

April 2022

Cedar Crest Alzheimer's Special Care Center

18325 SW Pacific Hwy
Tualatin, OR 97062



SINCERI
Senior Living

Why Do We Have Easter Eggs?

Easter is a religious holiday, but some of its customs, such as Easter eggs, are likely linked to pagan traditions. The egg, an ancient symbol of new life, has been associated with pagan festivals celebrating spring. From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and resurrection. Decorating eggs for Easter is a tradition that dates back to at least the 13th century, according to some sources. One explanation for this custom is that eggs were formerly a forbidden food during the Lenten season, so people would paint and decorate them to mark the end of the period of penance and fasting, then eat them on Easter as a celebration.

Happy Easter EveryBunny

5 funny jokes to start your day

What do you call a pig that does karate?

A pork chop.

Why did the bike fall over?

It was two tired.

What did the bartender say to the turkey sandwich when it tried to order a beer?

"Sorry, we don't serve food here."

What do you call an alligator detective?

An investi-gator.

Why shouldn't you write with a broken pen?

Because it's pointless.

Meet The Staff

Administrator
Patty Odenborg

Business Office Manager
Deirdre Davis

Marketing Director
Lee Adams

R.C.C.
Shirley Confir

RN Consultant
Rachael Huff

Program Director
Dalyn Lara

Maintenance Director
Daniel Lopez

Culinary Director
Derwin Krael

Happy Birthday

Charlotte J. 4/14

Rose D. 4/19



Did you know...?

The largest Easter egg ever made was over 25 feet high and weighed over 8,000 pounds. It was built out of chocolate and marshmallow and supported by an internal steel frame.

Why Does Spring Cleaning Happen in the Spring?

After a long winter, the weather warms, flowers bloom, and children run outside to play. For many, the coming of spring also means that it's time for a spring cleaning.

Originally, a spring cleaning was meant to rid the home of grime and dust that had accumulated over the winter months. Before modern heating and air conditioning, many homes had poor circulation. This was especially true during the winter, when it was important to keep as much heat inside as possible. As a result, things like household dust or soot from a fireplace began to pile up. When the weather got warmer, it was time to throw open the windows and scrub out all the accumulated nastiness.

Even though the physical need for it has diminished, this spring tradition has persisted into the present day. It turns out that there are many reasons to do a thorough cleaning this time of year. The warmer weather and longer days bring more energy and motivation for chores. In addition, springtime has always brought us a sense of renewal. It is only fitting that this is reflected in our desire for a fresh, clean home.