Location: 437 W. 9th St., San Pedro CA 90731

Date: Once a month

Contact: Sonia Bailey (310) 547-0831

OTHER PROGRAMS

- RACIAL JUSTICE PROGRAM – VOTER ENGAGEMENT
- HUMAN TRAFFICKING AWARENESS AND PREVENTION PROGRAM
- MOVE OUT PROGRAM – IN CONJUNCTION WITH JULIA'S CLOSET
- HOUSING DEVELOPMENT PROGRAM – TO PROVIDE PERMANENT SUPPORTIVE HOUSING TO WOMEN AND CHILDREN