| March 2024 Assisted Living   |   |  |   | *   | NA.   | created Sagely   |
|--|---|--|---|---|---|--|
| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
| Easter 10:00 SS St. Thomas Church (Mass) [S] 10:45 PB Morning Walking Club [L] 11:30 LE Easter Egg Scavenger Hunt! [W] 1:00 PB Lets go Shopping @ Safeway [S] 2:30 PB Cornhole [W] 3:30 LB Bingo [B] 5:00 AE Adult Color & Sip [B] |   | 112 Andover Park East<br>Tukwila, WA 98188<br>206-962-5448   | AE Artistic Expression CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support   | Club RoomCRLobbyLRestaurantRShuttleSTheaterTWellness CenterW  | Walking Club [L]  11:15 GE Finish that Phrase! [B]  1:00 AE Flower Arrangement [B]  2:30 PE Fitness Drumming (sign up at front desk) [W]  3:45 AE Karaoke time! [B]  4:30 GE Puzzle Perfect [L]                             | Morning Walking Club [L]  11:15 LL Movie & Popcorn " May December" [T]  2:30 PB Balloon Volleyball Challenge [W]  3:30 PQuiz Blitz! Guess The Logo! [B]  4:30 PE Tech Support            |
| 10:00 SS St. Thomas Church (Mass) [S]  10:45 PE Morning Walking Club [L]  11:30 PE Cycling [W]  1:00 PE Lets go Shopping @ Safeway [S]  2:30 PE Cornhole [W]  3:30 III Bingo [B]  5:00 AE Adult Color & Sip [B]                    | Resident Transportation Services 1pm-3:30pm  10:30  Gourmet Espresso Bar [B]  12:00  Atle Mobile Dentist Lunch & Learn [R]  1:00  Afternoon Walking Club [L] 2:30  TheraBand with Katie [W] 3:00  EWatercolor for Beginners! [CR]  4:00  Puzzle Perfect [B] | Appointments 10-3:30 St. Patrick/Easter Bazaar! (11am-3pm) 11:30 PE Aerobic Dance Exercise (sign up at front desk) [W] 1:30 PE King's Corner [B] 2:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 LL Ice-Cream Social! [B] 4:00 PE Trivia Time! [B]   | Beach " [S] 1:30 GE Parcheesi Board Game! [B]   | Appointments 10-3:30  10:30 Short Stories Club [B]  12:00 Smoothie Bar [B]  1:15 AE Origami! [B]  2:30 Balloon Volleyball Challenge [W]  3:30 Happy Hour! [B]  4:00 Bingo [B]                   | Walking Club [L] O  | 10:45 Morning Walking Club [L]  11:15 Movie & Popcorn  "Ma Rainey's Black Bottom" [T]  2:30 Balloon Volleyball Challenge [W]  3:30 Quiz Blitz! Guess The Logo! [B]  4:30 Tech Support    |
|  |   | Appointments 10-3:30 10:45 PE Morning Walking Club [L] 11:30 PE Aerobic Dance Exercise (sign up at front desk) [W] 1:30 PE King's Corner [B] 2:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W] 4:00 PE Trivia Time! [B]  | 10:30 Scenic Drive " Angle Lake " [S]  11:00 St. Patrick's Day Buffet Party 11am-2:00pm [R]  1:30 Parcheesi Board Game! [B] 2:00 Weight Lifting with Katie! [W] 3:00 Weight Lifting with Katie! [W] 3:00 Food Committee Meeting with Foon [W]  4:30 SS Live Concert! By Biff Moss [R] | 10:30 E Short Stories Club [B] 12:00 Smoothie Bar [B] 1:15 AE Origami! [B] 2:30 E Balloon Volleyball Challenge [W]  | 9 [-]   | Morning Walking Club [L]  11:15 LL Movie & Popcorn " The Power of the Dog" [T]  2:30 E Balloon Volleyball Challenge [W]  3:30 E Quiz Blitz! Guess The Logo! [B]  4:30 E Tech Support     |
| St. Patrick's Day 10:00 SS St. Thomas Church (Mass) [S] 10:45 PB Morning Walking Club [L] 11:30 PB Cycling [W] 1:00 PB Lets go Shopping @ Fred Meyer [S] 2:30 PB Cornhole [W] 3:30 LB Bingo [B] 5:00 AB Adult Color & Sip [B]      | Resident Transportation Services 1pm-3:30pm  10:30  Gourmet Espresso Bar [B]  1:00  Afternoon Walking Club [L]  2:30  TheraBand with Katie [W]  3:00  Watercolor for Beginners! [CR]  4:00  Puzzle Perfect [B]  | Appointments 10-3:30 10:45 PE Morning Walking Club [L] 11:30 PE Aerobic Dance Exercise (sign up at front desk) [W] 1:30 PE King's Corner [B] 2:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W] | Ballinger Park " ∠U [S]   | Appointments 10-3:30 9:00 Men's Breakfast [CR] 10:30 Short Stories Club [B] 12:00 Smoothie Bar [B] 1:15 Corigami! [B] 2:30 Balloon Volleyball Challenge [W] 3:30 Happy Hour! [B] 4:00 Bingo [B] | 9:00 Men's Breakfast [CR]  10:45 Morning Walking Club [L]  11:15 Finish that Phrase! [B]  1:00 Flower Arrangement [B]  2:30 Fitness Drumming (sign up at front desk) [W]  3:45 F Karaoke time! [B]  4:30 Puzzle Perfect [L] | Morning Walking Club [L]  11:15 LL Movie & Popcorn " The Laundromat" [T]  2:30 E Balloon Volleyball Challenge [W]  3:30 Quiz Blitz! Guess The Logo! [B]  4:30 E Tech Support             |
|  | Services 1pm-3:30pm  10:30  | Appointments 10-3:30 10:45 PE Morning Walking Club [L] 11:30 PE Aerobic Dance Exercise (sign up at front desk) [W] 1:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W] 3:30 PE Fitness Drumming (sign up at front desk) [W]                           | 9:45 Scenic Drive " Emerald Queen Casino " (All Day Trip) [S]  1:30 E Parcheesi Board Game! [B] 2:00 E Weight Lifting with Katie! [W] 2:30 S Root Beer Float Spa Party! [T] 4:30 S Live Concert! By Elnah Jordan & Eric Verlinde [R]  | Appointments 10-3:30 10:30 © Short Stories Club [B] 12:00 Smoothie Bar [B] 1:15 A Origami! [B] 2:30 D Balloon Volleyball Challenge [W] 3:30 Happy Hour! [B] 4:00 Bingo [B]                      | 11:15 CE Finish that Phrase! [B] 1:00 AE Flower Arrangement [B]   | 10:45 Morning Walking Club [L]  11:15 LL Movie & Popcorn " Hillbilly Elegy" [T]  2:30 PB Balloon Volleyball Challenge [W]  3:30 PQ Quiz Blitz! Guess The Logo! [B]  4:30 PD Tech Support |