

October 2024
Monthly Calendar

Monthly Activities

Sunday		Monday		Tuesday	Wednesday	Thursday	Friday	Saturday
 MEMORY CARE Embrace BY SENIOR LIFESTYLE WWW.SENIORLIFESTYLE.COM Activities are subject to change  FELICITA VIDA SENIOR LIVING <i>a Senior Lifestyle community</i> *BOOKMARKS *MELODY *Outing *THYMELESS _CONNECT _CONTRIBUTE _FEEL _GROW _MOVE _REFLECT Activity Room Barcelona & Valencia Barcelona Dining Room Bus Courtyard Valencia Dining Room AR BV BDR BUS C VDR		Resident Birthdays Evelyn Kay G. 10/16 Marilyn H. 10/28 Pamela H. 10/27		9:30 Thymeless Moments: Green Thumbs [C] 1 10:15 Daily Chronicle: On This Day [VDR] 10:30 Parachute Fun [VDR] 11:00 Word in a Word [VDR] 1:30 Group Outing: Krispy Kreme [BUS] 3:25 SongFit Sing-Along [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Bible Study w/ Rise Church [VDR] 2 11:00 Daily Dose of Internet [VDR] 1:30 Spiritual Poems [AR] 2:00 Sip and Paint [AR] 3:00 BINGO [VDR] 4:00 Sing-along w Mary Sue [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Rosary Prayer Circle [VDR] 3 10:15 Daily Chronicle: On This Day [VDR] 11:00 Moments to Celebrate [VDR] 1:00 Tai-Chi w/ Chris [VDR] 1:30 Thymeless Moments: Sunshine Gardeners [BV] 2:00 Card Games [AR] 3:00 Music w/ Sonny Mayer [VDR] 3:00 Reminiscing Group [VDR] 4:00 Trivia Time [VDR] 6:00 Thymeless Cooking [BDR]	World Smile Day 4 10:00 Scenic Drive: Santa Fe Halloween House Decorations [BUS] 1:30 World Smile Day Portraits [VDR] 2:00 Happy Birthday Cards [VDR] 3:00 BINGO [VDR] 4:00 Sing-along w Susie Q [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Watering Plants [C] 5 10:15 Daily Chronicle: On This Day [VDR] 10:30 Seated Stretches [VDR] 11:00 Whiteboard Games: Fill in the Blank [VDR] 1:30 Cinema Screening: Harry Potter and the Sorcerers Stone [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [VDR] 6:00 Thymeless Cooking [BDR]
9:30 Thymeless Moments: Courtyard Strolls [C] 6 10:15 Daily Chronicle: On This Day [VDR] 10:30 Chair Yoga [VDR] 11:00 IN2L: Family Feud [VDR] 1:30 Cinema Screening: Harry Potter and the Chamber of Secrets [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [VDR] 4:00 Sing-Along Sundays [VDR] 6:00 Thymeless Cooking [BDR]		10:15 Daily Chronicle: On This Day [VDR] 7 10:30 Exercise Ball Routine [VDR] 11:00 IN2L: Trivia Collection [VDR] 1:30 Bookmarks [AR] 2:00 Creative Creations [AR] 3:00 BINGO [VDR] 4:00 Singing Seniors [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Green Thumbs [C] 8 10:15 Daily Chronicle: On This Day [VDR] 10:30 Parachute Fun [VDR] 11:00 Crosswords [VDR] 1:30 Group Outing: Spirit Halloween [BUS] 3:25 SongFit Sing-Along [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Bible Study w/ Rise Church [VDR] 9 11:00 Daily Dose of Internet [VDR] 1:30 Baking with Chris [BDR] 1:30 Trivia & Chit-Chat [BDR] 3:00 BINGO [VDR] 4:00 Sing-along w Mary Sue [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	10:00 Rosary Prayer Circle [VDR] 10 10:15 Daily Chronicle: On This Day [VDR] 11:00 Moments to Celebrate [VDR] 1:00 Tai-Chi w/ Chris [VDR] 1:30 Thymeless Moments: Sunshine Gardeners [BV] 2:00 Card Games [AR] 3:00 Music with Danny Gali [VDR] 3:00 Reminiscing Group [VDR] 4:00 Trivia Time [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Scenic Drive: Mira Mesa Countryside [BUS] 11 1:30 Samba with Tamar [VDR] 2:30 IN2L: Icebreaker Discussions [VDR] 3:00 BINGO [VDR] 4:00 Sing-along w Susie Q [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Watering Plants [C] 12 10:15 Daily Chronicle: On This Day [VDR] 10:30 Seated Stretches [VDR] 11:00 Whiteboard Games: Make a List [VDR] 1:30 Cinema Screening: Nightmare before Christmas [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [VDR] 6:00 Thymeless Cooking [BDR]	
9:30 Thymeless Moments: Courtyard Strolls [C] 13 10:15 Daily Chronicle: On This Day [VDR] 10:30 Chair Yoga [VDR] 11:00 IN2L: Family Feud [VDR] 1:30 Cinema Screening: Casper [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [AR] 4:00 Sing-Along Sundays [VDR] 6:00 Thymeless Cooking [BDR]		10:15 Daily Chronicle: On This Day [VDR] 14 10:30 Exercise Ball Routine [VDR] 11:00 IN2L: Trivia Collection [VDR] 1:30 Bookmarks [AR] 2:00 Creative Creations [AR] 3:00 BINGO [VDR] 4:00 Singing Seniors [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Green Thumbs [C] 15 10:15 Daily Chronicle: On This Day [VDR] 10:30 Parachute Fun [VDR] 11:00 Word in a Word [VDR] 1:30 Group Outing: Pumpkin Patch Fun [BUS] 3:25 SongFit Sing-Along [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Bible Study w/ Rise Church [VDR] 16 11:00 Daily Dose of Internet [VDR] 1:30 Spiritual Poems [AR] 2:00 Sip and Paint [AR] 3:00 BINGO [VDR] 4:00 Sing-along w Mary Sue [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	Think Positive Day 17 10:00 Positive Affirmations [VDR] 10:30 Daily Chronicle: On This Day [VDR] 11:00 Moments to Celebrate [VDR] 1:00 Tai-Chi w/ Chris [VDR] 1:30 Thymeless Moments: Sunshine Gardeners [BV] 2:00 Card Games [AR] 3:00 Reminiscing Group [VDR] 4:00 Trivia Time [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Scenic Drive: Bressi Ranch Halloween Decor [BUS] 18 1:30 Bookmarks [AR] 2:00 Colorful Creations [AR] 3:00 BINGO [VDR] 4:00 Sing-along w Susie Q [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Watering Plants [C] 19 10:15 Daily Chronicle: On This Day [VDR] 10:30 Seated Stretches [VDR] 11:00 Whiteboard Games: Hangman [VDR] 1:30 Cinema Screening: Coraline [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [VDR] 6:00 Thymeless Cooking [BDR]	
9:30 Thymeless Moments: Courtyard Strolls [C] 20 10:00 Holy Communion with St. Timothy's Catholic Parish [AR] 11:00 Chair Yoga [AR] 11:00 IN2L: Family Feud [VDR] 1:30 Cinema Screening: Scooby-Doo [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [AR] 4:00 Sing-Along Sundays [VDR] 6:00 Thymeless Cooking [BDR]		10:15 Daily Chronicle: On This Day [VDR] 21 10:30 Exercise Ball Routine [VDR] 11:00 IN2L: Trivia Collection [VDR] 1:30 Bookmarks [AR] 2:00 Creative Creations [AR] 3:00 BINGO [VDR] 4:00 Singing Seniors [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Green Thumbs [C] 22 10:15 Daily Chronicle: On This Day [VDR] 10:30 Parachute Fun [VDR] 11:00 Crosswords [VDR] 1:30 Group Outing: Black Rock Coffee [BUS] 3:25 SongFit Sing-Along [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Bible Study w/ Rise Church [VDR] 23 11:00 Daily Dose of Internet [VDR] 1:30 Baking with Chris [BDR] 1:30 Trivia & Chit-Chat [BDR] 3:00 Music w/ Glenn Kramer [VDR] 4:00 Sing-along w Mary Sue [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	10:00 Rosary Prayer Circle [VDR] 24 10:15 Daily Chronicle: On This Day [VDR] 11:00 Moments to Celebrate [VDR] 1:00 Tai-Chi w/ Chris [VDR] 1:30 Thymeless Moments: Sunshine Gardeners [BV] 2:00 Card Games [AR] 3:00 Music w/Peter Selster [VDR] 4:00 Trivia Time [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Scenic Drive: Bear Valley Road [BUS] 25 1:30 Bookmarks [AR] 2:00 Colorful Creations [AR] 3:00 BINGO [VDR] 4:00 Sing-along w Susie Q [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Watering Plants [C] 26 10:15 Daily Chronicle: On This Day [VDR] 10:30 Seated Stretches [VDR] 11:00 Whiteboard Games: Chain Reaction [VDR] 1:30 Cinema Screening: Hocus Pocus [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [VDR] 6:00 Thymeless Cooking [BDR]	
9:30 Thymeless Moments: Courtyard Strolls [C] 27 10:15 Daily Chronicle: On This Day [VDR] 10:30 Chair Yoga [VDR] 11:00 IN2L: Family Feud [VDR] 1:30 Cinema Screening: Coco [AR] 1:30 Independent Time: Coloring, crosswords, sorting [BV] 3:15 BINGO [AR] 4:00 Sing-Along Sundays [VDR] 6:00 Thymeless Cooking [BDR]		10:15 Daily Chronicle: On This Day [VDR] 28 10:30 Exercise Ball Routine [VDR] 11:00 IN2L: Trivia Collection [VDR] 1:30 Bookmarks [AR] 2:00 Creative Creations [AR] 3:00 BINGO [VDR] 4:00 Singing Seniors [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	9:30 Thymeless Moments: Green Thumbs [C] 29 10:15 Daily Chronicle: On This Day [VDR] 10:30 Parachute Fun [VDR] 11:00 Word in a Word [VDR] 1:30 Group Outing: Walk Through Kit Carson [BUS] 3:25 SongFit Sing-Along [VDR] 6:00 Thymeless Cooking [BDR]	10:00 Bible Study w/ Rise Church [VDR] 30 11:00 Daily Dose of Internet [VDR] 1:30 Spiritual Poems [AR] 2:00 Sip and Paint [AR] 3:00 BINGO [VDR] 4:00 Sing-along w Mary Sue [VDR] 6:00 Evening Movie: Residents Choice [BV] 6:00 Thymeless Cooking [BDR]	10:00 Rosary Prayer Circle [VDR] 31 10:15 Daily Chronicle: On This Day [VDR] 11:00 Moments to Celebrate [VDR] 1:00 Tai-Chi w/ Chris [BDR] 1:30 Thymeless Moments: Sunshine Gardeners [BV] 2:00 Halloween Games and Fun! [AR] 3:00 Halloween Celebration w/ Mary Lou [VDR] 4:00 Trivia Time [VDR] 6:00 Thymeless Cooking [BDR]	“You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down.” — Mary Pickford		