February 2022

Grand View Alzheimer's Special Care Center Community Newsletter

SINCERI Senior Living

6210 N University St Peoria, IL 61614

February Special Events

Feb 11 - Rep Your Team Day

Feb 13 - Super Bowl LVI Party Watch & Snacks

Feb 14 - Special Valentine's Day Luncheon

Feb 14 - Valentine's Day Party with Music & Sweets

Feb 18 - Caregivers Day: 'Residents Will Pass Out Candy To Caregivers For Appreciation'



Meet the Team

Julie Hess **Administrator**

Amber Wasson
Health Services Director

Michelle Simpson **Business Office Manager**

Quin Barnett **Program Director**

Tim Presseller
Food Services Director

Virgil Hall

Maintenance Director

Glamor Hour & Sparkling Wine



Reminiscing: Engaging the Heart and the Mind

Sharing "remember when" stories can create wonderful moments, and when you include other senses into the conversation, such as props and visual or auditory cues, the result can be even more impactful. When we reminisce with our loved one, we often transport to that place and time.

Look through and old photo album together. Point out who you see in the picture and talk about memories associated with the photo. If your loved one has a hard time recognizing or recalling, just fill in the gaps for them.

Create a scrapbook. The act of collecting mementos, photos and written messages will not only stimulate fond memories, but it is also a great opportunity to create something that can be shared with future generations.

Tell "I remember when" stories and record them on video. Record using a digital camera or smartphone. You could even post messages online using YouTube.

Decorating Picture Frames



