February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SINCERI Senior Living	CognitiveCreativePhysicalSensorySocialSpiritual					10:00 ← Chair Dancing [SD] 10:30 Fresh Fruit Social 11:00 Pet Therapy w/ Pixie 1:30 Timeless Trivia [SD] 2:30 ← Let's Get Physical [SD] 3:00 Snacktastic Treats [SD] 3:30 Hingo [SD] 4:00 Hymn Sing w/ Sandra [Pl
10:00 ← Chair Dancing [SD] 10:30 ♣ Fresh Fruit Social 11:00 ← Finishing Phrases [PR] 1:00 ✔ Church w/ Pastor Craig [SD] 2:30 ← Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 3:30 ← Family Fued [SD] 4:15 ← Creative Corner [PR] 6:00 ♣ Music and Coloring [PR]	9:45 Chair Yoga [SD] 10:15 Fresh Fruit Social [SD] 11:00 Reading with Jane [LR] 2:00 Drum Circle Sing along [SD] 2:30 Let's Get Physical [SD] 3:00 Snacktastic Treats [SD] 3:30 Bingo [SD]	9:45 → Rhythm & Reps [SD] 10:15 ♣ Fresh Fruit Social [SD] 11:00 → Reading with John [LR] 2:30 → Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 3:30 → Minute to Win It [SD] 4:15 → Walking Tour	9:45 Chair Yoga [SD] 10:15 Fresh Fruit Social [SD] 11:00 Seenic Drive 2:30 Let's Get Physical [SD] 3:00 Snacktastic Treats [SD] 3:30 Wheel of Fortune Wednesday [SD] 4:30 Helping Hands	10:15 ♣ Fresh Fruit Social [SD] 11:00 ♣ Reading with Mary 11:30 ♣ Stretch & Strength [SD] 2:30 ♣ Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 3:30 ♣ Bingo [SD]		10:00 ← Chair Dancing [SD] 10:30 Fresh Fruit Social 10:30 Snacktastic
0:30 A Snacktastic Treats	9:45 ← Chair Yoga [SD] 10:15 ♣ Fresh Fruit Social [SD] 11:00 ♣ Reading with Jane [LR] 2:00 ← Drum Circle Sing along [SD] 2:30 ← Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 4:30 ← Walking Tour 6:00 ♣ Movie Monday [LR]	9:45 → Rhythm & Reps [SD] 10:15 Fresh Fruit Social [SD] 11:00 Reading with John [LR] 2:00 Jazz melodies w/ Robert Sampson [SD] 2:30 → Let's Get Physical [SD] 3:00 Snacktastic Treats [SD] 3:30 Minute to Win It [SD] 4:30 → Walking Tour	9:45 ↔ Chair Yoga [SD] 10:15 ♣ Fresh Fruit Social [SD] 11:00 ♣ Springfield Public Library 1:00 ♣ Pet Therapy w/ Lordy & Molly 2:30 ↔ Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 3:30 ♣ Wheel of Fortune Wednesday [SD] 4:30 ♣ Helping Hands 4:30 ↔ Walking Tour	10:15 ♣ Fresh Fruit Social [SD] 11:00 ♣ Reading with Mary 11:30 ♣ Stretch & Strength [SD] 2:30 ♣ Let's Get Physical [SD] 3:00 ♣ February B-day Party [SD] 4:30 ♣ Walking Tour	Valentines Day Party 9:45 ← Chair Yoga [SD] 10:15 營 Fresh Fruit Social [SD] 11:00 ⑤ Bell Choir [SD] 12:00 營 Sweethearts Surf & Turf Lunch [SD] 1:00 ♠ Reading with Cassandra 1:00 ⑤ School of Cosmetology [PR] 1:30 ⑥ Culinary Corner 2:00 營 Sweetheart Dance [SD] 3:00 營 Snacktastic Treats [SD] 3:30 ♠ Charades [SD] 4:15 ♠ Cranium Crunches [PR] 4:30 ← Walking Tour	10:00
1:00 h Finishing Phrases [PR]	11:00 🔥 Reading with Jane [LR]	9:45 → Rhythm & Reps [SD] 10:15 ♣ Fresh Fruit Social [SD] 11:00 → Reading with John [LR] 2:30 → Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 3:30 → Minute to Win It [SD] 4:30 → Walking Tour	9:45	10:15 ♣ Fresh Fruit Social [SD] 11:00 ♣ Reading with Mary 11:30 ♣ Stretch & Strength [SD] 2:30 ♣ Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 4:30 ♣ Walking Tour		10:00
10:30 🖀 Snacktastic Treats	9:45	9:45 → Rhythm & Reps [SD] 10:15 ♣ Fresh Fruit Social [SD] 11:00 → Reading with John [LR] 2:30 → Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 3:30 → Minute to Win It [SD] 4:30 → Walking Tour	9:45 Chair Yoga [SD] 10:15 Fresh Fruit Social [SD] 11:00 Outing to 5 Below 1:00 Pet Therapy w/ Lordy & Molly 2:30 Let's Get Physical [SD] 3:00 Snacktastic Treats [SD] 3:30 Wheel of Fortune Wednesday [SD] 4:30 Helping Hands 4:30 Walking Tour	10:15 ♣ Fresh Fruit Social [SD] 11:00 ♣ Reading with Mary 11:30 ♣ Stretch & Strength [SD] 2:30 ♣ Let's Get Physical [SD] 3:00 ♣ Snacktastic Treats [SD] 4:30 ♣ Walking Tour	Rhoda turns 100!!! 9:45 ↔ Chair Yoga [SD] 10:15 ♣ Fresh Fruit Social [SD] 1:00 ♣ Reading with Cassandra 1:30 ♣ 100 and Fabulous B-day Bash [SD] 1:30 ♣ Culinary Corner 3:00 ♣ Snacktastic Treats [SD] 3:30 ♣ Charades [SD] 4:15 ♣ Cranium Crunches [PR] 4:30 ↔ Walking Tour	Location Keys Living Room L Sunny Side Dining Room S Sunny Side Program Room P